

Experience MOVE EXPRESS INTERACT



AGES 9 - 19

Ballet Technique

Girls:

- Ballet pink tights
- **Ballet slippers** in pink
- Hair neatly pulled back off the face and secured with hair elastic and/or headband, and/or hair clips into a **classical bun**

Boys:

- Tank bodysuit in navy blue Short sleeved t-shirt in a solid colour, white preferable (no prints or graphics)
 - Black shorts or leggings
 - Ballet slippers in black or
 - Hair combed neatly off the face

Steps, Leaps & Turns (Jazz)

Girls:

- Any style **bodysuit** in a solid color, black preferred.
- **Bottoms** can be either black or skin-toned tights with black shorts OR leggings in black
- Jazz oxfords in black
- Hair neatly pulled back off the face and secured with hair elastic and/or headband, and/or hair clips

- Short sleeved t-shirt in a solid colour (no prints or graphics)
- Shorts or fitted track pants in black
- Jazz oxfords in black
- Hair combed neatly off the face

Tap

Girls:

- Any style bodysuit in a solid color, black preferred.
- **Bottoms** can be either black or skin-toned tights with black shorts OR leggings in
- Tap oxfords in black
- Hair neatly pulled back off the face and secured with hair elastic and/or headband, and/or hair clips

Boys:

- Short sleeved t-shirt in a solid colour (no prints or graphics)
- Shorts or fitted track pants in black
- Tap oxfords in black
- Hair combed neatly off the face

Hip Hop

- Any solid-coloured top NO BARE MIDRIFFS
- Leggings or sweats any colour NO JEANS OR
- Sneakers that are INDOOR ONLY black preferred
- Short Hair: Combed neatly off the face
- Long Hair: Neatly pulled back off the face and secured with hair elastic and/or headband, and/or hair clips

Acro / Contemporary & Lyrical

Girls:

- Any style bodysuit in a solid color, black preferred.
- Bottoms can be either black or skin-toned tights with black shorts OR leggings in black
- Lyrical Half-Sole
- Hair neatly pulled back off the face and secured with hair elastic and/or headband, and/or hair clips

- Short sleeved t-shirt in a solid colour (no prints or graphics)
- Shorts or fitted track pants in black
- Lyrical Half-Sole
- Hair combed neatly off the face

Vocal Theatre & Broadway

- Any solid-coloured top NO BARE MIDRIFFS
- **Leggings** or sweats any colour NO JEANS OR
- Ballet slippers OR Jazz oxfords in black
- Short Hair: Combed neatly off the face
- Long Hair: Neatly pulled back off the face and secured with hair elastic and/or headband, and/or hair clips

Irish

- Any top but no bare midriffs, bodysuit preferred
- Bottoms can be either black or skin-toned tights with black shorts OR leggings in black
- Beginner level: Jazz Oxfords shoes in black Advance Level: Irish Ghillies shoes
- Short Hair: Combed neatly off the face
- Long Hair: Neatly pulled back off the face and secured with hair elastic and/or headband, and/or hair clips