


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>1</u>  Sloppy Joe Baked Potatoes Zucchini/Squash Vanilla Pudding	<u>2</u>  Italian Penne w/ Tomato Sauce & Mozzarella Green Beans Garlic Bread Cookies	<u>3</u>  Cheesesteak French Fries Mixed Vegetables Peanut Butter Mousse	<u>4</u>  <u>CENTER</u> <u>CLOSED</u> <u>INDEPENDENCE</u> <u>DAY HOLIDAY</u>	<u>5</u>  Hamburger or Hot Dog Potato Salad Cole Slaw Watermelon
<u>8</u>  Cheese Omelet Home Fries Sausage Fruit	<u>9</u>  BBQ Chicken Macaroni Salad Collard Greens Cookies	<u>10</u>  Spaghetti with Meatballs Garlic Bread Caesar Salad Peach Crisp	<u>11</u>  <u>FEAST</u> Wings Pasta Salad Broccoli Ice Cream Cup	<u>12</u>  Grilled Cheese Sandwich Tomato Soup Crackers Assorted Desserts
<u>15</u>  BLT Sandwich Chips Green Salad Chocolate Pudding	<u>16</u>  Asian Chicken & Broccoli Fried Rice Stir Fried Vegetables Jello with Fruit	<u>17</u>  Quiche (Spinach, Broccoli & Cheese) Home Fries Fruit Cup	<u>18</u>  Meatloaf Mashed Potatoes Gravy Glazed Carrots Cookies	<u>19</u>  Tacos Mexican Corn Refried Beans Assorted Desserts
<u>22</u>  Subs Tomato/Cucumber Salad Chips Brownies	<u>23</u>  Chicken Fingers Macaroni & Cheese Broccoli Cookies	<u>24</u> <u>FEAST</u>  Crab Cakes Baked Potato Cole Slaw Cookies & Cream Mousse	<u>25</u> <u>LUAU \$5</u>  Polynesian Pork w/ Island Fruit Macaroni Salad Pineapple Salsa & Chips Pineapple Upside Down Cake <u>BIRTHDAY DAY</u>	<u>26</u>  Pizza (Cheese or Pepperoni) Tossed Salad Assorted Desserts
<u>29</u>  Salmon Baked Potato Candied Carrots Strawberry Shortcake	<u>30</u>  Chef Salad Bread Stick Cookies	<u>31</u>  Lasagna Garlic Bread Tossed Salad Ice Cream	<u>PLEASE NOTE:</u> The Howard J. Weston Community and Senior Center, Inc. does not discriminate on the basis of sex, race, handicap, national origin or creed. <u>ROB SCHNEIDER</u> Head Chef	
				<u>MENU</u>  <u>FOR</u> <u>JULY</u> <u>2019</u>

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.