



Outoftheblue COVID-19 Client Waiver

COVID-19 Health Implications

- I agree to adhere to UK government laws regarding COVID-19, including those relating to self isolation and social distancing.
- If I have had, or think I might have had COVID-19, I will not attend class until I am fully recovered and at least 10 days after the first symptom occurred and at least 7 days after all symptoms have gone.
- If I am in a high risk category for COVID-19 as defined by the UK government, I will obtain my doctor's approval before attending class.
- If I have had COVID-19 symptoms in the 48 hours before a class, I will not attend the class.
- If I display any symptoms of COVID-19 in the 10 days following a class, I will seek a COVID - 19 PCR test.

COVID-19 Practicalities

- I will clean my hands with soap and water or sanitiser on arrival at the class.
- I will not enter the hoop room until it is time to prepare for class.
- I will not touch anything not belonging to me in the hoop room other than the hoop and the crash mat that have been allocated to me.
- I will use hand sanitiser after blowing my nose or coughing or sneezing into my hands.
- Prior to the class, I will place my belongings on the bench in the hoop room in a neat pile away from other people's belongings.
- I understand that I may wear a face covering if I wish but that this is not required and others in the room may not be wearing a face covering.
- I will try to bring everything I need for the class with me (hand chalk, drinking water, towel, sticky socks, back warmer, ankle warmers, etc.) If I need to borrow something from *Outoftheblue* I accept the COVID-19 risk that this sharing may incur.
- **During periods when physical/social distancing is *not* legally required, I understand that the instructor and other class mates may approach at a close distance or touch me in order to keep me safe on the hoop and I accept the COVID-19 risk that this may incur.**
- I understand that an *Outoftheblue* QR code will be displayed in the hoop room, which I may use if I wish to.



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Name: _____

Address: _____

Telephone number: _____

Email address: _____

Declaration:

I have read and understood the declarations outlined in the *Outoftheblue COVID-19 Client Waiver*.

I understand that failure to adhere to the practical guidance could result in clients (including myself) becoming infected with the SARS-CoV-2 virus, possibly resulting in serious illness or death.

I am aware that *Outoftheblue* has taken all reasonable precautions to prevent infection from COVID-19, but there is still a risk of transmission and of catching COVID-19 while at *Outoftheblue* classes.

I understand that all my current and future personal details will be stored and used in line with the *General Data Protection Regulations* and *Data Protection Act 2018*, and will not be shared with any other parties, and that my name and contact details will not be used for *Outoftheblue* marketing or promotions without obtaining my prior permission.

I therefore declare that I will participate in *Outoftheblue* classes at my own risk and *Outoftheblue* and its instructors would not be liable, should I contract COVID-19 at an *Outoftheblue* class or event.

Signature: _____ Date: _____

This waiver was prepared using guidance from British Pole & Aerial Sports (the UK National Governing Body for Aerial Sport) and also includes constraints imposed by Lower Holker Village Hall.