

April 2026

HOWARD WESTON SENIOR CENTER

1 BASSETT AVENUE,
MANOR PARK
NEW CASTLE,
DELAWARE 19720
(302) 328-6626

STAFF

VICKI K. SHERATON
EXECUTIVE DIRECTOR

DONNA HURLEY
SITE MANAGER

BETSEY MOORE
CRAFT INSTRUCTOR

BEVERLY J. MCCOOL
PROGRAM COORDINATOR

MIKE TEDESCHI
CHEF

BOARD OF DIRECTORS

CHARLES S. STEPHAN
CHAIRMAN

DARREN WRIGHT
VICE-CHAIRMAN

GREGORY YACUCCI
TREASURER

TOM HANDLING

IDA (DEE) KELLEHER

HEATHER MILEA

KEN MOORE

BETH ORSEGA-SMITH

KEVIN WONG



BasketFest 2026

Saturday, May 16, 2026

12:30 p.m. to 3:00 p.m.

Event tickets: are \$ 30.00

Doors Open at 12:00 p.m. Drawings begin at 2:00 p.m.

Includes lunch (beginning at 1:00 p.m.)

20 tickets for the "Regular" baskets, 2 tickets for the "Super" baskets

Additional basket tickets may be purchased at the event.

We are collecting new items, wine, and gift cards to add to our baskets. If you have something you would like to donate see Vicki or Beverly.

Thank you for all your help!

DINE-OUT CLUB

April's Dine-Out will be on April 1, 2026

Little Vinnie's Restaurant Faulkland Rd. @ 4:30 p.m.

For those of you who are not familiar with our "Dine-Out" program, we visit an area restaurant on the first Wednesday of each month. It is a great time to eat out with your friends and for our singles, not having to eat alone. Generally, the restaurant will give the center a gift card to their restaurant to be used in one of our many baskets we chance off throughout the year!

MEMBERSHIP

The Weston Senior Center welcomes all persons 50 years of age and over. All members and guests participating in activities and programs offered by the center must be able to take care of their personal care needs and make independent decisions.

MISSION

THE WESTON SENIOR CENTER WAS ESTABLISHED IN 1978 FOR THE PURPOSE OF ENHANCING THE QUALITY OF LIFE FOR THE SENIOR POPULATION BY PROVIDING MUCH NEEDED SERVICES AND PROGRAMS.

E-MAIL – WestonSrCenter@aol.com

WEBSITE – WestonSeniorCenter.org

Facebook - Weston Senior Center

WESTON'S UNITED WAY number is 9336.

Website

E-mail

2024-2026 ADVISORY COUNCIL MEMBERS

Linda Brown, Ellie Bentz, Ralph Delaria, Beverly Ellis, Kathleen Fallstick, Kenny Foster, Jeannette Henretty, Dutchie Jensen, Elaine Koronik, Linda Loveless, Debbie Martin, Michele Merlonghi, Carolyn Moore, Ginger Pettyjohn, Camilla Pfeil, Shirley Renn, Cecelia Sanders, Marsha Seaton, Diane Motta-Stevenson



ADVISORY COUNCIL – The Advisory Council meets on the first Wednesday of each month at 11:00 a.m. in the Community Room. If you have concerns or suggestions, please feel free to contact a staff member or a Council member. If you prefer, the suggestion box is always available for anonymous comments, etc.

WESTON ADULT DAY CARE CENTER

Check out our NEW website: <http://www.westonadultdaycare.org/>

Weston has an Adult Day Care Center right in our building.

The Weston Adult Day Care Center is open Monday through Friday from 8:00 a.m. to 4:00 p.m. and provides services to those still independent but in need of supervision and assistance in an effort to delay their placement in long term care facilities (outside their homes).



Programs: Socialization, as well as mental and physical stimulation, becomes even more important as we age. Our Director plans a variety of social, intellectual, cultural and educational group activities based on the individual interests of our participants.

Nutritious Meals: A Registered Dietitian oversees the daily menu, which includes a nutritious lunch, as well as snacks throughout the day.

Services: Licensed Nurse on staff who coordinates care with your physician. We provide professional nursing care, medication administration, wound care, assistance with activities of daily living, including toileting and assistance with meals.

Weston Adult Day Care is open Monday thru Friday from 8:00 a.m. to 4:00 p.m. Full days, half days and flexible schedules are available. Weston Adult Day Care is fully licensed by the State of Delaware. Contact Weston Adult Day Care: 302-328-6425



Weston's Social Adult Day Care Program is the perfect solution for seniors who need assistance but would like to continue living at home. Our program is designed to provide the high quality social, nutritional, and daily living services your loved one needs in a safe, supportive and stimulating environment. This allows you, the caretaker, to go to work or take a break from your care-giving responsibilities and have the peace of mind knowing that your loved one is being well taken care of.

CAREGIVERS SUPPORT GROUP–Caregiver support is available in the Adult Day Care Center. If you know of anyone who would benefit from attending please contact us @ 302-328-6425

THE "ARTS" and THE "CRAFTS"



CRAFTS WITH BETSEY – Join our crafters daily from 9:00 a.m. to 2:00 p.m. Betsey is available Tuesdays thru Thursdays from 9:00 a.m. to 12:00 noon. Cemetery arrangements are available for \$18.00 (see Betsey).



CERAMICS – The Ceramics Room is open daily from 9:00 a.m. to 3:00 p.m. Join our talented painters as they create ceramic pieces for all occasions.



BEGINNER QUILTING CLASS– Sara Walker is our Quilting Instructor. The class is held on Fridays from 9:30 a.m.-11:30 a.m. All levels of skill are welcome!

BEGINNER KNITTING CLASS – Tuesdays @ 9:30 a.m. If you have ever wanted to learn how to knit, here is your chance! Join Betsey and friends to learn how to knit.



