

























MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>2</u></p>  <p><u>CENTER</u> <u>CLOSED</u> <u>LABOR DAY</u></p>	<p><u>3</u></p>  <p>Cuban Sandwich French Fries Cauliflower Vanilla Pudding</p>	<p><u>4</u> <u>FEAST</u></p>  <p>BBQ Ribs Macaroni Salad Cole Slaw Fruit Cocktail</p>	<p><u>5</u></p>  <p>Reuben Chips or Pretzels Green Beans Cookies</p>	<p><u>6</u></p>  <p><u>BINGO</u> Nachos Corn Spanish Rice Assorted Desserts</p> <p><u>NO TAKE OUTS</u></p>
<p><u>9</u></p>  <p>Cheesesteak Fried Potatoes Tomato & Cucumber Salad Brownies</p>	<p><u>10</u></p>  <p>Roasted Chicken Pot Pie Mashed Potatoes Roasted Vegetables Apple Pie a la Mode</p>	<p><u>11</u></p>  <p>Broiled Tilapia Baked Potato Roasted Cabbage Fresh Fruit</p>	<p><u>12</u> <u>FEAST</u></p>  <p>Wings French Fries Carrots Peanut Butter Mousse</p>	<p><u>13</u></p>  <p>Grilled Cheese Tomato Soup Asparagus Assorted Desserts</p>
<p><u>16</u></p>  <p>Chicken Quesadilla Spanish Rice Mexican Corn Mexican Bread Pudding</p>	<p><u>17</u> <u>FEAST</u></p>  <p>Honey Mustard Pork Loin Sweet Potatoes Apples Ice Cream</p>	<p><u>18</u></p>  <p>Braised Chicken Rice Green Beans Cookies</p>	<p><u>19</u></p>  <p>Meatloaf Mashed Potatoes Gravy Vegetable Blend Brownies</p>	<p><u>20</u></p>  <p>Grilled Chicken Parmesan Sandwich Salad Chips or Pretzels Assorted Desserts</p>
<p><u>23</u></p>  <p>Chicken Cheesesteak Tater Tots Squash Fresh Fruit</p>	<p><u>24</u></p>  <p>Veggie Spring Rolls Fried Rice Stir Fried Vegetables Peanut Butter/ Chocolate Pretzel Bowls</p>	<p><u>25</u></p>  <p>Roasted Turkey Mashed Potatoes Gravy Green Bean Casserole Cookies</p>	<p><u>26</u></p>  <p>Baked Ziti Salad Garlic Bread Cake & Ice Cream</p> <p><u>BIRTHDAY DAY</u></p>	<p><u>27</u></p>  <p>Smoked Gouda, Prosciutto Apple Grilled Cheese Broccoli Salad Assorted Desserts</p>
<p><u>30</u></p>  <p>Bacon Cheeseburger Potato Salad Cole Slaw Apple Crisp</p>		<p><u>PLEASE NOTE:</u> The Howard J. Weston Community and Senior Center, Inc. Nutrition Program does not discriminate on the basis of sex, creed, national origin, race or handicap.</p>	<p><u>KITCHEN STAFF</u></p> <p>Rob Schneider Head Chef</p> 	<p><u>MENU</u></p> <p><u>FOR</u></p> <p><u>SEPTEMBER</u></p> <p><u>2019</u></p> 

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.