



Ontario Division Controlled Document Cover Page

The attached ODI has been reviewed and the following information has been verified.

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Approver (s)	Navy League Committee (Ontario Division)

1.0 GENERAL

The purpose of the competition is to encourage First Aid training and to foster a competitive spirit and good sportsmanship.

2.1 TEAM

2.2 Size: A team must consist of four (4) cadets, plus up to a maximum of two (2) cadets as spares. A spare can be used as a substitution up to commencement of the competition but not used once the competition has commenced without the permission from the Chief Judge. The Squadron and Provincial competition teams must have the same members.

2.3 Qualifications: There are no minimum qualifications for cadets to compete.

2.4 Age: Competitors must be cadets and must meet the Navy League of Canada age requirements.

2.5 Rank: Competitors may be of any rank.

3.1 COMPETITION STANDARDS

3.2 Questions and Scenarios: These will be marked on the basis of the current edition of St. John Ambulance "We Can Help" text. **AR & CPR will NOT be included.**

3.3 Casualty Simulation: May be used to portray a realistic casualty. Casualties should be coached to portray their roles as effectively as possible. Casualties will be provided from a local source by the host corps.

4.1 CASUALTIES

4.2 Casualties should be used to portray a realistic situation and be provided by the local host corps, Casualties should not be Navy League cadets or adults. It is preferred that casualties be senior level cadets if possible, or kids who are not cadets that are 16-19 years of age.

4.3 Casualties should be coached in advance concerning the injuries/condition they are portraying. How to answer questions when asked, information they must volunteer to the team, etc. Casualties must maintain the same standard for each team.

4.4 Casualty's simulation should be utilized if available to portray the casualty and injury/condition effectively. If casualty simulation is not available the judges will describe the injuries/condition to the team when asked.

5.1 JUDGES

- 5.2 There will be two judges assigned for each scenario
- 5.3 Requirements of Judges: The minimum requirement for judges at the competition shall be a current St. John Ambulance Standard First Aid certificate or equivalent.
- 5.4 Judges are not to be officers, CI's, CV's or parents from any competing corps
- 5.5 Judges should be briefed in advance concerning the scenario, injuries, actions to be taken by team, level of competition, expectations of treatment, expectation of victim, etc.
- 5.6 The Chief Judge should hold a minimum of Standard First Aid and CPR. The chief judge will not take part in judging or scenarios. The chief judge is to oversee the First Aid competition and handle disputes.

6.0 DISPUTES

- 6.1 Immediately following each scenario the judges will discuss with the Team Officer any shortcomings of the team. They will not divulge the total score. At that time the Team Officer will be permitted to dispute the judge's decisions with the judge that marked it. Should the Team Officer still not be satisfied with the judge's decision, he/she may appeal to the Chief Judge. The decision of the Chief Judge will be final. Disputes will not be handled at any other time (disputes must be in writing and submitted with-in 15 minutes of the conclusion of the scenario).

7.0 COMPETITION COMPOSITION AND SEQUENCE:

- 7.1 General **Squadron**: The competition will be composed of two (2) distinct segments. The segments and their value expressed as a percent of the total score are as follows (see Annex C for marking form);

Scenario Number 1	50%
Scenario Number 2	50%
Total	100%

- 7.2 General **Provincial**: The competition will be composed of one (1) distinct segment. The segment and their value expressed as a percent of the total score are as follows (see Annex D for marking form);

Scenario	100%
Total	100%

8.0 SCENARIOS

8.1 Scenarios will be presented as real life situations. Before entering the scene, the Team Officer will be given a written or oral narrative of the scenario to be encountered. The narrative will give only such information that is considered essential to set the scene with elements that cannot be duplicated in the competition situation. The Team Officer will have 2 minutes to discuss the narrative with the team before entering the scene.

8.2 Squadron Competitions will have two (2) scenarios.

Scenario #1 will contain a single casualty with one or more problems (wounds) etc., and may likely include a scene hazard. All injuries/conditions will be based on Annex 'A'.

