

























MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;"><u>MENU</u> <u>FOR</u></p>  <p style="text-align: center;"><u>JULY</u> <u>2026</u></p> <p>Mike Tedeschi Cook</p>	<p><u>PLEASE NOTE:</u></p> <p>The Howard J. Weston Community and Senior Center, Inc. does not discriminate on the basis of sex, race, national origin, handicap or creed.</p>	<p><u>1</u> </p> <p>Chicken Parmesan Spaghetti Green Beans Dessert</p>	<p><u>2</u> </p> <p>Hot Dog Sauerkraut Chips Fruit</p>	<p><u>3</u> </p> <p style="text-align: center;">CENTER CLOSED</p> <p style="text-align: center;"><u>INDEPENDENCE</u> <u>DAY HOLIDAY</u></p>
<p><u>6</u> </p> <p>Lasagna Green Beans Garlic Bread Dessert</p>	<p><u>7</u> </p> <p>Chef Salad w/ Ham & Turkey Roll Dessert</p>	<p><u>8</u> <u>FEAST</u> </p> <p>Pork Chops Mashed Potatoes Peas & Onions Dessert</p>	<p><u>9</u> </p> <p>Creamed Chip Beef Biscuit Hash Brown Dessert</p>	<p><u>10</u> </p> <p>Chicken Potato Salad Broccoli Salad Watermelon</p>
<p><u>13</u> </p> <p>Wings Fries Vegetable Dessert</p>	<p><u>14</u> </p> <p>Beef Stew Cornbread Dessert</p>	<p><u>15</u> </p> <p>Sausage Peppers & Onions Cole Slaw Dessert</p>	<p><u>16</u> <u>FEAST</u> </p> <p>Shrimp Salad Fries Dessert</p>	<p><u>17</u> </p> <p>Turkey Sub Chips Fruit Dessert</p>
<p><u>20</u> </p> <p>Hamburger Onion Rings Chips Fruit</p>	<p><u>21</u> </p> <p>Chicken Wings Mac & Cheese Vegetable Dessert</p>	<p><u>22</u> </p> <p>Taco Salad w/ All the fixins' Dessert</p>	<p><u>23</u> <u>FEAST</u> </p> <p>Salmon Rice Green Beans Dessert</p>	<p><u>24</u> </p> <p>Ham & Cheese Hoagies Fruit Chips Dessert</p>
<p><u>27</u> </p> <p>Meatball Sub Macaroni Salad Vegetable Dessert</p>	<p><u>28</u> </p> <p>Potato Bar w/ All the fixins' Dessert</p>	<p><u>29</u> </p> <p>Pizza Salad Dessert</p>	<p><u>30</u> </p> <p>Chicken Fingers Fries Vegetable Cake</p>	<p><u>31</u> </p> <p>Roast Beef Sandwich Chips Fruit Fries</p>

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change.