

MAY, 2020

# HOWARD WESTON SENIOR CENTER

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AVENUE,  
MANOR PARK  
NEW CASTLE,  
DELAWARE 19720  
(302) 328-6626

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## SPECIAL EDITION

### To Our Weston Family:

**We miss you! We had certainly hoped that our doors would be open by now and your smiling faces would be walking through them. We miss your faces and the interactions we get to have with you!**

**While our center is physically closed, we are available if you need us. Please feel free to call the center and leave a message. The staff continues to report daily so we are frequently checking messages and Facebook.**

**This May Special Edition of the newsletter will give you the most recent information we have regarding trips and activities that have been re-scheduled and/or cancelled. It has Corona updates and lots of fun things to do to keep your mind active. As we all seem to have a little more time now, spend some of that time doing something you enjoy. And be sure to keep in touch with friends and family.**

**Make sure you check out the menu page. We will continue to offer "Quarantine Quarts" (meals and soups). Pay close attention to ordering deadlines as they will be strictly enforced. The Thursday drive-by pick-ups have become the highlight of our week. It gives us a chance to see your half-smiling faces (those masks make it difficult to see your whole face) and hear what you have been doing to pass the time.**

**Speaking of masks, we have them for sale (\$2 each) should you not have one yet. They are now a state requirement if you will be out and about.**

**As soon as the Governor gives us permission, our doors will be open to welcome you back. In the meantime, stay home, stay happy and stay safe!**

**We look forward to seeing you soon!!**

**Sandy and Vicki  
On Behalf of All the Weston Staff**

## MEMBERSHIP

The Weston Senior Center welcomes all persons 50 years of age and over. All members and guests participating in activities and programs offered by the center must be able to take care of their personal care needs and make independent decisions.

## MISSION

THE WESTON SENIOR CENTER WAS ESTABLISHED IN 1978 FOR THE PURPOSE OF ENHANCING THE QUALITY OF LIFE FOR THE SENIOR POPULATION BY PROVIDING MUCH NEEDED SERVICES AND PROGRAMS.

# Upcoming Events

**PLEASE UNDERSTAND THAT THESE EVENTS ARE SUBJECT TO CHANGE AS OUR SITUATION CHANGES!**

**TAXPAYER ASSISTANCE** - At this time AARP is not doing tax preparation. As soon as we have more information, we will be in contact with those people who had an appointment and those who were on our waiting list. Please remember that the government has extended the federal tax deadline to July 15, 2020 and Delaware has extended Personal State Income Tax Return Filing Deadline to July 15, 2020 as well.

**AARP DRIVERS SAFETY CLASS – Tuesday, June 2, 2020. 4 hr. Refresher Class.** The cost of the course is \$15.00 for AARP members (you must present your membership card) and \$20.00 for non-members and should be paid when you sign up. Please make checks payable to AARP. Sign-ups are taken on a first come, first serve basis with the class being limited to 25 participants. Please note that lunch is not included in the price, but is available for \$2.00.

**SPECIAL ANNOUNCEMENT-** Starting July 1, 2020, the cost for the safe driving classes will go up to \$20.00 for AARP members and \$ 25.00 for non-members.

**FRIDAY MORNING BINGO– Friday, June 5, 2020.** Summer Time, Fun Time Lunch and Bingo Cost- \$5.00, includes 10 games of bingo with cash prizes and lunch.

If you have already paid for the April Bingo we will transfer your money over to this date.

**“GESSO PAINTING” - Wednesday, June 10, 2020.** This technique looks hard but it is not. Join Liisa as she shows us how much fun painting with Gesso can be. Cost-\$8.00. Time– 12:30 p.m.-2:30 p.m. Sign-up at the front desk with payment.

