**DRSABCD**

Emergency Action Plan

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| **D** | **DANGER**  Check the scene for DANGER to yourself,  bystanders, and the casualty. |
| **R** | **RESPONSE**  Check for a RESPONSE. |
| **S** | **SEND FOR HELP**  Call for help. Call Triple Zero (000) for an Ambulance.  Send for a DEFIB. |
| **A** | **AIRWAYS**  Check the airways for any foreign objects.  Tilt the head back and lift chin to open the airways. |
| **B** | **BREATHING**  Check for breathing.  Place ear near the casualty’s mouth and listen for breathing. Look for rise and fall of the chest. |
| **C** | **CPR**  Commence CPR 30 Compressions:2 Rescue Breaths  Push Hard and Fast 1/3 Depth of Chest |
| **D** | **DEFIB**  Turn the DEFIB on and follow the voice prompts. |

**Always Call Triple Zero (000) In An Emergency**