

# Flag Hoist

*The Navy League Ontario Division Newsletter*



2017 is the Centennial year of the formation of The Navy League (Ontario Division). The celebration began with the Centennial Room at AGM in March. The Committee headed up by Ann Keeley-Meloche have been working to



collect historical photos, articles and memorabilia to commemorate this event. Look for more centennial activities as the year progresses!



Jeffries Squadron remembering Canada's birthday during a fun-filled May long weekend. The camp is structured to foster relationships between the cadets in the 4 branches. They participated in activities such as archery, semaphore, movie night, drill, arts & crafts knot-work & a monk's meal.

RCSCC Trillium cadets had the opportunity to put their skills and seamanship to the test using the NASB (Navigation & Bridge Simulator) in March before it was displayed at Ontario Division's AGM.

This is a mobile unit that is both fun and educational to use and as Lt (N) Jim White commented, "is an extremely useful tool that we can use to further the seamanship portion of the program". The simulator has been set up at summer camps.

Any Sea Cadet CO wanting more information can enquire through their usual chain of command.



In 2016 the cadet program provided a once in a lifetime experience for 8 cadets from across Canada. They travelled across the world to Mumbai, India to the International Sea Cadet Regatta. This is an exchange program as part of the International Sea Cadet Association where 20 nations are represented.

Below is a first hand account from CP01 Napas Thein of his experiences in India. He is a cadet at 176 Scarborough Sea Cadets. After a harsh 14 hours of airplane meals and not-so-cozy airline seating, I arrived in the tropical and humid streets of Mumbai. I, and seven other Canadian Sea Cadets from Ontario, Quebec, British Columbia, and Newfoundland. One of the first things I noticed upon leaving the airport were the numerous rickshaws flying in and out of the streets. The sight of these 3 wheeled vehicles dominating the streets was uncanny and foreign to me.

We woke up in the mornings to very orange sunrises silhouetted by little fishing ships and large armouries located on the horizon of the Arabian Sea, which in itself was connected to the Indian Ocean. After breakfast and group exercises lead by a different country each day, we would head onto rowing activities in the Arabian Sea. The water

was much saltier and browner than the water I'm used to at Lake Ontario, and was definitely a sight to see. On the water, we bonded with cadets from the other countries, singing songs that were originated in their country in sync with the rowing of boats. One of the songs us Canadian cadets sung was a camp song called "The Great Big Moose", and everyone loved it.

There is so much I could write but in closing, the deployment to Mumbai was one of great cultural awareness and excitement and one I'll likely never forget.