Scenario #2 will contain a single casualty with one or more problems (wounds). The casualty will have more severe injuries. All injuries/conditions will be based on Annex 'A'.

Be aware that there are situations that may have more than one casualty.

8.3 At Provincial Competition, there will only be 1 scenario of 15 minutes.

8.4 In the event that during the scenario a team member is declared a casualty by a judge (e.g. approached casualty without checking to see if electricity is cause), they are then not allowed to continue with the scenario and are not to be replaced by spares. The team member is then to receive first aid for the wounds/condition they were given from the rest of the team. If the whole team is declared casualties then the scenario will end and only get marked up to that point.

8.5 Team Captains will also be marked on their ability to lead the team, designate duties to team, communication with the team and victim, confidence, performance, leadership, etc.

8.6 The team as a whole can earn marks for their combined ability for teamwork, communication with the captain, team and victim, problem solving, confidence, etc.

8.7 Teams will be judged one at a time as they perform their scenario in a closed room. It is the team's responsibility to not discuss the scenario with teams that have not yet competed.

9.0 Timing will commence as soon as the first member of the team enters the scenario. Each Team will have 15 minutes to complete the scenario. All work must cease at the 15 minute mark.

9.1 MARKING

9.2 Each team will accumulate points as they work their way through the particular scenario

9.3 Each scenario will be marked by both judges and the marks combined for an overall scenario mark. If one judge sees the team perform a task and the second judge does not, then the mark will be given by that judge. Judges are not to discuss the scoring after the scenario.

9.4 Each scenario will be counted separately towards the teams overall score. Each team will accumulate points as they work their way through the particular scenario.

10.0 EQUIPMENT

10.1 **Each team will be required to bring its own first aid equipment.** Any team arriving without their own equipment will not be allowed to compete.

10.2 First Aid kits and equipment will not be judged and will not be included in the marking process. Each kit will be inspected at the start of the scenarios to ensure there are no materials or equipment not allowed under this ODI. (See 10.3)

10.3 **First aid kits SHALL NOT contain any of the following items.**

- a) Medications, lotions, ointments or creams of any type.
- b) Inhalants, especially ammonia inhalants
- c) Knives, pointed tip scissors, straight pins or hypodermic needles
- d) Spinal Immobilization equipment, i.e., cervical collars, K.E.D.'s, etc.
- e) Stretchers of any type
- f) Specialty Splints – air splints, traction splints, etc.
- g) Specialty Medical equipment – defibrillator, vital sign monitor, blood pressure cuff, blood glucose monitors, BVM's, oxygen, etc.

Any team found carrying the above equipment will be asked to remove these items from their first aid kit. Should these items be missed by the judges and used during the competition will lose 1 point per item not allowed at Squadron Competition and will lose 2 points per item not allowed at Provincial Competition.

10.4 First aid kits and equipment is the sole responsibility of each team. Therefore each team should ensure their kit is ready for competition. The first aid kits will be held by the team officer except during actual competition.

It must be noted that, in the event of a real emergency, these kits may be required for emergency use. Teams will be given the opportunity to replenish any items used and compensation will be made to the team if it affects the competition.

10.5 Teams shall bring two (2) blankets with them in addition to their first aid kit.

10.6 If any equipment is required specifically for the scenarios it will be provided by the host corps.

ANNEX 'A'

The following conditions may/will be included in the First Aid Competition Scenarios.

1. Emergency Scene Management(ESM) Terms

Used in First Aid
Principles of safety
Perform ESM

2. Unconsciousness

Recognize and provide first aid for unconsciousness
Recognize and provide first aid for fainting
Recognize and provide first aid for concussion

3. Choking

Recognize and provide first aid for choking

4. Severe Bleeding

Recognize major wounds, and severe external bleeding
Provide first aid for external bleeding.