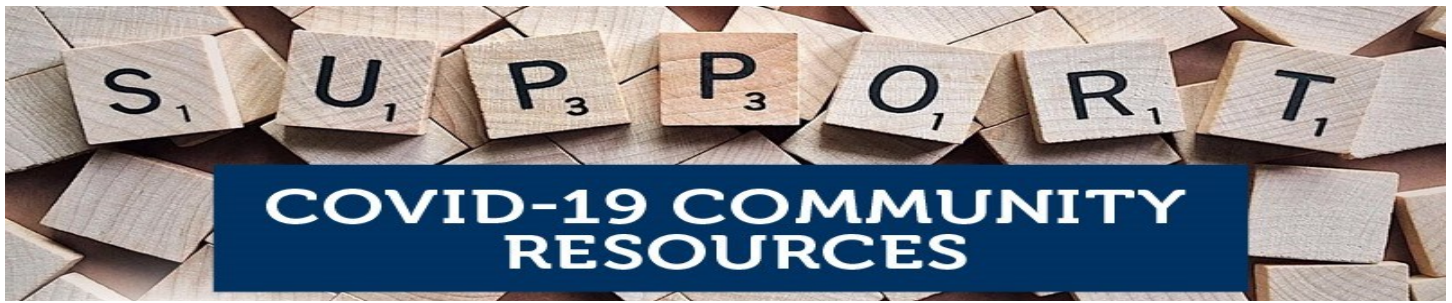
**Wii BOWLING ROLL OFF & BANQUET–** Congratulations to the “Alley Cats” who will be included in the roll-off on Monday, June 1, 2020 @ 9:30 a.m. at Sellers Senior Center. The end of the year banquet will be held on Tuesday, June 16, 2020 @ 11:00 a.m. at Absalom Jones Senior Center. These dates are subject to change. If things change we will notify you as soon as possible.

**HIGHMARK, WALK FOR A HEALTHY COMMUNITY** - Out of an abundance of caution, and for the protection and safety of our Walk participants and volunteers, the difficult decision has been made to modify all seven 2020 Highmark Walks for a Healthy Community to an **online only fundraiser** and **virtual walk** for this year’s campaign. While this year’s Walk for a Healthy Community throughout Pennsylvania and Delaware will be online and virtual only, this approach provides the 273 local nonprofit health and human service organizations a way to safely participate and raise funds. More information will be posted on Facebook and our website!

**SUMMER LINE DANCE PARTY** – Friday, June 19, 2020. Doors open at 9:30 a.m. Cost- \$10.00. An all-day line dance party!! No teaching, just dancing! Joanne Brady will be spinning the records and we will be sweating up a storm. A continental breakfast and lunch are included! Chef Salad, Chicken Rice Soup, Dinner Roll, Fruit, Dessert. Coffee, Hot Tea, Iced Tea and Water.

**IN-HOUSE WII BOWLING BANQUET– NEW DATE - Tuesday, June 30, 2020. Covered dish Luncheon**  
Time: 11:00 a.m. If you are a Wii bowler or substitute, please sign-up if you will be attending and list the side dish or dessert you will be providing. Sign-up sheet is posted on the bulletin board in the lobby.

**BIG SPRING BINGO– NEW DATE– Sunday, July 19, 2020.** Anyone who has already purchased a ticket for the previous date, your money will be transferred. Cost- \$ 20.00. Additional cards are available on that day for \$10.00. Food will be available for sale, so please do not bring in outside food. Doors open at 1:30 p.m.



### **MENTAL HEALTH AND COVID-19 – INFORMATION AND RESOURCES-**

As the number of cases of COVID-19 increase, so does the associated anxiety. To aid individuals and communities during this time, MHA has compiled a range of resources and information.

<https://mhanational.org/covid19>

### **KEEPING COMMUNITIES SAFE**

CDC provides guidance to keep people safe

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

### **Governor Carney Requires Delawareans to Wear Face Coverings in Public Settings**

<https://coronavirus.delaware.gov/>

### **Food Bank of Delaware-**

If you are in need of food assistance:

- Find a local food pantry: Dial 2-1-1 or 1-800-560-3372, text 898-211 or visit [www.delaware211.org](http://www.delaware211.org)
- For more long-term support, the Food Bank's SNAP Outreach team can assist you with signing up for SNAP benefits. Please visit [www.fbd.org/SNAP-outreach](http://www.fbd.org/SNAP-outreach) to fill out an inquiry form and a member of our team will be in touch.
- Some Delawareans may also be eligible for the Special Supplemental Nutrition Program for Women, Infants and Children. To apply online, please visit <https://dewow.dhss.delaware.gov/myWIC/publicpages/Eligibility.aspx>
- Locate a school meal distribution site: <https://www.doe.k12.de.us/page/4149>

### **Delaware Aging and Disability Resource Center (ADRC)**

The Aging and Disability Resource Center (ADRC) is your one-stop access point for aging and disability information and resources in Delaware.

<http://www.delawareadrc.com/>

### **Guide to Services For Older Delawareans and Persons with Disabilities**

[https://www.dhss.delaware.gov/dhss/dsaapd/files/aging\\_and\\_disabilities\\_guide.pdf](https://www.dhss.delaware.gov/dhss/dsaapd/files/aging_and_disabilities_guide.pdf)

### **New Castle Public Library –Digital library platform**

<https://delaware.overdrive.com/>

### **Smithsonian Magazine**

Are you searching for armchair travel inspiration, Smithsonian magazine has compiled a collection of coverage dedicated to virtual reality experiences, digital exhibits and books that will transport you to far-off lands.