BEGINNER CROCHETING– Thursdays @ 1:00 p.m. Join Donna & her merry band of “Happy Hookers” every Thursday to learn a fun new skill. This class is limited to 8 students. See Donna to sign up.

CARDS AND GAMES ...



CANASTA /HAND & FOOT- Tuesdays @ 1:00 p.m. in the Community Room. If you are interested in playing, leave your name with Donna at the front desk and you will be contacted.

POKENO – Pokeno will be held on the 2nd & last Tuesday of the month. Spread the word! Tuesday, April 14 & 28, 2026 @ 1:00 p.m. Everyone is welcome.



BINGO – We would like to welcome everyone to play Bingo on Monday, Wednesday and Thursday mornings from 9:20 a.m. to 11:30 a.m. We have new and exciting games, plus an extra money pot on certain games played. Please join us – it's lots of fun and be sure to bring your pennies!



NEW POKENO GROUP– **“D & G Beginner Pokeno” Wednesdays @ 1:00 p.m.**

This is a new group for people who would like to learn how to play or want to improve their skills in a fun and relaxing atmosphere. Pokeno is a cross between Poker and Bingo. This group will be using nickels. Everyone is welcome. Come join the fun!! **(No Pokeno on April 8th. Pokeno will be rescheduled for Thursday, April 9, 2026 this week only)**



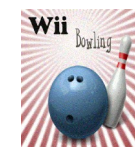
SHUFFLEBOARD – Fall Shuffleboard has 11 2-person teams. We are happy to add more. If you are interested in playing leave your name and number with Donna @ the front desk. We are also looking for substitutes. Last day of shuffleboard is Tuesday, May 26th and our end of the year party is on Tuesday, June 9th @ 11:00 a.m.



BILLIARDS – Monday-Friday. We have four billiard tables so there is always room for you to play.



POKER GROUP- Friday's @ 9:30 a.m. 3 Fridays a month. **(No poker on April 10, 2026)** All are welcome. The Weston Senior Center has added **"FRIENDLY POKER"** to its list of activities. Experienced and beginner players are all welcome to join in on the fun. While poker has a reputation of being a very serious game, our aim is to keep it an easygoing, welcoming and fun experience for all members.



PINOCHLE - Join us on Thursdays @ 9:30 a.m. in the Dining Room. We will be playing double deck and it is open to everyone.



Wii BOWLING LEAGUE UPDATE– Please mark your calendars for this years roll off. It will be held on Friday, April 17, 2026 @ Oak Grove Senior Center. This year's banquet will be held on Monday, May 4, 2026 @ 11:00a.m. here @ Weston. The last week of Wii Bowling is April 6, 2026.

CORNHOLE – Thursdays beginning @ 9:30 a.m. Show up and have fun! This is a drop in game, everyone is welcome!



RED HATS– The “Red Hot Mamas” meet on the 2nd Monday of the month at 11:00 a.m. If you are interested in joining, stop by, they are always happy to welcome new members. See Dutchie Jensen to join the group or for additional information.

NEW PROGRAMS

POKER GROUP- "Fridays @ 9:30 a.m. 3 Fridays a month. No poker on the 1st. Friday. (April 10, 2026) All are welcome. The Weston Senior Center has added "**FRIENDLY POKER**" to its list of activities. Experienced and beginner players are all welcome to join in on the fun. While poker has a reputation of being a very serious game, our aim is to keep it an easygoing, welcoming and fun experience for all members.

NEW POKENO GROUP- "D & G Beginner Pokeno"
WEDNESDAYS @ 1:00 p.m.

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POETRY CLUB- NEW DAY & TIME

The Poetry Club will now meet on the third Monday of the month beginning in April. Going forward the club will meet from April-October. This is a like minded group of people who enjoy writing, reading and reciting poetry. Everyone is welcome!



Virtual & In-Person Chair Yoga w/ Gale
Mondays from 10:30 a.m. -11:30 a.m.

Non-Denominational Bible Study Virtual & In-Person
Tuesdays from 10:30 a.m.-11:30 a.m.

NOTARY SERVICES

Vicki and Beverly provide these services should you need to have papers notarized. You must bring identification with you and sign the document in the presence of the notary.

Indoor Flea Market Notice

Please bring all purchases to the front desk and pay Donna. Kindly do not place items on the sale table. If you have items to contribute, please leave them with Donna so they can be properly priced.
Thank you for your cooperation and support!



DELAWARE HEALTH FOR ALL

May 7, 2026

9:00 a.m.– 11:00 a.m.

Blood Pressure Screenings

Weston will be partnering with the University of Delaware's HEALTH for All (Health, Empowerment, Access, Learning, Teaching, Humanity) program (formerly Mobile Health) this year. This program will provide education and outreach initiatives, as well as health screenings. Screenings would include but are not limited to, stroke, blood sugar, balance and blood pressure.

The students will engage in education and outreach opportunities here at Weston on Tuesdays and Thursdays and we will post the dates and times on the bulletin board as they become available.

"DO MORE 24"



I want to share some incredible news regarding our recent "Do More 24" fund-raising campaign. Thanks to the remarkable generosity of our members, dedicated friends, board, and staff, we successfully raised over \$30,375.00 during the 24-hour period.

We are already putting these contributions to work and have begun taking bids to move forward with the improvements to our parking lot. This progress is a direct result of your commitment to our organization.

Thank you all for your continued support. We truly could not have achieved this milestone without you.

FUNDRAISING

FUNDRAISING - FEBRUARY 2026



Below is our fundraising status
(July 1, 2025-June 30, 2026)

50/50s	\$397.00	
Donations-General	\$325.00	
Donations-Memorial	\$330.00	
Soup Sale	\$448.00	
February 2026	\$1,500.00	\$1,500.00
January 2026		\$920.55
December 2025		\$1,375.96
November 2025		\$585.27
October 2025		\$3,520.27
September 2025		\$456.00
August 2025		\$1,605.65
July 2025		\$1,026.12
Total		\$10,989.82

UNITED WAY CAMPAIGN

United Way donations can be made to the center. Please tell your family and friends working in Delaware to designate the HOWARD WESTON SENIOR CENTER as the recipient of their United Way donation.

