

Navigating Retirement



Next Meeting: April 8, 2025

Our next meeting is on Tuesday, April 8, from 1:30 pm to 3:30 pm at The Polish Hall, 554 Hill Street, London. Our agenda will include:

1. Given the chaos occurring in the travel industry, we have invited Marco Moriani from BMA Insurance to provide an update on travel and cancellation insurance
2. Graeme and Linda Tindale from the London Bridge Club
3. Update on Deferring Property Taxes for lower-income retirees
4. Platforms of Political Parties related to seniors in the upcoming election

Glenda Cumming from Veni Windermere on the Mount Retirement Living will provide refreshments at the break.

Note: We can no longer reserve tables and our doors will open at 1:10 p.m.

Monthly Charitable Door Prize

At all of our meetings, one guest can win a draw for a \$100 donation to the registered charity of their choice. At our March meeting, Garnet won the draw and a \$100 donation was made to Mission Services.

Navigating Retirement's Premier Culinary Social

Our first culinary Social will be held at the Basha Restaurant on Tuesday, April 29th at noon. They are located at 1600 Hyde Park Road. Additional sign-up sheets will be available at our April 8th meeting.

Submission on Property Tax Deferrals

In February 2024, Navigating Retirement made a submission to London City Council to allow lower-income seniors to defer property tax. Similar plans are in place in most major cities. On April 1, the City rejected our proposal by an 8 -7 vote. Summary of voting:

Yeas: (7) - A. Hopkins, D. Ferreira, H. McAlister, J. Pribil, S. Franke, S. Stevenson, S. Trosow

Nays: (8) - C. Rahman, E. Pelozza, Mayor J. Morgan, P. Cuddy, P. Van Meerbergen, S. Hillier, S. Lehman, S. Lewis

Stratford Festival Series at the London Public Library

May 1	Comedy
May 8	Devised Theatre
May 15	Stage Combat
May 22	Song and Dance

Time: 7 – 8 pm.

This series features four hands-on workshops facilitated by Festival teaching artists. Wear Comfortable clothing. Enter a draw to win 2 free tickets to the show of your choice. Register one week in advance online, in person, or by calling 519-661-4600.

Walk for Alzheimer's

The annual **Walk for Alzheimer's** is Saturday, May 24. The Alzheimer Society Southwest Partners will be hosting walks in London, St. Thomas, Tillsonburg and Woodstock, with the London walk taking place at Mother Teresa Catholic Secondary School. There are 14,500 people living with dementia in our region and participating in the walk is a great way to show support for all those impacted. Join us as a sponsor, participant or volunteer. More information is available at alzswp.ca/wfa.

Seniors Learning in Retirement

The Spring Open House is Tuesday, April 8th at Grosvenor Lodge, 1017 Western Road, from 10:00am to noon. This is an information meeting for sessions that start the week of April 21. You can get details of the courses on their website at <https://srlondon.com/>

Canadian Dental Care Plan

To apply online for the Canadian Dental Care Plan visit:
Canada.ca/en/services/benefits/dental/dental-care-plan.

Renewals for Existing CDCP Clients

Starting in March 2025, the Government of Canada will begin its annual reassessment of the eligibility of individuals currently covered under the plan to confirm that they continue to meet [all eligibility requirements](#). Canadians already covered under the CDCP will be required to renew their application for the next benefit year by submitting a renewal application.

Current clients who have filed their 2024 tax return and received their Notice of Assessment from the Canada Revenue Agency will be able to renew their CDCP dental coverage through one of the following channels:

- Renewal streamlined application, available online on Canada.ca
- Renewal application, available through My Service Canada Account (MSCA)
- Interactive Response System (not available for applications with dependent(s))
- By phone, with a call centre officer at 1-833-537-4342
- In person at a Service Canada Centre.

To avoid a gap in coverage, applications for renewals must be submitted by **June 1, 2025**. If a client fails to submit their application to renew or no longer meets the eligibility requirements, their coverage will end on **June 30, 2025**. To be eligible for the CDCP, individuals need to:

- Be a Canadian resident for tax purposes;
- Have filed their taxes for the previous year;

- Have an adjusted family net income of less than \$90,000 per year; and,
- Not have access to private or employer/pension sponsored dental coverage.

Upcoming Meetings

- May 13, 2025

Navigating Retirement Website

Check out our website at www.navigatingretirement.ca.