

WELCOME BACK TO THE FLAG HOIST

At the request of few directors of the Navy League of Canada (Ontario Division) the Flag Hoist, the divisional newsletter, is being resurrected. It will be published quarterly in the fall, winter, spring and summer of the year

Send us information about your cadets, your upcoming events, your branch, your officers, as we would love to have information to share with all of Ontario Division in the next issues of the Flag Hoist.

REMEMBER THE CADET

- A cadet is the most important person.**
- A cadet is not dependent on us – we are dependent on them.**
- A cadet is not an interruption in our work – they are the purpose for it.**
- A cadet is part of our business – not an outsider.**
- They are human beings with feelings and deserved to be treated with respect.**
- A cadet deserves the most courteous attention we can give them.**
- They are the life blood of this organization.**
- We would have to close our doors without them!**

Author Unknown

LOTTERY

The Ontario Division Lottery is coming as approved at the last AGM. This is to supplement Branch fund raisers. We will be asking each cadet to sell at least one book of 10 tickets. You will have approximately 6 months to sell your tickets. Branches will be provided books of tickets based on the number of cadets. A total of 30,000 tickets will be printed and the tickets sold at \$2.00 each. The final profit of the lottery will be split between the Branches receiving 70% of the profit and Ontario Division receiving 30% of the profit.

The application for the lottery is being submitted and we are waiting for the lottery licence. The total value of the prizes for the lottery will be \$10,000.00. First prize is a trip for 4 to Disney World (value up to \$5000.00). Second and third prize will be a three night stay for four at an Ontario Resort (value up to \$1,200.00 each) and the balance of the prizes are cash prizes - three prizes of \$500.00 and eleven prize of \$100.00.

A Year in the Life of An Ontario Division Board Member

First of all, you must have a burning desire to help the youth on Ontario. Be willing to give of yourself, your time and your treasure. If you can do all of the above, then you are a person who will be able to help guide Ontario Division, You will be part of a team that will make decisions to support all the Branches, all the Navy League Cadet Corps and all the Sea Cadet Corps in Ontario Division, If you are elected to the Division Board then your commitment will include the following:

- 5 meetings a year plus on a Saturday plus the annual AGM
- Committee work either as a chair or as a members
- Attend 3-5 Annual reviews as the Ontario Division Rep. (we do not want the President having all the fun)
- Make a difference in how Ontario Division works
- Meet new people
- Make new friends
- Shape the future for approximately 2800 cadets and hundreds of supportive adults
- Set policy for the Ontario Division
- Review and approve the budget and all significant dollar activities

If you are interested or could recommend someone who would want to help shape what we at Ontario Division do, contact Ontario Division office for an application form to work hard, make key decisions and help our cadets. Call 41635-2791 or e-mail navyleag@bellnet.ca

YOUR DIVISION EXECUTIVE

President: Gordon King
 Ist Vice President: Miriam Wylie
 V.P. Finance: Barbe Peace
 V.P. Sea Cadets: Graham Reed
 V.P. Navy League Cadets: Paul Laroque
 V.P. Maritime Affairs: Bill Wilson
 Past President: Jim Qualtrough

YOUR DIVISION BOARD

Lisa Allen – Belleville
 Donovan Arnaud - Kemptville
 Barry Bevvann – Belleville
 Gloria Campbell – Brighton
 Peter Christie – Georgetown
 Ron Cooke – Bowmanville
 Shawn Dittmer – Waterloo
 Jim Galway – Bellville
 Paul Horchover – Timmins
 Gordon King – Midland
 Paul Laroque – Lindsay
 Carmolita MacDonald – Welland
 Larry McGuin – Mississauga
 Robert Moseley – Guelph
 Wendy Moseley – Guelph
 Barbe Peace – Toronto
 Jim Qualtrough – Brighton
 Graham Reed – Creemore
 Henry Wall – Sudbury
 Joel Welch – New Market
 Bill Wilson – Ottawa
 Miriam Wylie - Brampton

Certificate of Insurance

The General Certificate of Insurance for Tag days or other events can be found on National's website. Click members then go to Risk Management and you will find the necessary form. If it is third party insurance that is needed, you need to contact National directly, with the Name and address of the third party. It will take a few days to receive this form so don't leave it to the last minute.

FIVE PRINCIPLES OF VOLUNTEER RETENTION

How do you ensure that the volunteers you have recruited, screened and trained, stay involved to provide a return on your investment of time and effort? The following are five tips.

Selective Recruitment

Selective recruitment is the key in keeping volunteers. Volunteers must be matched with appropriate assignments and people who are likely to be uncommitted must be screened out.

Careful monitoring of volunteers

Research suggests that volunteers first few months of service are the most critical because it is during this time when they are most likely to drop out. This may be caused by a gap between idealistic expectations of new volunteers and the actual experience of volunteering. To avoid this, we need to be sufficiently involved with new volunteers to monitor and address problems as they arise and give help and advice whenever needed.

