

MONTHLY MEAL PLAN-SEPTEMBER



- Hot Honey Chicken with Baked Potato , Salad, and Corn
- Turkey Club Sliders with Chips
- Baked Meatball Parmesan with roasted veggies and Garlic butter pasta
- Monterey Chicken with Jasmin Rice and Broccoli
- Chicken Noodle Soup with Grilled Cheese
- Crockpot Chicken Nachos/ Tacos
- Baked Chili Cheese Dogs with Fries
- Creamy Beef and Shells with Salad
- Beef Tostadas
- Sausage and Sweet Potato with Honey Garlic Sauce
- Baked Ziti
- Salmon Honey Garlic Rice Bowls
- Chicken Tortilla Soup
- Blackened Fish Sandwich with Fries
- Chicken, Shrimp, and Broccoli Foil Packets
- Chicken Thighs in Creamy Mushroom Sauce and Bacon
- Chicken Wonton Bowl
- Vegetable Beef Soup
- Roasted Vegetable Pizza
- Chicken and Wild Rice Casserole
- Cheesy Chicken Crescents Rolls
- Fried Turkey Cutlets with Green Beans and Macaroni & Cheese
- Breakfast for Dinner
- Salisbury Steak with Dirty Rice and Green Beans



FROM _9/1_ TO _9/30

