

# WHAT YOUR TUITION INCLUDES

## YOUR CHILD IS LEARNING MORE THAN STEPS!

Dance is helping them grow in ways that will support their confidence and future success. Here's how...

### PHYSICAL FITNESS

#### **Dance Technique**

Such as turns, kicks, & jumps

#### **Movement Skills**

Musicality, balance, levels, pathways, directions, body awareness, safe stretching, regular exercise habits

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### PROMOTES A GROWTH MINDSET

#### **Goal Setting**

Dancers learn to set & achieve goals.

#### **Work Ethic**

Dancers understand that effort & dedication leads to success.

#### **Wellness Fundamentals**

Dancers learn to nurture their minds & bodies leading to healthy, well-balanced lives.

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### SELF-ESTEEM & CONFIDENCE

#### **Overcoming Anxiety**

Through regular performance opportunities in studio and on stage.

#### **Developing Emotional Strength**

By celebrating personal wins & learning to handle disappointment with grace.

#### **Cultivating Creativity & Expression**

By developing an appreciation for the arts.

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### LIFE SKILLS

#### **Resilience**

By learning to persevere through challenges.

#### **Patience**

Because success does not happen overnight.

#### **Healthy Self-Awareness**

By discovering personal strengths & limitations in a safe, structured space.

#### **Teamwork**

Collaborating & connecting with others towards mutual success.

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### BENEFITS FOR PARENTS

#### **Peace of Mind**

Knowing your child is in a safe, nurturing environment.

#### **Community**

Joining your child in building friendships & memories that last a lifetime.

#### **Pride**

From seeing your child blossom & grow into their best self.