CLOTHES CLOSET -

I wanted to share some exciting news regarding our Clothes Closet. Thanks to the hard work of Juliet and Karen, we have an amazing selection ready for you. The spring and summer clothes are now out and organized by size. Everything is available at the bargain price of \$3.00 a piece, so please come by and check it out!

10 Week Club

Tickets go on sale Monday March 2, 2026

Cost- \$5.00.

Tickets will be drawn every Wednesday from
April 29th- July 1st, 2026

Weeks 1-9

\$15.00, \$10.00 & \$5.00

Week 10

\$150.00, \$100.00 & \$50.00

WEEKLY 50/50 DRAWING

Each ticket is \$1.00
or 6 for \$5.00. Drawings are held on
Fridays @ 12:00 noon.

March 2026 Winners

Bonnie Taddeo - 2/27/2026 - \$70
Beverly Ellis - 3/6/2026 - \$109
Eileen Matarese - 3/17/2026 - \$92
Wanda Thornton - 3/20/2026 - \$106
Ray Bakomenko - 3/27/2026 - \$107

Raise Right Gift Cards

This is our Gift Card Fundraiser.
There is an amazing selection of gift cards to
choose from. See Donna for an order form. Turn
around time should be
approximately 1 week.

**We will be placing our next order on
Friday, April 24, 2026**

Thank you!
(We need to have \$1,000.00 in card
orders to place an order.)

INK CARTRIDGES

Thanks to everyone who donates their used ink cartridges to the center. We use them to earn credits for purchases that will benefit the center. Your donations are helping to reduce our supply costs. Keep them coming!

SAVE THE DATE-BASKETFEST 2026!

**Our most popular fundraiser is
scheduled for**

Saturday, May 16, 2026

Tickets will be \$30.00 and

**Includes 20 regular tickets, 2 super ticket
and lunch.**

**This fundraiser is open to the public, so
let your friends and family know!**

Tickets go on sale now!

WELLNESS AND PHYSICAL FITNESS ...

CHAIR YOGA W/GALE-Mondays from 10:30 a.m.-11:30 a.m.

Join Gale on Mondays from 10:30 a.m.–11:30 a.m. The charge for this class is \$5.00 per person. Stop by and check it out!



CARDIO DRUMMING-Tuesdays from 1:00 p.m.-2:00 p.m. The charge for this class will be \$5.00 per person or you can guarantee a seat by paying by the month. See Donna for more information.



LINE DANCE CLASS – Wednesdays @ 10:00 a.m. Join us on Wednesday mornings from 10:00 a.m. to 11:00 a.m. You are guaranteed to get some great exercise while having lots of fun. The charge for this class is \$5.00 per person.



NEW TIME -LOW IMPACT CARDIO CLASS– Thursdays @ 12:45 p.m. Join Mary Ellen Louise for a wonderful workout utilizing bands, weights and balls to improve your cardio functions. The charge for this class is \$5.00 per person.

NEW CARDIO DRUMMING-Thursday from 2:00 p.m.-3:00 p.m. The charge for this class will be \$5.00 per person or you can guarantee a seat by paying by the month. See Donna for more information.



STRENGTH TRAINING w/ GALE– Fridays @ 10:30 a.m. The charge for this class is \$5.00 per person. One of the best ways to keep muscles healthy and strong is through exercise called strength training—sometimes known as weight lifting or resistance training. (No class on April 3rd & 24th)

WALK, WALK, WALK - Watch out in the hallways! Our “walkers” are off and walking!! Walking will enhance your health and make you feel better. Did you know that 5 times around the “U” equals 1 mile?



HEALTH SERVICES

GOOD RX – Did you know you may be able to get a price break on your prescriptions? Visit GoodRX.com, enter your prescriptions and check the prices. If your prescription is available at a cheaper price, you simply print a coupon and take it to your pharmacy. If you have questions or need help navigating the website, please see Beverly.



ADVANCE HEALTH CARE DIRECTIVE – It is important for you to have an Advance Health Care Directive, more commonly referred to as a “living will”. If you have never completed a “living will”, see Donna for a form. For those who already have a “living will”, you may want to review it periodically to see that it still does what you want.



NEMOURS HEALTH CLINIC – Provides comprehensive dental care, eye examinations, eyeglasses, hearing tests and hearing aids to those who qualify. To qualify, you must be 65 years of age or older, a resident of Delaware and a United States Citizen. Income levels are \$26,355 for a single person and \$40,880 for a married couple after Medicare Part B is taken out. For more information, please contact the clinic at (800) 292-9538 .

CAREGIVER RESOURCE CENTER – The Howard Weston Senior Center is a “Caregiver Resource Center” site location. If you are a caregiver and in need of information on services available to you, please feel free to visit our display in the lobby by the fireplace.

DMOST provides a single document that functions as an actionable medical order and transitions with a patient through all health care settings in order that their wishes for life-sustaining treatment and CPR will be clearly indicated. The Delaware Medical Orders for Scope of Treatment (DMOST) program is designed to improve the quality of care people receive at the end of life by translating patient/resident goals and preferences into medical orders. See Beverly for the form!



SERVICES

BOOK AND VIDEO LENDING LIBRARY – Our Book and Video Lending Library has a great selection of books and videos for you to borrow. If you find something you would like to view, please check your videos out with Donna and let her know when they are returned.



GIFT CERTIFICATES – The Weston Senior Center has GIFT CERTIFICATES (and Lunch Tickets) available throughout the year in whatever denomination you desire. They are redeemable for anything available at the center and they make great gifts. Be sure to tell your family and friends that you want a gift certificate from the Weston Senior Center. You may want to give one to a friend.