Offer intrinsic awards

To maintain the commitment of volunteers, it is important to offer intrinsic rewards – that is jobs that are challenging, interesting and important. Volunteers differ from one another in terms of what they find interesting. Even so, being given “busy work” is unlikely to prompt high volunteer commitment. A major challenge in working with volunteers is making use of their skills while providing them with opportunities to assume different responsibilities.

Provide successful experiences

A critical factor in sustaining volunteer commitment is to provide for successful experiences. Volunteers who believe that they are capable of helping and that their

investment is worth their efforts, are much more likely to continue their work than those who feel frustrated, rejected and incompetent.

Foster relationships

Relationships are an important factor in volunteer commitment. To an important degree, volunteers sustain their commitment to particular volunteer organizations because of personal relationships with their fellow volunteers. It is personal ties and obligations that keep people coming back, not simply interest in volunteering in general

AWARDS 2013

Top Ontario Sea Cadet

CPO1 C. Allen - RCSCC Quinte

Top Ontario Navy League Cadet

CPO1 L. Rees - NLCC Adanac.

S.C. Medal of Excellence

CPO 1 P. Patterson – RCSCC Chaudiere

PO1 B. Dall – RCSCC Quinte

CPO1 J. Pearce – RCSCC Trillium

PO1 K. Barker – RCSCC Skeena

CPO2 M. Ruku – RCSCC Illustrious

PO1 J. Allin – RCSCC Haida

CPO1 E. Herbert – RCSCC Illustrious

PO1 R. Vegas – RCSCC Haida

CPO2 A. Graham – RCSCC Repulse

CPO2 J. Munarriz – RCSCC Harwood

PO1 B. Blair - RCSCC Trent

N.L. Cadet Medal of Excellence

PO1 T. Trottier – NLCC Chambley

PO1 E. Norman – NLCC Revenge

CPO1 M. Stamp – NLCC Admiral
Landymore

PO2 L. Nguyen – NLCC Revenge

CPO2 C. Barnard – NLCC Admiral
Landymore

CPO2 C. Putney – NLCC Black Creek

Ontario Music Award

PO1 M. Roach – RCSCC Quinte

Life Member

Kathy Whitmore – North Bay

Distinguished Service Award

Roy Wakefield – Guelph
 Ann Keeley-Meloche – Brantford
 LT(NL) G. Walsh – Ajax/Pickering
 LT(N) R. Wisniewski – Belleville
 Capt. R. Lawrence – Kawartha Lakes
 LT(N) A. Lawrence – Kawartha Lakes

Ont. Division President's Award

Miriam Wylie – Brampton
 Barbe Peace - Toronto

Meritorious Service Award

Marilyn Howell – Barrie
 Greg Howell – Barrie
 Barrie Bevvon – Belleville
 MID (NL) J. Blight – Ajax/Pickering
 LT (N) A. Cherry – Ajax/Pickering

Honour Certificate

William Morrissey – Belleville
 Georgina La Fontaine – Guelph
 Lt (N) James Dodsworth – Guelph

Testimonial

SLT (N) M. Doxtator – Windsor
 SLT (N) A. Byrne – Windsor
 Shawn Johnson – Brantford
 Mandy Johnson – Brantford
 Sue Diamond – Brantford
 Darlene McLuckie – Toronto Vanguard
 Melanie Chupa – Kawartha Lakes
 Janet Eagle – Whitby
 ASLT. C. Tufts – NLCC Black Creek
 Mid. E. Babcock - NLCC Black Creek
 Mid. S. Gault – NLCC Black Creek
 ASLT W. Wright – RCSCC Haida
 LT(N) R. McNally – RCSCC Haida
 ASLT C. Rick – RCSCC Brilliant

Award for Service

Paul Laroque – Kawartha Lakes

LCDR S. Weatherhead – RCSCC Haida

PROVINCIAL COMPETITIONS

Ont. Division Drill with Arms

RCSCC Haida

Ont. Division Drill Without Arms

RCSCC Admiral Mount Batten

Ont. Division Class A Band

RCSCC Haida

Ont. Division Marksmanship

Instructor

George Hanson

National Sailing Regatta 2013

Ontario Corps that place in the top ten -
 In 6th place - skipper Paul Karigan, Crew
 Melissa Martin both from RCSCC
 Courageous – London Branch
 In 7th place – skipper Phillip Manseau
 from RCSCC – Tiger – Timmins Branch
 and crew Riley Nadeau from RCSCC
 Little Current – Manitoulin Branch
 In 10th place – skipper Hunter Bouchard
 from RCSCC – Endurance – Terrace
 Bay Branch, Crew Kristy
 Vannieuwenhuizen – RCSCC Vindictive
 – Thunder Bay Branch

Congratulations to all who participated

THE WAY AHEAD

by Graham Reed

The Cadet Programme Update has now been completed and the new Local Headquarters Training Programme has been fully introduced. The next step will be for our partners in DND to engage in an ongoing programme of continuous improvement, to make adjustments to the training content as they receive feedback and identify area for change.

