MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU FOR JANUARY 2020	PLEASE NOTE: The Howard J. Weston Community and Senior Center, Inc. does not discriminate on the basis of sex, race, national origin, handicap or creed.	1 New Year! CENTER CLOSED NEW YEAR'S DAY	Three Cheese Ziti Tossed Salad Garlic Bread Chocolate Chip Cookie	Tuna Salad Platter w/ Tomatoes, Hard Boiled Egg & Tuna Salad Bread Stick Assorted Desserts
6 Chicken Tenders French Fries Green Beans Peach Crisp	7 Grilled Ham & Cheese Tomato Soup Chips or Pretzels Jello	8 Chef's Salad with Choice of Dressing Bread Stick Brownies	9 Stuffed Shells w/ Marinara Sauce Italian Vegetable Blend Sugar Cookie	Baked French Toast Scrambled Eggs Sausage Warm Spiced Apples
13 Stuffed Cabbage in Tomato Sauce Mashed Potatoes Succotash Mandarin Oranges	Hamburger on a Roll w/ Lettuce & Tomato Macaroni Salad Cucumber/Tomato Salad Applesauce	Chicken with Sour Cream Mushroom Sauce Brown Rice Green Beans Peanut Butter Cup Mousse	Roast Beef Mashed Potatoes Gravy German Vegetable Blend Cupcakes	17 Italian Sub 3 Bean Salad Chips or Pretzels Assorted Desserts
20 Spaghetti with Meatballs Tossed Salad Garlic Bread Fruit	21 Baked Fish Macaroni & Cheese Stewed Tomatoes Vanilla Pudding	Chicken Caesar Salad Cream of Potato Soup Crackers Oatmeal Raisin Cookie	23 Meatloaf Mashed Potatoes Gravy Carrots Lemon Delight	Egg Salad on a Roll w/ Lettuce & Tomato Veggie Pasta Salad Assorted Desserts
Chili Green Beans Cornbread Peanut Butter Cookie	Hot Dog on a Roll Sauerkraut Baked Beans Apple Pie	BBQ Chicken Scalloped Potatoes Broccoli Sugar Free Jello	30 FEAST Steamed Shrimp Baked Potatoes Cole Slaw Birthday Cake & Ice Cream BIRTHDAY DAY	Taco Salad Tortilla Chips Assorted Desserts

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.