

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><u>MENU</u></b></p> <p><b><u>FOR</u></b></p> <p><b><u>OCTOBER</u></b></p> <p><b><u>2020</u></b></p> 	<p><b><u>PLEASE NOTE:</u></b> The Howard J. Weston Community and Senior Center, Inc. Nutrition Program does not discriminate on the basis of sex, creed, national origin, race or handicap.</p>	<p><b><u>KITCHEN STAFF</u></b></p> <p>Paul O'Brien Head Chef</p>	<p><u>1</u> </p> <p>Chicken Cacciatore Tomatoes, Peppers &amp; Mushrooms Fettucine Watermelon</p>	<p><u>2</u> </p> <p>Cream of Potato Soup Beef &amp; Macaroni Vegetable Blend Rosy Pears</p>
<p><u>5</u> </p> <p>Glazed Pork Loin Mashed Sweet Potatoes Carrots Pound Cake</p>	<p><u>6</u> </p> <p>Spaghetti and Meatballs Caesar Salad Fruit Salad</p>	<p><u>7</u> </p> <p>Chicken Pot Pie with Vegetables Biscuits Pudding</p>	<p><u>8</u> </p> <p>All Beef Hot Dog Sauerkraut French Fries Lemon Meringue Pie</p>	<p><u>9</u> </p> <p>Minestrone Soup Baked Fish Rice Chef's Vegetable Peaches</p>
<p><u>12</u> </p> <p>Pork Chop Potatoes Au Gratin Greens Cinnamon Apples</p>	<p><u>13</u> </p> <p>Chicken Chili Broccoli Slaw Corn Bread Jello</p>	<p><u>14</u> </p> <p>Lasagna Garden Salad Garlic Bread Cookies</p>	<p><u>15</u> </p> <p>Meatloaf Mashed Potatoes Vegetable Blend Tapioca Pudding</p>	<p><u>16</u> </p> <p>Hot Italian Sub Marinated Vegetables Cake with Frosting</p>
<p><u>19</u> </p> <p>Oven Fried Chicken Creamy Cheese Shells Vegetable Medley Angel Food Cake</p>	<p><u>20</u> </p> <p>Pulled Pork Baked Beans Cole Slaw Brownie</p>	<p><u>21</u> <b><u>FEAST</u></b> </p> <p>Beef Stroganoff Egg Noodles Chef's Blend Vegetable Apple Pie</p>	<p><u>22</u> </p> <p>Fish and Chips Succotash Emerald Pears</p>	<p><u>23</u> </p> <p>Hot Turkey Sandwich Mashed Potatoes Peas and Onions Pumpkin Pie</p>
<p><u>26</u> </p> <p>Glazed Ham Sweet Potatoes Green Beans Fruit</p>	<p><u>27</u> <b><u>FEAST</u></b> </p> <p>Pot Roast Roasted Redskin Potatoes Baby Carrots Rice Pudding</p>	<p><u>28</u> </p> <p>Sausage on a Roll Peppers &amp; Onions Berry Crisp</p>	<p><u>29</u> </p> <p>Chicken &amp; Dumplings Spinach Birthday Cake <b><u>BIRTHDAY DAY</u></b></p>	<p><u>30</u> </p> <p>Cheeseburger Tater Tots Carrot Raisin Salad Pudding</p>

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.