












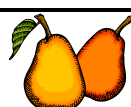
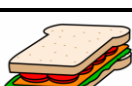










MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MENU</u> <u>FOR</u> <u>JULY</u> <u>2025</u> Mike Tedeschi Cook 	<u>1 FEAST</u>  Fried Shrimp Hush Puppies Chef's Choice Vegetable Pudding	<u>2</u>  Chicken Salad Three Bean Salad Chips Fruit	<u>3</u>  Taco Salad Spanish Rice Cake	<u>4</u>  CENTER CLOSED <u>INDEPENDENCE</u> <u>DAY</u>
<u>7</u>  Pizza Onion Rings Salad Fruit	<u>8 FEAST</u>  Crab Cakes Fries Caesar Salad Cake	<u>9</u>  Sloppy Joe Corn Nuggets Cucumber Salad Cookies	<u>10</u>  Chicken Sandwich Three Bean Salad Chips Cake	<u>11</u>  Hot Dogs Baked Beans Broccoli Salad Assorted Desserts
<u>14</u>  Pork Chops Mashed Potatoes Vegetable Blend Pudding	<u>15</u>  BBQ Chicken Rice Carrots Pie	<u>16</u>  Baked Spaghetti Salad Cookies	<u>17</u>  Meatloaf Seasoned Mashed Potatoes Mixed Vegetables Fruit	<u>18</u>  Roast Beef Sandwich Beef Vegetable Soup Chips Assorted Desserts
<u>21</u>  Baked Ham Scalloped Potatoes Green Beans Pie	<u>22 FEAST</u>  Salmon Rice Peas & Onions Cake	<u>23</u>  Meatball Sub Pasta Salad Carrots Fruit	<u>24</u>  Creamed Chip Beef Biscuit Hash Browns Cookies	<u>25</u>  Turkey Sandwich Chicken Noodle Soup Chips Assorted Desserts
<u>28</u>  Stuffed Peppers Rice Chef's Choice Vegetable Cake	<u>29</u>  Fried Chicken Mac & Cheese Chef's Choice Vegetable Pie	<u>30</u>  Fish Sandwich Potato Salad Squash Cookies	<u>31</u>  Tuna Sandwich Soup Chips Cake Ice Cream <u>BIRTHDAY DAY</u>	<u>PLEASE NOTE:</u> The Howard J. Weston Community and Senior Center, Inc. Nutrition Program does not discriminate on the basis of sex, creed, national origin, race or handicap.

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.