Boutique

** Magazine

Special Feature

Fresh & Natural

Café

18 Old Street, 2nd Floor Roseau

Healthy Smoothies

Breakfast Delights

Flavorful Lunches

Nutritious Beverages

Natural Ice Cream

Sweet Treats

Flip page for our appetizing Menu

Bottom

Right



Tel: 1(767) 316-9033

18 Old St, 2nd Floor, Roseau

There's something for Everyone

Restaurant & Boutique

Flip page Tap Here



Tropical Smoothies

Natural Blend Papaya Sunshine

Papaya Blast

Mango Refresh

Pina Colada

Guava Tango

Pumpkin Spice

Juicy Fruit Punch

Natural Paradise

Early Riser

Fresh Banana Nut

Natural Cocoa Banana

Sweet Potato Pudding

Green Goodness

Carrot Refresher



Health & Wellness Smoothies



Detox

Turmeric Sunshine

Ginger Tonic

Heart Beetz

Enzyme Energize

Pineapple Elixir

Anti-Inflammatory

Pre-Workout

Workout Recovery

Kale & Ginger

Healthy Breakfast

Veggie Delight

Some recipes may contain: Coconut milk, Nuts, Yogurt, Flax seeds & protein Powder.

Mouth-Watering Smoothie Bowls

Topped with Granola Coconut Flakes
& Seasonal Fruits \$13.00
Any time of the day!



Full breakfast- Waffles or Pancakes, French Toast, Eggs, Bacon (Regular or fruit syrup)

French Toast- Fresh fruit & Syrup \$10.00

Omlette – Veggie, Ham or Bacon \$20.00

Grispy Quesadilla – Veggie or Chicken

Shredded Cheese & side salad \$20.00

Wrap- Veggie Salad, Chicken or Smoked fish \$15.00



\$20.00

Lunch Platter- Grilled chicken or fish, salad Veggie Wrap with apple slices & Corn \$20.00

Sandwich-Fresh & Natural Sandwiches Ask for today's special \$15.00

Salads - Crisp summer salad \$18.00

Fresh salad platter- Grilled fish or Chicken salad topped with Cheese or hard boiled eggs

Hot & Cruncy Garlie Bread \$8.00

Drinks & Sweet Treats

Fresh Seasonal Juices \$6.00

Special Coffees

Local Dark Coffee \$5.00 Iced Coffee \$7.00

Local flavoured Teas

Cinnamon, Peppermint, Ginger, Bay Leaf, Soursop, Lemon Grass \$5.00

Baked Delights

Tarts – Pineapple, Guava or Coconut \$5.00 Hot Muffins, Local Fruit cake

Homemade Ice cream \$10.00

Zesty Passion – Exotic Mango – Creamy Coconu

Fresh & Natural Café -18 Old Street Roseau - Tel: 316-9033



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Fresh & Natural Café
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