DELAWARE VOLUNTEER LEGAL SERVICES - Jacquelyn Chicono can assist you with more complex legal issues if you qualify for this program. For more information please call 302-478-8680.



LEGAL AID – The Elder Law Program (ELP) of Community Legal Aid Society, Inc. provides limited legal assistance to Delawareans aged 60 years or older. The services provided by ELP are free of charge. What problems are handled by the elder law program? Powers of Attorney and Advance Health Care Directives (formerly known as Living Wills); Consumer problems such as debt collection and home repair cases; Housing problems such as evictions; Benefits issues such as Medicaid and Social Security. Note: The Elder Law Program does not do simple wills. If you need assistance please call Michelle McLean @ 302-575-0666.



DELAWARE ENERGY ASSISTANCE PROGRAM – The Delaware Energy Assistance Program provides assistance with the payment of energy bills for low-income households. You will need to supply documents verifying your income if you wish to apply for participation in this program. While the income limits change each year, we understand that the figures for this year are \$34,903 for a single person and \$45,042 for a couple. If you believe you qualify and want to apply or if you need more information, call 654-9295 or 654-6474.



AARP DRIVERS SAFETY CLASS –. Class begins @ 9:30 a.m. The next **Refresher class** is scheduled for Tuesday, May 12, 2026. The cost is \$20.00 for AARP members and \$25.00 for non-members. Please make checks payable to AARP. See Donna for more information.



STAND BY ME 50+ - Stand by Me 50+ will be here on the last Tuesday of each month from 9:00 a.m. until 11:30 a.m. in the Multi-Purpose Room. This program provides information, resources and support to increase the economic stability of Delawareans age 50 and older who are planning for or in, retirement. For more information or to schedule an appointment please call Karen Summa @ 302-565-9636 .



SENIOR LEGAL HOTLINE – There is a resource available for Delawareans who are age 60 and older. The Senior Legal Hotline is now up and running. The hotline hours are 9:00 a.m. to 4:30 p.m., Monday thru Thursday. The phone numbers are 302-478-8850 in New Castle County .Callers can receive free legal advice on a variety of issues. There are no income requirements for the hotline. The advice will be provided by either a DVLS staff attorney or a volunteer attorney.



THE VIAL OF LIFE– The Vial of L.I.F.E program is a medical information form that the owner completes, then places in the provided medication bottle that is labeled “Vial of L.I.F.E” and placed in your refrigerator. The form includes your medical history, daily medications, demographics, doctor, hospital preference and an emergency contact. The medication bottle is kept in your refrigerator in direct view. The kit also comes with a Vial of L.I.F.E magnet to place on the refrigerator that signifies your participation in this program. *** Make sure to up-date this information as your medications change. We have just received a restock of vials, see Beverly.**



SENIOR ROLL CALL – Senior Roll Call is a program provided by the New Castle County Police. This telephone reassurance program calls senior citizens on a daily basis with a prerecorded safety message. To enroll in this program, call 302-395-8159. Senior Roll Call is looking for volunteers. If you have questions, please see Vicki or Beverly.

NEWS FROM THE COMMUNITY...



DONATIONS FOR THE LION'S CLUB – Do you have any old eyeglasses or hearing aids lying around the house? Please donate them to someone who needs them. Bring them to the center and put them in the Lion's Club donation box.

PLEASE READ!



RESERVING SEATS/MOVING RESERVED SEATS – Our dining room is a very popular place – used for more than just dining. Seats can only be reserved daily when you arrive at the center. Please feel free to place a name tag at your seat. Your cooperation is greatly appreciated.



SAFETY FIRST! -Please help us keep the center and our members safe by hanging your coats/sweaters in the closets. Do not put them on the back of your chair. Also, please do not put your pocketbooks, bags or canes on the tables. Thank you!

PARKING LOT SAFETY



PLEASE FOLLOW THE ARROWS WHEN ENTERING AND EXITING THE SENIOR CENTER. We have had several “close calls.” Please stay to the right when entering. The few additional seconds it takes you to follow the arrows may save someone’s life or an increase in your insurance rates. PLEASE BE SAFE!



DONATIONS

Donations are welcome at any time. We are currently collecting donations to help offset the cost of maintaining our building. Please support the center if you can! Special thanks to those that have made such generous contributions so far!

iPhone & iPad Help is Available!

Do you have an iPhone or iPad and are tired of asking your children & grandchildren to help you with it? Ron Pierce has generously offered his services to answer questions

about your iPhones and iPads

He will be here every Tuesday from 9:00 a.m.-11:00 a.m.

COMPUTER LAB

If you have computer skills, please feel free to visit the lab to work on your computer skills, check your e-mail, send e-mail messages, surf the internet, play games, etc.

<u>April 2026</u>		
2nd: 9:30 a.m. to 11:30 a.m. Practice your skills.	9th: 9:30 a.m. to 11:30 a.m. Practice your skills.	16th: 9:30 a.m. to 11:30 a.m. Practice your skills
	23rd: 9:30 a.m. to 11:30 a.m. Practice your skills	30th: 9:30 a.m. to 11:30 a.m. Practice your skills

NEW MEMBERS



Please take time to meet and welcome the newest members of the Weston Senior Center family. A BIG WELCOME to the following new members who joined our center from February 15, 2025 to March 15, 2026:

Patti Benson	Mary Downes	Cynthia Hamlin	Mike Ratcliff	Beverly Stokes



ALL EXERCISE CLASSES ARE HELD IN OUR EXERCISE CLASSROOM

MONDAY– Chair Yoga w/ Gale 10:30 a.m. Cost \$ 5.00 per class.

