

























MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><u>MENU</u></b></p> <p><b><u>FOR</u></b></p> <p><b><u>MARCH</u></b></p> <p><b><u>2023</u></b></p> <p>Paul O'Brien Cook</p> 	<p><b><u>PLEASE NOTE:</u></b></p> <p>The Howard J. Weston Community and Senior Center, Inc. does not discriminate on the basis of sex, race, national origin, handicap or creed.</p>	<p><u>1</u></p>  <p>Chicken Parmesan Spaghetti Chef's Vegetable Cake</p>	<p><u>2</u></p>  <p>Three Cheese Omelet Home Fries Sausage Patty Fruit</p>	<p><u>3</u> <b><u>FEAST</u></b></p>  <p>Shrimp Scampi Rice Pilaf Lemon Tart</p>
<p><u>6</u></p>  <p>Philly Cheese Steak Peppers &amp; Onions Mac &amp; Cheese Cookies</p>	<p><u>7</u></p>  <p>Grilled Chicken Breast Potatoes Au Gratin Garden Salad Pie</p>	<p><u>8</u></p>  <p>Kielbasa Sauerkraut German Potato Salad Fruited Jell-O</p>	<p><u>9</u></p>  <p>Pizza Caesar Salad Tapioca Pudding</p>	<p><u>10</u></p>  <p>Fish &amp; Chips Cole Slaw Assorted Desserts</p>
<p><u>13</u></p>  <p>Minestrone Soup Hot Italian Sub Tater Tots Chocolate Pudding</p>	<p><u>14</u></p>  <p>Pot Roast Baked Beans Greens Cornbread Pears</p>	<p><u>15</u></p>  <p>Cream of Broccoli Soup Tuna Salad on a Croissant Pasta Salad Cake w/ Strawberries</p>	<p><u>16</u></p>  <p>Corned Beef &amp; Cabbage Parslied Potatoes Patties Cupcakes</p>	<p><u>17</u></p>  <p>Herb Crusted Fish Rice Pilaf Chef's Vegetable Assorted Desserts</p>
<p><u>20</u></p>  <p>Baked Chicken Scalloped Potatoes Chef's Vegetable Pie</p>	<p><u>21</u></p>  <p>Ravioli Garden Salad Garlic Toast Peaches</p>	<p><u>22</u></p>  <p>Pork Fried Rice Oriental Vegetables Butterscotch Pudding</p>	<p><u>23</u></p>  <p>Meatloaf Mashed Potatoes w/ Gravy Glazed Carrots Pie</p>	<p><u>24</u> <b><u>FEAST</u></b></p>  <p>Seafood Newburg Linguini Vegetable of the Day Assorted Desserts</p>
<p><u>27</u></p>  <p>All Beef Hot Dog Seasoned Fries Baked Beans Fruit</p>	<p><u>28</u></p>  <p>Hot Turkey Sandwich Mashed Redskin Potatoes Corn Cake</p>	<p><u>29</u></p>  <p>Meat Tortellini Garden Salad Breadstick Eclairs</p>	<p><u>30</u></p>  <p>Italian Sausage on a Bun Peppers &amp; Onions Potato Salad Cake/Ice Cream <b>BIRTHDAY DAY</b></p>	<p><u>31</u></p>  <p>Four Cheese Lasagna Garden Salad Garlic Toast Assorted Desserts</p>

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.