





















MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><u>MENU</u> <u>FOR</u> <u>NOVEMBER</u> <u>2022</u></p>	<p><u>1</u> </p> <p>Cheese Tortellini w/ Tomato Sauce Garden Salad Cake</p>	<p><u>2</u> </p> <p>Grilled Chicken Breast Fries Peas & Onions Fruit</p>	<p><u>3</u> </p> <p>Pork Loin Au Gratin Potatoes Chef's Vegetables Pudding</p>	<p><u>4</u> </p> <p>Chicken Salad Sandwich Lettuce & Tomato Three Bean Salad Cake</p>
<p><u>7</u> </p> <p>Sausage Gravy Biscuits Egg Patty Hash Browns Assorted Desserts</p>	<p><u>8</u> <u>CENTER</u> <u>CLOSED</u> <u>ELECTION</u> <u>DAY</u></p>	<p><u>9</u> </p> <p>Three Cheese Lasagna Caesar Salad Garlic Bread Cookies</p>	<p><u>10</u> </p> <p>All Beef Hot Dog Baked Beans Slaw Pie</p>	<p><u>11</u> </p> <p>Baked Cod Rice Pilaf Green Beans Almandine Assorted Desserts</p>
<p><u>14</u> </p> <p>Ham & Beans Corn Bread Cake</p>	<p><u>15</u> </p> <p>Spaghetti & Meatballs Caesar Salad Eclairs</p>	<p><u>16</u> </p> <p>Kielbasa Sauerkraut German Potato Salad Cookies</p>	<p><u>17</u> </p> <p><u>THANKSGIVING</u> <u>FEAST</u> Turkey, Stuffing, Fixins, Mashed Potatoes, Vegetables, Pie</p>	<p><u>18</u> </p> <p>Meatloaf Mashed Potatoes Chef's Vegetable Assorted Desserts</p>
<p><u>21</u> </p> <p>Chicken & Dumplings Carrots Cake</p>	<p><u>22</u> </p> <p>Cabbage Rolls Roasted Potatoes Pudding</p>	<p><u>23</u> </p> <p>Cheeseburger Lettuce & Tomato Fries Fruit</p>	<p><u>24</u> <u>CENTER</u>  <u>CLOSED</u> <u>THANKSGIVING</u></p>	<p><u>25</u> <u>CENTER</u> <u>CLOSED</u> <u>THANKSGIVING</u> <u>HOLIDAY</u> </p>
<p><u>28</u> </p> <p>Taco Salad Sour Cream, Guac, Diced Tomato & Lettuce Sugar Free Jell-O</p>	<p><u>29</u> </p> <p>Chicken Pot Pie w/ Vegetables Biscuits Apple Pie</p>	<p><u>30</u> </p> <p>Italian Sausage Peppers & Onions Scalloped Potatoes Pound Cake w/ Strawberries <u>BIRTHDAY DAY</u></p>	<p>Paul O'Brien Cook </p>	<p><u>PLEASE NOTE:</u> The Howard J. Weston Community and Senior Center, Inc. Nutrition Program does not discriminate on the basis of sex, creed, national origin, race or handicap.</p>

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.