

FOOD MENU



Breakfast



Avocado Toast

Our Multigrain Pullman topped w/ Fresh Sliced Avocado, Sea Salt, Red Pepper Flakes & a Slice of Lemon. ~ \$6.95

Build it Up!

- + Scrambled Egg ~ \$1.95
- + Bacon ~ \$2.95
- + Veggies {Roasted Red Peppers, Red Onion, Tomato, Spinach} ~ \$.75
- + Melted Cheese {Pepper Jack, Swiss, Cheddar, Goat} ~ \$1.50

Healthy Panini

Egg Whites, Avocado & Tomato on a Multigrain Panini ~ \$10.95

Son of a Biscuit

Scrambled Eggs, Cheddar and Avocado on a soft Homemade Cheddar Biscuit ~ \$9.95

The Avo Bella

Avocado Toast topped w/ Fresh Burrata, Cherry Tomatoes, Spinach, Balsamic Glaze, Red Pepper Flakes & a Lemon Slice ~ \$11.95

Waffle-Wich

Scrambled Eggs, Sausage & Swiss in between two Waffle's ~ \$10.95

"The Lavender Cloud"

Belgian Waffle's layered with a sweet Lavender Mascarpone Cream, Vanilla & Powdered Sugar ~ \$11.95

Nutter Butter

Multigrain Pullman Toast topped w/ Nutella, Peanut Butter & Banana ~ \$7.95

Classic Waffles

4 Fluffy Belgian Waffles ~ \$8.95
w/ Fresh Fruit ~ \$11.95

Bagelini

Scrambled Eggs, Bacon, Jack & Chipotle on a pressed Bagel ~ \$9.95

Soul Burrito

Scrambled Eggs w/ Bacon, Cheddar, Jalapeños & our House-Made Chipotle Sauce in a Whole Wheat Wrap ~ \$9.95

Lunch



The Jenna's Wrap

Turkey, Swiss, Candied Walnuts, Cranberries, Bacon, Spinach and Honey Mustard in a Wrap ~ \$10.95

The Bellmore

Grilled Cheese w/ Cheddar, Avocado & Chipotle on Sourdough Pullman ~ \$8.95

The Roma

Fresh Mozzarella, Spinach & Tomato w/ Balsamic Glaze on Sourdough Ciabatta ~ \$9.95

Veg Out Wrap

Avocado, Roasted Red Peppers, Red Onion, Tomato, Spinach & Balsamic Glaze in a Wrap ~ \$9.95

The Ramblin' Man

Chicken, Bacon, Cheddar, Lettuce, Tomato, Onion & Chipotle in a Wheat Wrap ~ \$11.95

Salads

Soul Brew Salad

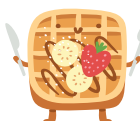
Spinach, Grilled Chicken, Cheddar, Bacon, Avocado, Tomato & Red Onion w/ Ranch Dressing ~ \$13.95



St James Salad

Spinach, Almonds, Strawberries & Goat Cheese with a Raspberry Vinaigrette \$11.95 + Chicken \$4.00

KIDS



Piper's Grilled Cheese ~ \$5.95

Mason's Belgian Waffles ~ \$6.95



+ Fruit ~ \$3.95

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BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS ANY FOOD ALLERGIES

Ⓢ CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD AND EGGS CAN INCREASE THE RISK OF FOODBORNE ILLNESS. Ⓢ