<https://www.smithsonianmag.com/travel/virtual-travel-180974440/>

### **Museums Offer Virtual Tours**

Stuck at Home? These 12 Famous Museums Offer Virtual Tours You Can Take on Your Couch (Video)

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

### **15-minute Sample Workout for Older Adults from Go4Life**

<https://www.youtube.com/watch?v=Ev6yE55kYGw>

### **7-Minute Yoga Workout for Older Adults**

<https://www.youtube.com/watch?v=NDLad2vOHkU>

# TRIP UPDATES

**For Our Weston Travelers:**

## **Harrington**

Our Harrington trip for May has been cancelled. All money received has been moved to our June 10th trip. If the June trip needs to be cancelled, all money will be moved to the July 8th trip. If you are unable to attend either of these trips, your money will be refunded or moved to a Harrington trip of your choice.

## **Tennessee**

Our Tennessee trip is still on, but the date has been changed. Our new dates are August 17<sup>th</sup>- 24<sup>th</sup>. The dance shindig has also been re-scheduled for August 21<sup>st</sup>, 22<sup>nd</sup> & 23<sup>rd</sup>. These dates are subject to postponement/cancelation due to the changing situation with Covid-19. We will keep you posted of any new changes as soon as we know.

## **Wildwood, New Jersey**

Scheduled for September 14-16, 2020 has been cancelled. Anyone who has made a deposit, your money will be refunded.



## **Other Trips**

All other trips are currently scheduled to go as planned. But, please hang tight. We will provide you with updated information as we receive it.

**SPIRIT OF PHILADELPHIA- Wednesday, July 22, 2020.** Bingo & Lunch Cruise. Cost \$75.00. Trip includes: transportation, cruise, bingo and lunch.

**SIGHT & SOUND- QUEEN ESTHER- Tuesday, August 25, 2020.** Cost-\$115.00. Trip includes: transportation, show & lunch at Shady Maple.

**TROPICANA, ATLANTIC CITY- Monday, September 21, 2020.** "Tribute to Some of the World's Most Famous Duets"- Cost-\$55.00 pp. Trip includes: transportation, \$20.00 in bonus slot play, admission to the 3:00 p.m. show at the Tropicana. Bus leaves at 9:00 a.m. and returns at 7:00 p.m.

**FINGER LAKES, NEW YORK-"Wine and Dine in Scenery Divine".** 4 days & 3 nights. October 5-8, 2020. Cost- \$650.00 pp. \$100 deposit to hold your place. Balance due by July 17, 2020. Flyers available at the front desk. **WAITING LIST ONLY**

**HERSHEY/SWEET LIGHTS- Tuesday, December 1, 2020.** Cost- \$125.00 Includes transportation, tour of Hershey & School, wine tasting, dinner and Sweet Lights tour.

**AMERICAN MUSIC THEATER & SHADY MAPLE-** Tuesday, December 15, 2020. Includes transportation, lunch @ Shady Maple and tickets to the "Deck the Halls" Christmas show. Cost- \$115.00

# WORD SEARCH!

## SPRING CLEANING

FIND AND CIRCLE THE WORDS ON THE LIST...WORDS MAY BE FOUND ACROSS, DOWN, OR DIAGONALLY  
--FORWARDS, BACKWARDS, AND SOMETIMES OVERLAPPING. HAVE FUN!

