MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tuna Salad Croissant Slaw Lettuce & Tomato Fruit	Baked Cod Wild Rice Blend Vegetable Medley Pie	Herb Encrusted Pork Loin Stuffing Peas & Onions Rice Pudding	BBQ Chicken Baked Beans Spinach Cake	5 Cheeseburger Lettuce & Tomato French Fries Brownies
8 Italian Sausage on a Roll Peppers & Onions Pasta Salad Apple Pie	2 Creamed Chipped Beef Eggs Home Fries Baked Apples	Grilled Chicken Sandwich Cheesy Tater Tots Garden Salad Assorted Desserts	11 Hot Italian Sub Garden Salad Watermelon	10 Chili Rice Cornbread Assorted Desserts
Spaghetti & Meatballs Caesar Salad Breadstick Cake	Hot Turkey Sandwich Mashed Potatoes Glazed Carrots Carrot Cake	Pulled Pork Baked Beans Slaw Lemon Tart	Meatloaf Mashed Potatoes Chef's Vegetable Cherry Pie	Chicken Salad Croissant Lettuce & Tomato Melon
22 Cuban Sandwich Broccoli Slaw Sweet Potato Fries Oatmeal Raisin Cookies	Chicken Wings Cole Slaw Corn on the Cob Cake with Strawberries	24 All Beef Hot Dog Sauerkraut Potato Chips Fruit	25 Meat Lasagna Caesar Salad Cake & Ice Cream	26 Kielbasa Sauerkraut Fries Assorted Desserts
29 CENTER CLOSED MEMORIAL DAY	30 Seafood Salad Sandwich Lettuce & Tomato Pasta Salad Fruit	Chicken Tenders Curley Fries Slaw Ice Cream	MENU FOR MAY 2023 KITCHEN STAFF Paul O'Brien Cook	PLEASE NOTE: The Howard J. Weston Community and Senior Center, Inc. does not discriminate on the basis of sex, creed, race, national origin or handicap.

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.