**DRSABCD**

Emergency Action Plan

|  |  |
| --- | --- |
| **D** | **DANGER**Check the scene for DANGER to yourself,bystanders, and the casualty. |
| **R** | **RESPONSE**Check for a RESPONSE.  |
| **S** | **SEND FOR HELP**Call for help. Call Triple Zero (000) for an Ambulance.Send for a DEFIB. |
| **A** | **AIRWAYS**Check the airways for any foreign objects.Tilt the head back and lift chin to open the airways.  |
| **B** | **BREATHING**Check for breathing. Place ear near the casualty’s mouth and listen for breathing. Look for rise and fall of the chest. |
| **C** | **CPR**Commence CPR 30 Compressions:2 Rescue Breaths Push Hard and Fast 1/3 Depth of Chest  |
| **D** | **DEFIB** Turn the DEFIB on and follow the voice prompts. |

**Always Call Triple Zero (000) In An Emergency**