MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU FOR JULY 2022	PAUL O'BRIEN Cook	* * * * * * * * * * * * * * * * * * *	PLEASE NOTE: The Howard J. Weston Community and Senior Center, Inc. does not discriminate on the basis of sex, race, handicap, national origin or creed.	1 Shrimp Salad on a Keiser Roll Lettuce & Tomato Cole Slaw Assorted Desserts
4 CENTER CLOSED INDEPENDENCE DAY	5 Baked Fish Rice Vegetable Medley Fresh Fruit	Four Cheese Lasagna Caesar Salad Garlic Toast Chilled Peaches	7 Creamed Chipped Beef Biscuit Home Fries Baked Apples	8 Chicken Salad on a Croissant Lettuce & Tomato Potato Salad Assorted Desserts
Kielbasa Sauerkraut German Potato Salad Cookies	FEAST  Seafood Newburg Linguini Vegetable Blend Cake	Roast Beef Sandwich Lettuce & Tomato Macaroni & Cheese Tapioca Pudding	Pizza Caesar Salad Eclairs	Egg Salad on a Potato Roll Lettuce & Tomato Cole Slaw Assorted Desserts
All Beef Hot Dog Seasoned Fries Baked Beans Brownie	Tortellini Red Meat Gravy Garden Salad Fresh Fruit	20 Glazed Pork Loin Redskin Potatoes Peas & Onions Pie	21  Meatloaf Mashed Potatoes/Gravy Chef's Choice Vegetable Cobbler	Tuna Salad on a Croissant Lettuce & Tomato Pasta Salad Assorted Desserts
25 Cheeseburger Seasoned Fries Cole Slaw Fresh Fruit	26 Turkey BLT Chips Pudding	27 Citrus Tilapia Rice Pilaf Vegetable Medley Lemon Meringue Pie	28 BIRTHDAY DAY  Sausage on a Bun Peppers & Onions Tater Tots Birthday Cake Ice Cream	Grilled Chicken Sandwich Lettuce & Tomato Macaroni & Cheese Assorted Desserts