

MONTHLY MEAL PLAN-NOVEMBER

- Chicken Scampi and Parmesan Rice
- Chili and Grilled Cheese
- Loaded Baked Potatoes and Salad
- Marry Me Penne Pasta
- Meatloaf, Potato Salad, and Greens
- Sloppy Joes with French Fries
- Korean Beef Tacos
- Salmon Rice Bowls
- Fried Turkey Cutlets with Macaroni and Broccoli
- Smash Burgers with Corn on the Cob and Pasta Salad
- BLT with Fried Green Tomatoes
- Creamy Chicken Stuffed Pasta Shell
- Spaghetti and Meatballs with Salad and Garlic Bread
- Queso Steak Shrimp and Rice
- Parmesan Crusted Flounder with Fried Potatoes and Green Beans (Fish is bag from Aldi)
- BBQ Country Style Beef Ribs with Fried Cabbage and Yams
- Steak with Brussel Sprouts and Mashed Potatoes
- Shrimp Tacos with Cilantro Rice
- Fried Catfish and Shrimp with slaw and hushpuppies
- Chicken Enchilada Soup
- Club Sandwiches with Baked Potatoes
- Butter Chicken & Rice with Naan Bread (Costco Meal)
- Big Mac Sloppy Joes
- Breakfast for Dinner

FROM 11/1 TO 11/30