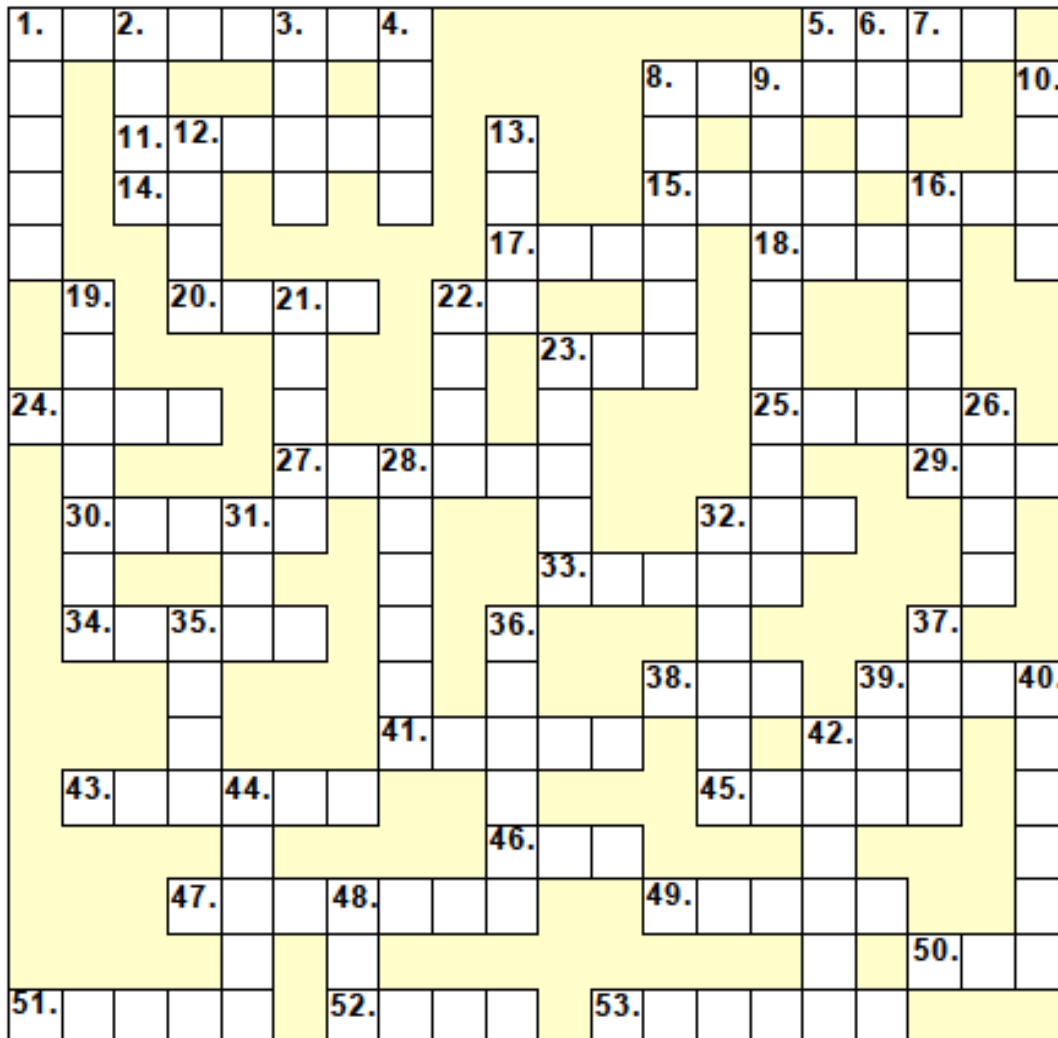
### WORD LIST

ATTIC  
BACK YARD  
BASEMENT  
BOXES  
BUCKET  
CAR  
CEILING  
CLEAN  
DRYER  
FRONT YARD  
GARAGE  
GARBAGE  
GLOVES  
GUTTERS  
LADDER  
LAUNDRY  
LAWNMOWER  
MIRRORS  
MOP  
ORGANIZE  
PAINTBRUSH  
RAKE  
SHED  
SORT  
SPONGE  
VACUUM  
WATER  
WALLS  
WASH MACHINE  
WINDOW CLEANER

M G A R A G E G N O P S  
V Z B W D R A Y K C A B  
C E N I H C A M H S A W  
F R O N T Y A R D G R H  
U L A D D E R Z Y E B S  
N B W O R A K E T G L U  
R A U W S L L A W A A R  
E S E C Y Q W G W B U B  
Y E Z L K P X N C R N T  
R M I E C E M I S A D N  
D E N A Z O T L R G R I  
P N A N W T R I E X Y A  
O T G E A P O E T R Y P  
M I R R O R S C T Z R Q  
G L O V E S M U U C A V  
B O X E S H E D G E C S



# JUMBO CROSSWORD



## Down:

1. Part of a flower
2. What you scratch
3. \_\_\_n' roll
4. Opposite of future
5. Hot \_\_\_ cold
6. Fox's home
7. Take \_\_\_ or leave \_\_\_
8. Easter \_\_\_\_\_
9. Easter treats
10. Jesus was buried in this
12. Speed competition
13. Spring month
16. Hare
19. Appears after the rain
21. You play these
22. Look for
23. Spring month
26. Easter flower
28. A season
31. Shake head
32. Easter colour
35. Tidy
36. Goodies
37. Beginning of leaves
39. Boy's name
40. Reach destination
42. Easter hat
44. \_\_\_ and field
48. Baby goat

