

“Let’s Talk About HPV”

Presentation for UCA student body and faculty

Approximately 25 attendees

Advertisement: Flyers, email, and word of mouth

Let's Talk About HPV

Presented by :

The Arkansas Immunization Action Coalition and
Arkansas Department of Health



Introductions



Hannah Branton

- Wellness Ambassador
- Senior at UCA
- Major: Health Education

Overview

- ▣ What is HPV?
- ▣ How is HPV spread?
- ▣ HPV and how to stay healthy.
- ▣ Let's talk about the HPV Vaccine.
- ▣ Let's Talk: Questions and Concerns

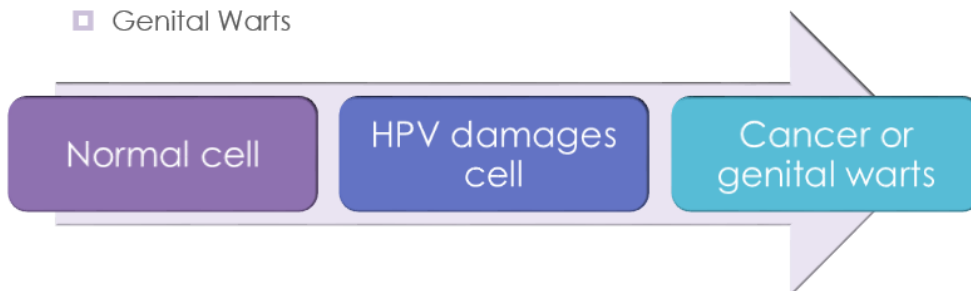
What is HPV?

- HPV is a very common virus
- There are over 150 types of HPV
- Both men and women can be infected

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What is HPV? (Booklet pg. 1)

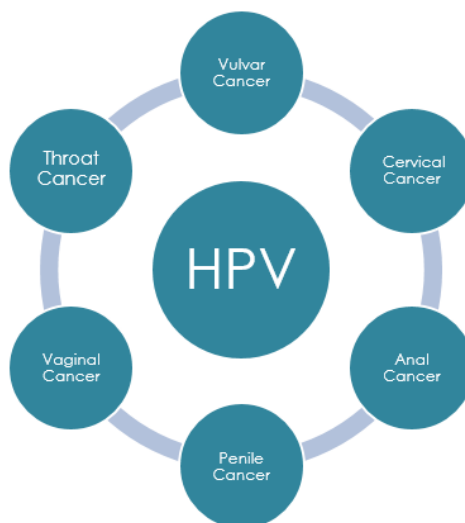
- In most cases your body will kill the virus
- If HPV stays in your body it can cause major health issues
- HPV can cause other health problems, including:
 - Cancer
 - Genital Warts



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HPV and Cancer (Booklet pg. 1)

- There is **no** way to know who will get an HPV related cancer
- Throat cancer is most common in men
- Cervical cancer is most common in women



HPV and Genital Warts (Booklet pg.2)

▣ **Both men and women can get genital warts**

▣ **What are genital warts?**

▣ Small bumps in the genital area

▣ Appearance:

▣ Small or large

▣ Tall or flat

▣ Shaped like cauliflower

▣ **If you think you have them, tell your doctor!**

How is HPV spread? (Booklet pg. 3)

- ▣ Intimate skin-to-skin contact
- ▣ Intercourse is the main way HPV is spread
- ▣ Where do I not get the virus from?

How is HPV spread? (Booklet pg. 3)

People can spread HPV even if they do not have symptoms



Most people with HPV never develop symptoms



People who get infected often find out too late that they have HPV

How is HPV spread? (Booklet pg. 3)

What does too late mean?

**When you get
diagnosed with
cancer.**

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What can I do to protect myself?
(Booklet pg. 4)

Practice safe sex:

- ▣ Use condoms:
 - ▣ They do not completely protect you
 - ▣ They do minimize your risk for getting HPV

Ask your doctor about regular screenings:

- ▣ It is easier for women to get screened than men

Get vaccinated!

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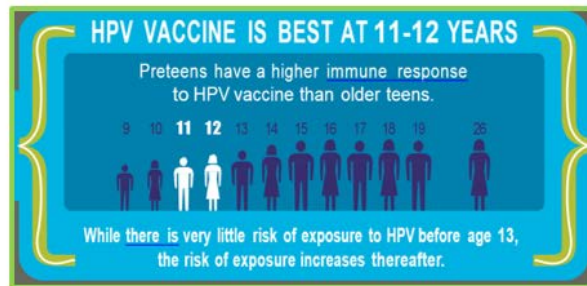
What can I do to protect my children?
(Booklet pg. 5)

HPV VACCINE
IS CANCER PREVENTION

Let's talk about the HPV Vaccine! (Booklet pg. 5)

Who should get the HPV vaccine?

- ▣ Boys and girls who are 11 or 12 years of age or older.
- ▣ Men and women through age 26.



Let's talk about the HPV Vaccine! (Booklet pg. 6)

How many doses of the vaccine will I need?

- If you get your first dose **before** your **15th birthday**, you will need 2 doses.
 - Second dose: 6 to 12 months after your first dose
- If you get your first dose **after** your **15th birthday**, you will need 3 doses.
 - Second dose: 1 to 2 months after your first dose
 - Third dose: 6 months after your first dose

Let's talk about the HPV Vaccine! (Booklet pg. 7)

Who should not get the HPV vaccine?

- ▣ Anyone who has had a severe allergic reaction to a previous dose of the vaccine.
- ▣ Anyone who has a life-threatening allergy to the vaccine to any ingredient in the vaccine.

Let's talk about the HPV Vaccine! (Booklet pg. 10)

Does the vaccine have side effects?

- The HPV vaccine might have some side effects. Side effects that do occur are a result of your immune system working!



Let's talk about the HPV Vaccine! (Booklet pg. 11)



The Vaccine is:

- ▣ Very safe and effective
- ▣ **Best way to prevent cancer!**

Every year in the U.S., 27,000 people get cancer caused by HPV.



That's 1 person every 20 minutes of every day, all year long.

Why is this important in Arkansas?

□ Arkansas ranks:

- 49th for females 13-17 who have received the HPV vaccine series **correctly**
- 47th for males 13-17 who have received the HPV vaccine series **correctly**



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Let's Talk

- What does your doctor say about the HPV vaccine?
- What do your family and friends say about the HPV vaccine?
- What do you say about the HPV vaccine?



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Thank you!

- ▣ Thanks to the Centers for Disease Control and Prevention for some text and pictures used in the presentation.
- ▣ Thanks to Arkansas Immunization Action Coalition's HPV Vaccine Workgroup for helping to adapt the materials and plan the workshops.



