



**COVID-19
RESPONSE
APPROVED**

APPROVED COVID SAFETY PLAN IN PLACE TO PROTECT YOU AND US

The safety of staff and users is the primary objective of gym operators across the UK. This will be carried out through a combined and consistent range of measures in line with Government regulations and our own strategy to protect our staff and users.

We are committed to making this facility a safe place to work and workout. We require your commitment to each other as staff and facility users – we are all in this together.

THE SIX KEY MEASURES WE HAVE COMMITTED TO AT MINIMUM ARE:

1 Avert the number of infected people visiting the facility – both staff and users	2 Prevent people ‘carrying’ the infection into or around the facility e.g. on hands
3 Limit the number of people within the facility – reducing the risk of transmission	4 Social distancing – to reduce the risk of viral transmission through the air
5 Reduce the risk of viral transmission from surfaces and equipment	6 Reduce the risk of transmission to vulnerable or high-risk staff and users

Guidance on actions being undertaken at this facility to meet and achieve these six key measures.

At all times, we will follow the national and local authority instructions and regulations. We have a moral and legal obligation to consider and carry out a wider range of actions to reduce the risks of transmission in our facilities, to make them a safe place to work and a safe place to workout.



Avert the number of infected people visiting the facility – both staff and users

No admission of staff or users who show possible symptoms (temperature, persistent cough, difficulty breathing) or live with someone who has

Commitment from staff and users that they are fit and well to enter the facility

Those sent home will be encouraged to follow Government regulations



Prevent people ‘carrying’ the infection into or around the facility e.g. on hands

Require the use of hand washing and/or hand sanitisation at point of entry

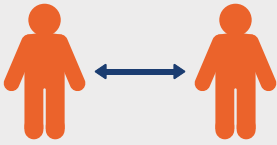
Provide hand washing and/or hand sanitisation throughout the facility

Display signage to encourage people (staff and users to wash/sanitise their hands regular whilst in the facility



Limit the number of people within the facility – reducing the risk of transmission

Limit total attendees and those within a given space - e.g. classes, studios and gym floor, to a minimum number



Social distancing – to reduce the risk of viral transmission

Ensure physical separation at the point of entry into the facility to maintain social distancing

Ensure physical separation of equipment and change layouts to keep people in adherence with social distancing regulations

Manage 'pinch-points' effectively e.g. internal doorways, stairs or corridors

Where required put areas out of use to enforce physical separation in accordance with social distancing e.g. changing rooms, toilets and showers where necessary



Reduce the risk of viral transmission from surfaces and equipment

Ensure rigorous cleaning and disinfection regimes throughout the facility

Ensure regular cleaning of high-contact touch points throughout the facility during opening

Provide access (for staff and users) to antibacterial wipes, sprays and sanitisers

Enforce equipment wipe-down pre and post workout (and during where required) this is in addition to the cleaning schedule



Reduce the risk of transmission to vulnerable or high-risk staff and users

Ensure we are working in accordance with the Governments regulations and advice for both staff and users who fall within the clinically vulnerable people group, identified at – <https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing/staying-alert-and-safe-social-distancing#clinically-vulnerable-people>

Operators to maintain a commitment to the Equality Act 2010 and legal obligations to ensure that the decisions made in response to Coronavirus (COVID-19) do not discriminate against customers or staff with protected characteristics

If at any time you feel we are not upholding our commitment to these minimum measures please contact/visit: <https://www.gov.uk/coronavirus>