TUESDAY– Cardio Drumming w/ Gale 1:00 p.m. Cost: This class, you can pay a month at a time or drop-ins @ \$5.00 if we have the space. Check with Donna when you come in.

WEDNESDAY - Line Dancing w/ Joanne 10:00 a.m. Cost \$5.00 per class.

THURSDAY - NEW TIME! Low Impact Cardio w/ Mary Ellen 12:45 p.m. Cost \$ 5.00 per class.

THURSDAY - Cardio Drumming w/ Gale 2:00 p.m. Cost: This class , you can pay a month at a time or drop-ins @ \$5.00 if we have the space. Check with Donna when you come in.

FRIDAY– Strength Training w/ Gale 10:30 a.m. Cost: \$5.00 per class.

FITNESS CENTER

- ◆ The cost to join the Fitness Center will be \$10.00 per month until the end of the year.
- ◆ Beginning in January 2026, you can join the Fitness Center for \$100.00 for the year (saving \$20.00) or pay \$10.00 on a month-to-month basis.
- ◆ In order for you to use the Fitness Center you must sign a waiver stating you are exercising at your own risk and have a training session with a staff member.
- ◆ Please check with your Doctor to determine if it is safe for you to exercise.

CHAIR MASSAGE

Chair Massage **every Wednesday** from 9:30 a.m.-1:30 p.m.

10 Minutes-\$5.00

15 Minutes- \$10.00 30 Minutes- \$25.00

Donna will be scheduling services at the front desk. Cash payment will be required at the time of sign-up.





TAXPAYER ASSISTANCE– Tax preparers will be here beginning Thursday, February 5, 2026 through Thursday, April 9, 2026. We will be utilizing a special voicemail system. If you need an appointment please call 302-328-6626 Ext. 7 and leave a message. We will return your call. **WAIT LIST ONLY**

PEN PALS UPDATE– We wanted to share some important details regarding our upcoming visit to Wilmington Manor Elementary on Wednesday, May 20th. Please meet the group in the school parking lot at 10:30 AM. We kindly ask that you do not bring any individual gifts for your pen pal, as we will be providing supplies and gifts for everyone to ensure consistency. If you are unable to attend the visit, please notify Vicki as soon as possible so we can make the necessary arrangements. Thank you for your cooperation and for your continued participation in this program.

MEMORY PILLOWS– The craft room will be creating memory pillows for our members who have lost a loved one. You will need to bring a t-shirt, flannel, sweatshirt or oxford shirt from your loved one. Each pillow will cost \$15.00. If you are interested please see Betsey in the craft room.

CROCHET SOCIAL GROUP– **Thursdays 1:00 p.m.** Now that you've refreshed your crochet skills, it's time to set you free! The Crochet Social Group will be meeting in the Community Room Thursdays beginning at 1:00pm. Bring your project to work on, share patterns, teach your fellow crocheters a new stitch and just spend time hanging out with friends! Donna will pop in from time to time to see what you're working on and answer any questions you may have.

BLANKETS - Calling all knitters, crocheters and quilters! We are looking for people who can knit, crochet or quilt lap blankets for adults to be donated during the winter months. Please see Donna or Betsey for details on materials to be used and sizes.

A MATTER OF BALANCE– Mondays March 30– May 18, 2026 from 9:30 a.m.– 11:30 a.m. A Matter of Balance is an evidence-based program designed for older adults (60+) to reduce the fear of falling and increase activity levels. The program features eight, two-hour sessions focusing on viewing falls as controllable, making environmental changes, and improving strength and balance.

April 2026

BAKE SALE AND EASTER FEAST– **Thursday, April 2, 2026.** Bake sale begins @ 9:00 a.m. Please see the sign-up sheet in the greeting area. The feast will begin at 12:00 noon. Tickets go on sale Monday, March 9, 2026. Cost-\$ 5.50. You may purchase 1 ticket for yourself and 1 additional ticket. **(Sold out Wait List Only)**

CENTER IS CLOSED– **GOOD FRIDAY**– **Friday, April 3, 2026.**

LIISA'S PAINTING CLASS– **"Spring has Sprung"** **Wednesday, April 8, 2026 @ 12:30 p.m.** Cost- \$15.00
Class is limited to 12. See Donna to sign up.

FRIDAY BINGO & LUNCH–**Friday, April 10, 2026 @ 10:00.** Our theme this month is "National Siblings Day" Bingo. Cost \$6.00, includes 10 games of Bingo and lunch. Bring your dabbers.



April 2026

SPRING BOCCE MEETING– Monday, April 13, 2026. Join us at 10:00 a.m. for the kickoff of our Spring Bocce group! If you're interested in playing this season, please attend this meeting as we review the rules and organize teams. We look forward to seeing you there!

STOP THE BLEED- Wednesday, April 15th at 10:30 a.m. Stop the Bleed is a national awareness campaign and call-to-action. Stop the Bleed is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. Training includes discussing calling 911, wound packing, direct pressure, and tourniquet use.

Wii BOWLING ROLL OFF & BANQUET INFORMATION– Friday, April 17, 2026 @ 9:00 a.m. at Oak Grove Senior Center. We anticipate perhaps 2 teams being in the roll off so mark your calendars. The Wii bowling banquet will be held here at Weston on Monday, May 4, 2026 @ 11:00 a.m. Please sign up with Donna at the front desk by Wednesday April 29, 2026.

STONEWARE BOWL CLASS– “Frozen Pond” Thursday, April 23, 2026 @ 9:00 a.m.

Cost: \$25.00 This is a new technique called “Frozen Pond” Everyone will do the same medium bowl and the same color scheme. Class is limited to 16. See Donna to sign up.

VOLUNTEER APPRECIATION DAY– Monday, April 20, 2026 We don't say it enough, but we truly appreciate all of our volunteers. Our members are amazing—always willing to lend a hand and help wherever needed. Thank you from the bottom of our hearts. We couldn't be **the best senior center in New Castle County** without your love and support!

