MONTHLY MEAL PLAN-MAY

- Marry Me Shrimp Pasta
- Grilled Chicken Burgers and Fries
- Honey Mustard Chicken Salad and Honey Croissants
- Steak and Chicken Fajita with Cilantro RIce
- Breakfast for Dinner
- BBQ Chicken Sweet Potato Bowl
- Orange Chicken Sheet Pan with Broccoli
- <u>Country Style Beef Ribs with Mash and Fried Cabbage</u>
- Chicken Fajitas Queso Bowl
- <u>Grilled Cheese Sloppy Joes</u>
- Fried Turkey Cutlets with Mac & Cheese and Broccoli
- One Pan Teriyaki Beef & Broccoli Bowl with yum yum sauce
- Ground Beef Mongolian Noodles
- Summer Beef Casserole
- Honey Mustard Pork Chops with Roasted Potatoes and Green Beans
- Chicken Apple & Sausage Sheet Pan with Rice
- Sausage and Veggie Skillet with Corn and Zucchini
- <u>Salmon Burgers with Baked Potatoes</u>
- Crockpot Smothered Chicken with Kale
- Beef/GroundTurkey Tacos with rice and beans
- Chicken and Broccoli Pasta
- Grinder Sandwiches with chips
- Pesto Chicken, Tortellini, and Veggies
- <u>Baked Tilapia with Creamy Lemon Sauce with Rice and</u> <u>Asparagus</u>