## Across:

1. One bit of water falling from the clouds
5. Garfield's dog friend
8. Confidential
11. Early spring flower
14. Laughing sound
15. 12:00 p.m.
16. Outer edge
17. Be in want
18. Coca \_\_\_\_\_
20. Easter bunny hides these
22. Opposite of she
23. Spring month
24. Discover
25. Spring month
27. Spring holiday
29. \_\_\_\_\_ top
30. Jelly \_\_\_\_\_
32. Opposite of no
33. Easter bunny does this with eggs
34. Breezy
38. Ginger \_\_\_\_\_
39. Musical instrument
41. Spring colour
42. Resting place
43. Baby cat
45. Forests
46. Bath \_\_\_\_\_
47. Easter or picnic \_\_\_\_\_
49. Hides eggs
50. Colouring agent
51. Baby chicken
52. Water bird
53. Passes out momentarily

## Hidden Words

Don't put your head in the sand—try this tricky word brain teaser! Spell a hidden word by choosing the right letter for each clue. The hidden word is related to one of the clues.



### Hidden Word #1

1. The first letter is in ECHO but not NOISE.
2. The second letter is in ACTOR but not SCRIPT.
3. The third letter is in BIRD and in BRAIN.
4. The fourth letter is in CORN but not COB.
5. The fifth letter is in NICE and in KIND.
6. The sixth letter is in EVENING but not MORNING.
7. The seventh letter is in TRAPEZE but not TIGHTROPE.
8. The eighth letter is in LAKE but not STREAM.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Answer: \_\_\_\_\_

### Hidden Word #2

1. The first letter is in ASLEEP but not AWAKE.
2. The second letter is in PEACH but not CHERRY.
3. The third letter is in UNCLE and in AUNT.
4. The fourth letter is in TIGER but not JUNGLE.
5. The fifth letter is in SHIP and in SHORE.
6. The sixth letter is in EARLY and in LATE.
7. The seventh letter is in ARMY but not NAVY.

\_\_\_\_\_ (SLP)  
\_\_\_\_\_ (AP)  
\_\_\_\_\_ (N)  
\_\_\_\_\_ (TIR)  
\_\_\_\_\_ (SH)  
\_\_\_\_\_ (LAE)  
\_\_\_\_\_ (RM)

Answer: \_\_\_\_\_

### Hidden Word #3

1. The first letter is in BREEZE but not BLOW.
2. The second letter is in SQUASH but not SPINACH.
3. The third letter is CUB but not BEAR.
4. The fourth letter is in PITCH and in CATCH.
5. The fifth letter is in MOUTH and in CHEW.
6. The sixth letter is in LIPS and in KISS.
7. The seventh letter is SPIN but not TOPS.
8. The eighth letter is in VOICE but not VOCAL.

\_\_\_\_\_ (REZ)  
\_\_\_\_\_ (QU)  
\_\_\_\_\_ (CU)  
\_\_\_\_\_ (TCH)  
\_\_\_\_\_ (H)  
\_\_\_\_\_ (IS)  
\_\_\_\_\_ (IN)  
\_\_\_\_\_ (IE)

Answer: \_\_\_\_\_



## “Quarantine Quarts-\$6.00”

We will be offering quart size food items for sale.  
Please pay attention to the, “order by” dates.  
Please call 302-328-6626 to place your order!



### Available on Thursday, May 7 – 11:00 a.m.-12:00 noon

Minestrone Soup or Sweet & Sour Pork w/Rice. (Limit 2 per person)

You must call in your order by Friday, May 1, 2020.

### Available on Thursday, May 14, 2020-11:00 a.m.-12:00 noon

Cream Of Potato w/Bacon or Frank & Beans (Limit 2 per person)

You must call in your order by Friday, May 8, 2020.

### Available on Thursday, May 21, 2020-11:00 a.m.-12:00 noon

Stuffed Pepper Soup or Chicken Fettucine Alfredo (Limit 2 per person)

You must call in your order by Friday, May 15, 2020.

### Available on Thursday, May 28, 2020-11:00 a.m.-12:00 noon

Tortellini Tomato Soup or Ham & Beans (Limit 2 per person)

You must call in your order by Friday, May 22, 2020.



## Mother's Day Sudoku

Every row, column and mini-grid must contain the letters M O T H E R.  
Don't guess - use logic

		H	R		
	R			M	
T	H			O	E
M	O			T	R
	T			H	
		O	T		