MAY 2026

FRIDAY BINGO & LUNCH–Friday, May 1, 2026 @ 10:00 a.m.. Our theme this month is “Lei Day” also known as “Hawaiian May Day” Bingo. Cost \$6.00, includes 10 games of Bingo and lunch. Bring your dabbers.

Wii BOWLING BANQUET– Monday, May 4, 2026 @ 11:00 a.m. Here at Weston. Please sign up with Donna.

THINK FIRST TO PREVENT FALLS-Wednesday, May 13, 2026 @ 10:30 a.m.

ThinkFirst To Prevent Falls is now available as a presentation on the basics of fall prevention for older adults. Topics covered include: overview of the brain, concussions, significance of falls, fear of falling, safety inside the home, community safety, talking with your physician, nutrition, exercise, vision, medications, and community resources.

SAVE THE DATE– BasketFest is back!! Saturday, May 16, 2026 !! We are collecting new items, wine, and gift cards to add to our baskets. If you have something you would like to donate see Vicki or Beverly. Thank you for all your help! **Tickets are on sale now! Cost \$30.00**

Mother's Day TEA

❁ Mother • Daughter • Sister • Friend ❁ Tea Party Celebration

You're warmly invited to a delightful afternoon of tea, treats, and togetherness!

📅 **Date:** Tuesday, May 19, 2026

🕒 **Time:** 1:00 p.m.

Cost: \$7.00

📍 **Location:** Weston Senior Center

Join us as we celebrate the special bonds we share with the important women in our lives. Bring your mother, daughter, sister, or a cherished friend for an elegant and fun-filled tea party.

✦ **What to Expect:**

- Assorted teas & light refreshments
- Sweet treats & finger sandwiches
- Music, laughter & great company

Optional: Wear your favorite tea party hat!

Let's sip, smile, and celebrate friendship and family together!

Last day to sign up is Tuesday, May 12, 2026



🍩 Donuts with Dads 🍩

A Celebration for Fathers, Friends, Uncles & Brothers

Join us for a fun and relaxed gathering honoring the amazing men in our lives!

📅 **Date:** TUESDAY, June 23, 2026

🕒 **Time:** 10:00 a.m.

📍 **Location:** Weston Senior Center

Bring your dad, brother, uncle, friend—or come as you are—and enjoy a morning filled with good food, laughter, and great company.

✦ **What to Expect:**

- Fresh donuts & hot coffee
 - Fun games & friendly competition
 - Music & social time
- Plenty of laughs!

📄 **Cost:** \$5.00

📞 **RSVP by:** Tuesday, June 16, 2026

Come hungry, bring a friend, and let's celebrate together!

The Weston Senior Center is hosting:

“BasketFest 2026”



Saturday, May 16, 2026
12:30 p.m. to 3:00 p.m.



Event tickets: are \$ 30.00

- Includes lunch (beginning at 1:00 p.m.)
- 20 tickets for the “Regular” baskets
- 2 tickets for the “Super” baskets

Doors Open at 12:00 p.m.

Drawings begin at 2:00 p.m.

Additional basket tickets may be purchased at the event.

“Regular” basket tickets are 10 for \$5 and

“Super” basket tickets are \$1 each.

This event is open to the public, so spread the word!

Weston Senior Center

1 Bassett Avenue

New Castle, DE 19720

302-328-6626

WESTON WANDERERS GET READY!!

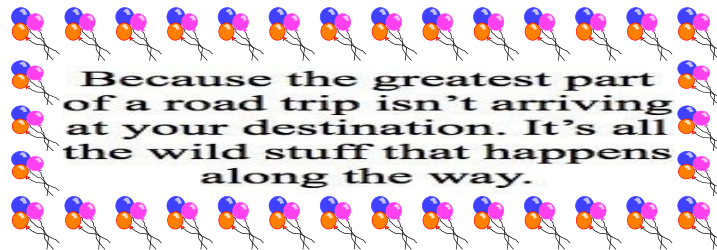
Below is a list of trips for 2026.

Please see the flyers on the bulletin board for more information.

- ♦ Dude Ranch, New York- May 6-8, 2026 \$690 Double \$690 Single
- ♦ Island Hoppin', Ohio- August 4-7, 2026 \$760 Double \$1,020 Single
- ♦ Holly Dolly Christmas, Tennessee - November 30, 2026 -December 4, 2026 \$1,095 Double \$1,455 Single
- ♦ Caribbean Cruise* January 23, 2027 - February 2, 2027 \$1,475 Inside Double \$1,915 Balcony Double \$2,255 Inside Single \$3,095 Balcony Single
Additional form needs to be filled out. See Donna. PASSPORT NEEDED

*Reminder – Refunds will only occur if a trip is cancelled or if your spot is replaced by someone from the waitlist. Trip insurance is available. Ask if interested.

OVERNIGHT TRIPS -- \$100 deposit PER TRIP required/*Cruise \$250



New Trip Sign-Up Procedures

Due to an increase in activity at the front desk, it has become necessary for us to change our trip sign-up procedures.

There will be a drop box located in the lobby. Next to it will be trip sign-up/payment sheets. These sheets need to be filled out completely each time you are signing up for a trip or making a payment. Attach your check to the slip and drop it in the box. Cash payments will need to be made at the front desk but you still need to complete the form before you take your payment to the desk. Sign-ups will be processed daily and if a trip is full, a note will be placed indicating wait list only. If a trip is full and you are interested, please put a note in the box indicating so (no deposit necessary). Many times we have cancellations and are looking at the wait list to fill the vacancies. Information regarding the trips will be hung in the lobby.

Please use your phone to take a pictures of the planned trip itineraries as copies will be limited. This information will also be viewable on our website.

Please note that the itineraries are subject to change if necessary due to unforeseen closures, etc.

What's Cooking?

