

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b><u>MENU</u></b> <b><u>FOR</u></b> <b><u>AUGUST</u></b> <b><u>2019</u></b></p>	<p><b><u>PLEASE NOTE:</u></b> The Howard J. Weston Community and Senior Center, Inc. Nutrition Program does not discriminate on the basis of sex, creed, national origin, race or handicap.</p>	<p><b><u>KITCHEN STAFF</u></b>  Rob Schneider, Head Chef</p>	<p><u>1</u> </p> <p>Pot Roast Buttered Noodles Broccoli Danish</p>	<p><u>2</u> </p> <p><b><u>BINGO</u></b></p> <p>Chicken Salad on a Croissant Cucumber/Tomato Salad Chips or Pretzels Watermelon</p>
<p><u>5</u> </p> <p>Baked Fish Dirty Rice Cajun Tomatoes Ice Cream</p>	<p><u>6</u> </p> <p>Egg Rolls Stir Fried Vegetables Fried Rice Five-Spice Bread Pudding</p>	<p><u>7</u> </p> <p>Spaghetti w/ Meat Sauce Salad Garlic Bread Cookies</p>	<p><u>8</u> </p> <p>Chicken Fajitas Black Beans Spanish Corn Tres Leches Pudding</p>	<p><u>9</u> </p> <p>Grilled Chicken Caesar Salad Parmesan Bread Assorted Desserts</p>
<p><u>12</u> </p> <p>Roasted Pork Loin Apple Sauce Brussels Sprouts Brownies</p>	<p><u>13</u> </p> <p>Corned Beef &amp; Cabbage Potatoes O'Brien Carrots Fruit Cup</p>	<p><u>14</u> </p> <p>BBQ Chicken Potato Salad Peas Peaches</p>	<p><u>15</u> </p> <p>Hot Dog Corn on the Cob Chips or Pretzels Sundaes</p>	<p><u>16</u> </p> <p>Chef Salad Tomato Bread Assorted Desserts</p>
<p><u>19</u> </p> <p>Jerk Chicken Rice &amp; Peas Cabbage &amp; Carrots Jamaican Donuts</p>	<p><u>20</u> <b><u>FEAST</u></b> </p> <p>Seafood Stuffed Fish Boardwalk Fries Carrots &amp; Celery Fire Roasted Oranges</p>	<p><u>21</u> </p> <p>Chili Cornbread Tossed Salad Chocolate Pudding</p>	<p><u>22</u> </p> <p>Meatloaf Mashed Potatoes Gravy Corn Cookies</p>	<p><u>23</u> </p> <p>Tuna Salad Sub Chips &amp; Pretzels Salad Assorted Desserts</p>
<p><u>26</u> </p> <p>Sausage, Egg &amp; Cheese Bagel Sandwich Hash Browns Fruit Coffee Cake</p>	<p><u>27</u> </p> <p>Beef Nachos Black Beans Grilled Corn Churros</p>	<p><u>28</u> </p> <p>Pulled Pork Sandwich Slaw Collards Brownies</p>	<p><u>29</u> </p> <p>Korean BBQ Lettuce Wrap Asian Broccoli Salad Garlic/Soy Potatoes Cake and Ice Cream</p> <p><b><u>BIRTHDAY DAY</u></b></p>	<p><u>30</u> </p> <p>Chicken &amp; Sausage Jambalaya Rice Sweet Potato Fries Assorted Desserts</p>

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.