5. Wound Care

Prevent further contamination and infection of wounds
Control bleeding from the nose
Broken bones

6. Burns

Recognize and provide first aid for 1st, 2nd, and 3rd degree burns of all types.

ANNEX 'B'

FIRST AID KIT LIST

These components will do for any single scenario. First Aid team should have spare components to replace kit for second scenario.

Checklist	QTY	Description
	1	First Aid Kit: Larger than fanny pack (e.g. backpack, etc)
	8 pairs	Non-latex gloves – (2 pairs for each team member)
	6	4x4 Gauze (medium wound dressing)
	8	2x2 Gauze (small wound dressing)
	1	Bottle of water
	12	Adhesive Bandages
	8	Triangular Bandage
	4	4" Cling or Conform bandages
	1	1" Fabric tape
	3	Simple Splints
	1	Rescue Blanket
	1	Normal Blanket
	1	Pad of paper
	1	Pen and/or pencil (should also have a spare set)
	1	6" Bandage Scissors (Round Nose)

ANNEX 'C'
SQUADRON COMPETITION

Corps Name & Number:		Final Score:		/ 100
	Scene Survey	2 POINTS	2 POINT	TOTAL /48
1	Take charge			
2	established leader			
3	Have full control of the scene / instruct bystanders			
4	Delegate emergency call (911) (Yes 3 points)			
5	Check for hazards (Yes 3 points)			
6	Deal with hazard appropriately (Yes 3 points)			
7	Identify mechanism of injury			
8	Check for number of casualties			
9	Identify yourself as first aider (Yes 3 points)			
10	Ask for consent from casualty to help			
	Primary Survey	2 POINT	2 POINT	TOTAL /42
11	Attempted Communication with casualty			
12	(A) Airway (is it clear)			
13	(B) Breathing			
14	(C) Circulation (bleeding)			
15	Neck / spinal, immobilize neck (Yes 3 points)			
16	Did they move the casualty at this point?			
17	Did they step over the casualty?			
18	Rapid body survey 30 sec or less score			
19	Did they apply direct pressure for bleeding?			
20	Quality of bandaging process and work			
	ON GOING CASUALTY CARE	1 POINT	1 POINT	TOTAL /10
21	Loosen tight clothing			
22	Warmth / Cool. Did they use the correct method?			
23	Nothing by mouth including water			
24	Recovery position / Best position?			
26	Record of the casualties condition for Ambulance			

SCORE: SCENARIO 1 _____/50

SCORE: SCENARIO 2 _____/50

TOTAL SCORE: _____/100

ANNEX 'D'
PROVINCIAL COMPETITION

Corps Name & Number:		Final Score:	/ 50
	Scene Survey	2 POINTS	TOTAL /24
1	Take charge		
2	established leader		
3	Have full control of the scene / instruct bystanders		
4	Delegate emergency call (911) (Yes 3 points)		
5	Check for hazards (Yes 3 points)		
6	Deal with hazard appropriately (Yes 3 points)		
7	Identify mechanism of injury		
8	Check for number of casualties		
9	Identify yourself as first aider (Yes 3 points)		
10	Ask for consent from casualty to help		
	Primary Survey	2 POINT	TOTAL /21
11	Attempted Communication with casualty)		
12	(A) Airway (is it clear)		
13	(B) Breathing		
14	(C) Circulation (bleeding)		
15	Neck / spine, immobilize neck (Yes 3 points)		
16	Did they move the casualty at this point?		
17	Did they step over the casualty?		
18	Rapid body survey 30 sec or less score		
19	Did they apply direct pressure for bleeding?		
20	Quality of bandaging process and work		
	ON GOING CASUALTY CARE	1 POINT	TOTAL /5
21	Loosen tight clothing		
22	Warmth / Cool. Did they use the correct method?		
23	Nothing by mouth including water		
24	Recovery position / Best position?		
26	Record of the casualties condition for Ambulance		

TOTAL SCORE: _____/50