News from the Kitchen!

BRINGING FOOD INTO OUR CENTER

Our policy is that outside food is not permitted in the center. However, there are times that exceptions can be made. Examples are when someone has a food allergy and can't eat what's on the menu, medication requires eating frequently. Those needing an exception MUST get permission from a staff member. Your cooperation is appreciated.

SUGAR FREE DESSERT-For those of you who are Diabetic, we offer a sugar free pudding option. Please ask Mike when you are going through the lunch line.

Turkey and Vegetable Barley Soup

Ingredients

- 1 tablespoon canola oil
- 5 medium carrots, chopped
- 1 medium onion, chopped
- 2/3 cup quick-cooking barley
- 6 cups reduced-sodium chicken broth
- 2 cups cubed cooked turkey breast
- 2 cups fresh baby spinach
- 1/2 teaspoon pepper

Directions

In a large saucepan, heat oil over medium-high heat. Add carrots and onion; cook and stir until carrots are crisp-tender, 4-5 minutes.

Stir in barley and broth; bring to a boil. Reduce heat; simmer, covered, until carrots and barley are tender, 10-15 minutes. Stir in turkey, spinach and pepper; heat through.

Nutrition Facts

1-1/3 cups: 208 calories, 4g fat (1g saturated fat), 37mg cholesterol, 662mg sodium, 23g carbohydrate (4g sugars, 6g fiber), 21g protein. 1/2 fat.



LUNCH POLICY

We are asking that our members sign up for lunch the day before by 2:00 p.m. This will allow us to determine how much food needs to be prepared. You will be permitted to call in for lunches. You will also be allowed to order a week at a time.

TABLE CLEANING PROCEDURES

We have gone back to cleaning the tables with buckets and rags. Each person will be responsible for their own lunch space. Buckets with soapy water will be stationed at the end of each table.

Thank you for your cooperation.

NEW PRICE FOR LUNCH, FEASTS AND TAKE-OUT

The original definition of a "take-out" meal was to provide a noon-time meal for those who are homebound. Over the years, that has changed to a "take-out" meal for whoever wanted one. We must go back to the true definition of homebound and adjust the price of the three options for meals.

ALL TAKE OUT & HOMEBOUND MEALS CAN BE PICKED UP @ 12:30 P.M.

Our lunch, feast and buffet donations will be as follows.

EAT-IN -

- Regular Lunch - \$3.50
- Feast - \$4.50
- Holiday Feast - \$5.50

HOMEBOUND -

- Regular Lunch - \$4.50
- Feast - \$5.50
- Holiday Feast - \$6.50

TAKE-OUT -

- Regular Lunch - \$6.00
- Feast - \$7.00
- Holiday Feast - \$8.00

Name: _____ Date: _____

- APRIL
- BLOSSOM
- BREEZE
- BUD
- BULBS
- BUNNY
- BUTTERFLY
- CHICK
- DAFFODIL
- EASTER
- EGGS
- GRASS
- GREEN
- HATCH
- JUNE
- MARCH
- MAY
- NEST
- PUDDLE
- RAINBOW
- ROBIN
- SEASON
- SHOWERS
- SUNSHINE
- THAW
- TULIP
- UMBRELLA



DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

F	T	L	Y	T	O	I	B	R	J	K	V	S	B	G	M	U	M	M
A	A	E	J	F	D	L	O	F	U	M	S	O	T	A	F	V	Z	H
U	L	H	P	U	D	D	L	E	P	A	E	E	Y	S	D	T	B	E
S	B	L	U	B	Q	L	F	R	R	Z	T	G	Y	T	H	A	W	U
L	X	Z	B	U	N	N	Y	G	K	Q	B	W	G	F	R	Q	X	M
W	M	S	H	O	W	E	R	S	G	B	L	O	S	S	O	M	C	B
P	W	U	M	P	N	V	A	R	Q	T	G	E	F	G	D	X	Z	R
F	T	N	K	A	K	H	V	H	E	K	P	B	R	E	T	S	A	E
G	E	S	W	O	R	O	B	I	N	C	O	F	R	J	M	P	J	L
M	Y	H	M	L	Y	C	L	L	J	I	Z	B	H	E	D	U	Z	L
N	N	I	Q	Q	I	U	H	I	T	H	R	U	T	Z	E	T	W	A
L	E	N	U	H	S	X	Z	D	U	C	Z	T	P	S	N	Z	Q	A
R	Y	E	Y	Y	N	N	M	O	L	H	N	T	Z	B	E	X	E	F
O	A	U	R	I	U	O	D	F	I	G	E	E	H	G	A	N	Q	T
W	P	I	J	G	G	K	S	F	P	P	J	R	J	I	A	S	A	M
K	R	J	N	Z	B	E	X	A	Y	B	C	F	J	H	A	T	C	H
B	I	S	U	B	U	X	M	D	E	B	F	L	Y	W	M	B	B	H
X	L	M	B	N	O	A	C	T	J	S	U	Y	H	B	H	G	Y	F
X	X	I	J	W	E	W	R	D	V	E	D	D	K	A	A	W	H	M

