

Next Meeting:

Our next meeting is Tuesday, October 8 at 1:30 pm at The Polish Hall, 554 Hill Street, London. We have two exciting topics:

1) Medical Assistance in Dying (MAID)

Dr. James Mclean will make a presentation on the topic of Medical Assistance in Dying

2) Financial Planning for the Second Half of Retirement

Don Pollock's presentation will focus on topics that retirees face once they have started to collect their CPP, OAS, and RRSP income. Topics will include:

- accessing the equity in your home
- reverse mortgages
- asset decumulation
- estate planning
- accommodation options as we age

2024 Fall Meeting Schedule

- October 8, 1:30 – 3:30 pm
- November 12, 1:30 – 3:30 pm
- December 10, 1:30 – 3:30 pm

Please note the time change – Our meetings will start at 1:30 pm and are booked for the second Tuesday of the month

Reserve Your Spot: You can reserve your spot or book a table by replying to this email at: navigatingretirement010@gmail.com.

Monthly Charitable Door Prize

At all of our meetings, one guest is eligible to win a draw for a \$100 donation to the registered charity of their choice.

Visit our new website - www.navigatingretirement.ca

In addition to various updates from Navigating Retirement, there are valuable links to other groups that serve retirees in the London area.

Property Tax Deferral

Councillor Sam Trosow has championed the cause of aging in place by introducing a motion to have the Administration study the idea of allowing lower-income seniors to defer property taxes on their homes until the property is sold. For many families, the deferral of taxes will allow them to stay in their homes. Winnipeg and London are the only cities that do not currently have meaningful deferral programs outside of Quebec.

You can read the Navigating Retirement submission to London City Council on our website

Age-Friendly Update

Age-Friendly London Conference will be held on Wednesday, October 2, 2024, at the London Hellenic Community Centre 133 Southdale Rd. W. from 8:30 a.m. to 2:45 p.m.

This year's theme is - "Aging Awesome: Uniting Age-Friendly Stories of Wisdom and Wonder"

The conference will feature a captivating keynote speaker, presentations, entertainment, activities, food, dancing and exhibits!

REGISTRATION IS NOW OPEN!

Registration is available from August 15 - September 20, 2024.

Register over the phone (519-661-5575), online (london.ca/playyourway), or by visiting a City of London Customer Service location. Use Course ID 00160006 to register.

A virtual live stream of the event will be available free of charge. More details to come closer to the event. Please email AgeFriendlyLondon@london.ca or phone 519-661-2489 ext. 8765 if you have any questions.

Summer Social Program

Guided tours were organized this summer to the following points of interest in our community

June 27

Radar Museum. <https://www.secretsofradar.com>

July 22

Toboggan Brewing Company. <https://www.tobogganbrewing.com>

August 26

Arva Flour Mill. <http://arvaflourmills.com>

Thank you to the guests who attended and we look forward to more tours in the upcoming season