
























MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>M E N U</u> <u>F O R</u> <u>OCTOBER</u> <u>2025</u> Mike Tedeschi Cook	³ <u>PLEASE NOTE:</u> The Howard J. Weston Community and Senior Center, Inc. does not discriminate on the basis of sex, race, national origin, handicap or creed.	<u>1</u>  Beef Stew Green Beans Cookies	<u>2</u>  Tuna Casserole Salad Fruit	<u>3</u>  Lasagna Salad Garlic Bread Brownies
<u>6</u>  Hot Dog Baked Beans Cole Slaw Fruit	<u>7</u>  Oven Fried Chicken Rice Peas Cookies	<u>8</u>  Creamed Chip Beef Biscuit Fruit	<u>9</u> <u>FEAST</u>  Shrimp Fries Salad Cake	<u>10</u>  Ham Sandwich Cream of Potato Soup Chips Assorted Desserts
<u>13</u>  Omelet Sausage Hash Browns Fruit	<u>14</u>  Chicken Parm Spaghetti Green Beans Pudding	<u>15</u>  French Toast Bake Sausage Fruit	<u>16</u> <u>FEAST</u>  Meatloaf Mashed Potatoes Mixed Veggies Cake	<u>17</u>  Turkey Sandwich Chicken Noodle Soup Chips Assorted Desserts
<u>20</u>  Pork Loin Rice Broccoli Pie	<u>21</u> <u>FEAST</u>  Crab Cake Rice Salad Fruit	<u>22</u>  Sausage Peppers & Onions Salad Chips Applesauce	<u>23</u>  Hamburger Onion Rings Chef's Choice Veggie Cake BIRTHDAY DAY	<u>24</u>  Tuna Sandwich Lettuce & Tomato Chips Assorted Desserts
<u>27</u>  Baked Fish Rice Carrots Pie	<u>28</u>  Stuffed Shells Green Beans Fruit	<u>29</u>  Chicken Marsala Mashed Potatoes Peas Cake	<u>30</u>  Pork Chop Oven Roasted Potatoes Mixed Veggies Pie	<u>31</u>  Roast Beef Sandwich Vegetable Beef Soup Chips Assorted Desserts

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.