Monday	Tuesday	Wednesday	Thursday	Friday
		1	Bake sale today!! 2	3
		9:00– Fall Wii Bowling 9:30– Women's Club! 9:30– Chair Massage 9:30- Bingo 10:00– Line Dance 1:00– D & G Beginner Pokeno 4:30– Dine Out– Little Vinnie's Restaurant Faulkland Rd.	9:00– Fall Wii Bowling 9:30– _Cornhole 9:30-Pinochle 9:30- Bingo 12:00–Easter Feast 12:45–Low Impact Cardio 1:00– Crochet Social 2:00– Cardio Drumming	
6	7	8	9	10
9:00– Fall Wii Bowling 9:30- Bingo 9:30– A Matter of Balance 10:30–Chair Yoga 	9:00– Fall Wii Bowling 9:00– iPhone & iPad Help w/ Ron Pierce 9:30–Fall Shuffleboard 10:30– Bible Study 12:45– Canasta 1:00-Cardio Drumming 	9:00– Fall Wii Bowling 9:30– Women's Club! 9:30– Chair Massage 9:30- Bingo 10:00-Line Dance 12:30– Painting Class w/ Liisa	9:00– Fall Wii Bowling 9:30– Cornhole 9:30-Pinochle 9:30- Bingo 12:45–Low Impact Cardio 1:00– Beginner Crocheting 1:00– Crochet Social 2:00– Cardio Drumming 1:00– D&G Beginner Pokeno	9:30- Beginner Quilting 10:00– Bingo & Lunch 10:30– Strength Training w/ Gale
13	14	15	16	17
9:30- Bingo 9:30– A Matter of Balance 10:00– Spring Bocce Meeting 10:30–Chair Yoga 11:00-Red Hats	9:00– iPhone & iPad help w/ Ron Pierce 9:30–Fall Shuffleboard 10:30– Bible Study 12:45– Canasta 1:00-Cardio Drumming 1:00– Pokeno 	9:30– Chair Massage 9:30– Women's Club! 9:30- Bingo 10:00– Line Dance 10:30– Stop The Bleed 1:00– D&G Beginner Pokeno	9:30– Cornhole 9:30-Pinochle 9:30- Bingo 12:45–Low Impact Cardio 1:00– Beginner Crocheting 1:00– Crochet Social 2:00– Cardio Drumming	9:30– Poker 9:30- Beginner Quilting 10:30– Strength Trai 
20	21	22	23	24
VOLUNTEER APPRECIATION DAY 9:30- Bingo 9:30– A Matter of Balance 10:30–Chair Yoga 	9:00– iPhone & iPad help w/ Ron Pierce 9:30–Fall Shuffleboard 10:30– Bible Study 11:00 - Veterans Social M 12:45– Canasta 1:00-Cardio Drumming 	9:30– Chair Massage 9:30- Bingo 9:30– Women's Club! 10:00– Line Dance 1:00– D&G Beginner Pokeno 	9:00– Stoneware Bowl Class 9:30– Cornhole 9:30-Pinochle 9:30- Bingo 12:45–Low Impact Cardio 1:00– Beginner Crocheting 1:00– Crochet Social 2:00– Cardio Drumming	9:30– Poker 9:30- Beginner Quilting 10:30– Strength Training w/ Gale 
27	28	29	30	
9:30- Bingo 9:30– A Matter of Balance 10:30–Chair Yoga 	9:00– iPhone & iPad help w/ Ron Pierce 9:30–Fall Shuffleboard 10:30– Bible Study 12:45– Canasta 1:00-Cardio Drumming 1:00– Pokeno 	9:30– Chair Massage 9:30- Bingo 9:30– Women's Club! 10:00– Line Dance 1:00– D&G Beginner Pokeno	9:30– Cornhole 9:30-Pinochle 9:30- Bingo 12:45–Low Impact Cardio 1:00– Beginner Crocheting 1:00– Crochet Social 2:00– Cardio Drumming	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MENU FOR</p>  <p>APRIL 2026</p> <p>Mike Tedeschi Cook</p>	<p>PLEASE NOTE:</p> <p>The Howard J. Weston Community and Senior Center, Inc. does not discriminate on the basis of sex, race, national origin, handicap or creed.</p>	<p><u>1</u> </p> <p>Chicken Fingers Fries Vegetable Dessert</p>	<p><u>2</u> EASTER FEAST </p> <p>Ham Sweet Potato Casserole Au Gratin Potatoes Broccoli/Corn Roll Apple Cake</p>	<p><u>3</u> </p> <p>CENTER CLOSED</p> <p>GOOD FRIDAY</p>
<p><u>6</u> </p> <p>Chicken Marsala Rice Vegetable Dessert</p>	<p><u>7</u> </p> <p>Baked Spaghetti Vegetable Dessert</p>	<p><u>8</u> </p> <p>Creamed Chip Beef Biscuit Hash Brown Fruit</p>	<p><u>9</u> </p> <p>Meatball Sandwich Corn Nuggets Chips Dessert</p>	<p><u>10</u> </p> <p>Chicken & Dumplings' Vegetable Dessert</p>
<p><u>13</u> </p> <p>Salisbury Steak Oven Roasted Potatoes Vegetable Dessert</p>	<p><u>14</u> </p> <p>BBQ Chicken Mac & Cheese Vegetable Dessert</p>	<p><u>15</u> FEAST </p> <p>Pork Chops Garlic Mashed Potatoes Vegetable Dessert</p>	<p><u>16</u> </p> <p>Lasagna Salad Garlic Bread Brownies</p>	<p><u>17</u> </p> <p>Ham & Cheese Sandwich Chef Choice Soup Chips Dessert</p>
<p><u>20</u> </p> <p>Fried Chicken Sweet Potato Casserole Vegetable Dessert</p>	<p><u>21</u> FEAST </p> <p>Salmon Rice Vegetable Dessert</p>	<p><u>22</u> </p> <p>Hot Dog Baked Beans Vegetable Dessert</p>	<p><u>23</u> FEAST </p> <p>Meatloaf Potatoes Au Gratin Vegetable Dessert</p>	<p><u>24</u> </p> <p>Turkey Sandwich Chef Choice Soup Chips Dessert</p>
<p><u>27</u> </p> <p>Hamburger Fries Vegetable Dessert</p>	<p><u>28</u> </p> <p>Sloppy Joe Cole Slaw Chips Dessert</p>	<p><u>29</u> FEAST </p> <p>Shrimp Lemon Rice Salad Dessert</p>	<p><u>30</u> </p> <p>Baked Chicken Rice Vegetable Cake</p>	

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.