



# Meghan Erickson

CCS/CLTS Provider

Agency Quality Assurance Specialist

Paraprofessional

Traveling from Chippewa County



## About Me

I am a lifelong learner. I believe the more knowledge we receive through life experiences, the better odds of making choices for our life that better our life. We will learn from each other's experiences. We will expand our knowledge. Respect and understanding are elements of my personality (amongst others!) that will support you in achieving your goals. Your journey is unique. I will support you in your journey, your way.

In my travel of life, I have acquired 4 children (2 biological, 2 bonus/ 2 boys, 2 girls). Parenting is a hard job, being a child is a hard job, and there is no manual. We need a village as an adult and as a child. I will support you in finding your community.

I am a flexible scheduler. This program is about attending services that are meaningful and purposeful. Let's find a schedule that works for your life.

## Lived Experience (Specialty Area)

Single parenting, Co-parenting, Blended Families, Coping strategies, Generational mental health challenges, Addiction recovery, Eating disorder, Nature healing, Self-education, Self-love, Non-traditional perspective on life, Organizational skills.

### CCS Service Arrays

ISDE

Psychoeducation

Wellness and Recovery

### CCS Counties

Buffalo, Burnett, Chippewa, Dunn, Pepin,  
Pierce, Polk, Rusk, Washburn,  
St. Croix

### CLTS Service Arrays

Daily Living Skills Training

Family/Unpaid Caregiver Support  
(Caregiver Support and Workshop)

Mentoring

Participant & Family Directed Goods and  
Services

Personal Supports

Safety Planning

### CLTS Counties

Barron, Buffalo, Chippewa, Dunn, Eau  
Claire, Pepin, Pierce, Polk, Rusk, St  
Croix, Taylor, Washburn

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