

HOW TO CHOOSE YOUR PARTICIPATION LEVEL



***Combining passion with
practice to get results!***

Encore Studios aims to to develop individuals and their sense of confidence through achievements in dance & performing arts.

PASSION + PRACTICE = RESULTS



We sometimes get asked why a student isn't developing faster or isn't included in a performance team or exam class. The answers vary as much as the students and are dependent on several elements such as *innate talent*, *body structure*, *passion*, and *practice*. While the first two points cannot be changed, our experience has shown that focusing on **passion** and **practice** can get students the results they want.

PASSION

We strongly believe that passion outplays talent, mainly because we've seen that to be true. **With the right teaching methods**, anyone that loves to dance will grow in their technique **because its something that they love to do**. They will work at it tirelessly leading to great strides in their development of technique, musicality, and style.

PRACTICE

Practice refers to technical classes, or what we at Encore Studios refer to as **Core Classes**. It is also important to consider the **quality of focus** the student has on the subject and their **self-discipline** to master the skills.



CHOOSE YOUR PARTICIPATION LEVEL

Casual 

Part Time 

Full Time 

We developed the following guide to help families understand in broader terms how much **time** needs to be invested to get the **results** they are wanting.

Our hope is that it will help you to decide how many classes you want to **invest** in, and why it is important to add even just one more class per week in order to reach your dance goals.

CASUAL



Sometimes referred to as 'recreational' or 'novice' by other studios, this level of participation is about **1 – 2 hours/week** in technique classes for training and development. Casual dancers may love to dance or may be just trying it out. There are many **benefits** from taking dance once or twice a week, including developing habits for **health and wellness**, improving **self-confidence**, and having an **emotional outlet** for dealing with other life stresses.

PART-TIME



This level of participation is about **3 – 5 hours/week** in technique classes for training and development and is sometimes referred to as 'pre-competitive' by other studios. Part-Time training involves either taking multiple genres of classes, adding a genre such as ballet to improve overall technique, or taking several classes in the same genre at different levels. It indicates a more serious approach by the student. **Benefits** include learning more about **personal strengths**, building **friendships & memories**, **goal-setting, structured scheduling**, and an increased level of **independence**.

FULL-TIME



This involves participating in **6 – 10 hours/week** of technique classes and is sometimes referred to as 'competitive' or 'pre-professional'. This level of training over several years is the type of training indicative of a career in dance as a performer, teacher, or choreographer. Not all full-time dancers pursue a career in dance, but the **benefits** include **perseverance**, how to deal with disappointment and **overcome challenges**, how to work with others and **be part of a team**.

ENCORE STUDIOS' STORY



CELEBRATING 15 YEARS...

We envisioned a studio with a **unique** environment and that's what led us to start Encore Studios. Our **core values** are posted on our wall because they lead our team to make your experience with us special. We aim to ensure **everyone is made to feel comfortable** in our space, just like a second home.

WHAT KEEPS US MOTIVATED?

If you talk to any of our current registered families, they will tell you that we are **more than a dance studio**. We are a **community** and a family. They will also tell you about the **confidence** their child has developed because of dancing at Encore. They can also attest to their child's ability to **overcome anxiety**, even before COVID-19, due to the **life skills** they've learned through our classes, and the community of support we've proudly created.

Dance is a vehicle that **creates the leaders of tomorrow**.

Dance **brings people together** who were once strangers.

Dance **develops people who will serve** our planet deeply in the years to come because dancers are **passionate** and **committed** to living a life that matters.

Dance brings together the world and WE NEED DANCE IN OUR LIVES NOW MORE THAN EVER!



Dance Your Way in 2020-2021!

Studio
Classes

E-classes
at Home

Solo Studio
Practice

At **Encore Studios**, we know the importance of keeping kids **moving** and **active**. We also know how **dance** and **performing arts** helps kids become more **confident** in themselves and in their ability to **express** and work through their emotions. So we've developed a **flexible program** that allows kids to experience the benefits of dance while allowing your family to integrate into the 'new normal' at your own pace and level of comfort.

The **Dance Your Way** program aims to provide you and your child with a sense of **security**, while maintaining human **connection** and **consistent** routine. **Dance at home OR at the studio** (when deemed safe) - it's your choice, but either way your child won't miss a beat.

MOVE - EXPRESS - INTERACT

Encore Studios

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