This process has already started but it may be a while before we see some tangible changes.

One of the greatest challenges facing Corps Cos and training staffs is to develop innovative ways to deliver the programme so as to capture and retain the interest of the cadets and thereby reduce attrition. Branches can have an important role to play in helping to retain cadets by supporting innovative ideas from the Corps staff and by promoting social activities that help build morale and Corps cohesiveness.

We all know that cadets love competitions and the Sea Cadet Committee continues to work on the introduction of 5-a-side soccer and boat handling competitions. Both of these activities have been trialed in HMCS Ontario. These trials have been invaluable, especially the boat handling competition where it has been determined that adjustments are necessary to make this a viable activity at the local Corps level. Once the rules for both competitions have been finalised they will be published and incorporated into NLP 101.

One thing is abundantly clear and that is that the paradigm on the philosophy of Sea Cadet training has changed, greater emphasis is now placed on active participation by cadets and less on the formal measurement of achievement. We have now reached the stage where there are few, if any, cadets who were trained under the old programme and it is important that we all, in the Navy League, accept and embrace these changes and move forward giving positive support to all activities that will help with the retention of cadets, as with greater retention comes growth.

NEWS FROM THE BRANCHES

NLCC ORILLIA:

My name is Ann Ward and I am the Branch President for NLCC Orillia. We have been busy over the summer and the following is a description of a couple of our activities.

Singing O Canada at the Orillia City Council Meeting:

This came about as a result of a spaghetti fundraising dinner that we organized in March 2013. We invited local dignitaries and we were lucky to have the Mayor of Orillia Angelo Orsi and MP for Simcoe North Bruce Stanton join us. Mayor Angelo Orsi approached our Commanding Officer Shaun Cudmore (ASLt) and asked if we would like to have our corps sing O Canada prior to a city council meeting. We graciously accepted and our third group of cadets sang July 15, 2013. This has been a great opportunity for our cadets to be showcased in the community and increase public awareness of our organization. The four cadets that participated were: Chase Hone, Abby Franklin, Hailey Franklin and Nate Sternberg.

Participation in the Orillia Canada Day parade holding the banner for the Army, Navy, Air Force Veterans Unit 400 located in Orillia, Ontario. This was our first year participating in the parade and 6 of our cadets were able to attend. The cadets marched down the main street to our beautiful waterfront. The six cadets that participated were: Chase Hone, Liam Ward, Dimitrius McKinnon, Madison Cudmore, Brooke Vancise and



Tamara Clark. We have been asked to participate again in the 2014 Canada Day parade holding the banner for the ANAF. This is a local organization that has supported us throughout the years and this was a great way for us to give back to them.

FROM NLCC SUDBURY

Members of the NLCC Sudbury band were invited to play O Canada at different events this summer giving the corps a great opportunity to promote the cadet program and the corps. On June 21st, the band played during the opening ceremonies of the National Aboriginal Day Celebration held at the Grace Hatman Theatre (Bell Park in Sudbury). Two of our aboriginal cadets were also honored, Cadet Curtis Pelletier and Braedan Manitouwabi-Peltier.



The NLCC Sudbury band and color guard were also invited to play at The Yamaha Spectacle Of Sound Drum and bugle Corps 2013 on July 17th featuring bands from Ontario, Quebec and South Korea.

At this time more call request the corps presence are still coming in again giving us a chance to get the word out about our program and increasing the corps numbers.

LT(NL) Sylvain Boucher
C.O. NLCC Sudbury

UPCOMING EVENTS

SUDBURY BRANCH: 70TH ANNIVERSARY REUNION – OCTOBER 11-13, 2013

Dan Desgrosseilliers 2740-70 our Reunion Chairman reports things are now starting to shape up. So far all of our Queen's Diamond Jubilee Medal recipients have indicated that they will be attending. William Wuorinen will have to wait to see if he will be posted somewhere that could affect his attending. Affirmative replies have been heard from all decades and parts of the country. However all former Cadets have not as yet been informed so if you know anyone that was a former Cadet let them know or give their name and if possible their address to one of the committee members. Its only a short three months away! Contact Dan at dandessails@eastlink.ca.

If anyone would like to donate a door prize...we hope to have many...let one of the committee members know. Don't forget the Meet and Greet is Friday night the 11th at the Sudbury Armoury, the Parade, Dinner and Dance is Saturday the 12th and the Barbeque is at the Armoury Sunday afternoon the 13th when you can bring family and friends.