



# Susanna Miscera

CCS/CLTS Provider

Paraprofessional

Traveling from Dunn County



## About Me

I believe there is healing through community. Community is a word that takes on different meanings to different people. I am open and patient and ready to walk alongside you as you define your community.

I was born and raised in Wisconsin. Homeschooling was a big part of my life. I was homeschooled as a child K-12, and now I facilitate my child doing virtual school at home so I can still be a more active part in his daily learning. The homeschooling community was a big part of my growing up.

My personal experience with PTSD, cPTSD, anxiety, depression, socialization skills and executive functioning delays gave me some labels in life. I have learned that when I strip away all of the labels, I see an experience. I see an opportunity to grow. I have learned to be gentle with myself. I have learned that being surrounded by my pets and cleaning my house (Yes! I am serious!) is part of my life and accepting that brings me peace. Let's find out what makes you happy and fulfilled.

## Lived Experience (Specialty Area)

Adaptive socialization skills, PTSD, cPTSD, anxiety, depression, skills to enhance poor executive functioning skills, alternative schooling methods parent/student, divorce, single motherhood.

### CCS Service Arrays

ISDE

Psychoeducation

Wellness and Recovery

### CCS Counties

Buffalo, Burnett, Chippewa, Dunn, Pepin, Pierce, Polk, Rusk, Washburn

### CLTS Service Arrays

Daily Living Skills Training

Family/Unpaid Caregiver Support  
(Caregiver Support and Workshop)

Mentoring

Participant & Family Directed Goods and Services

Personal Supports

### CLTS Counties

Barron, Buffalo, Chippewa, Dunn, Eau Claire, Pepin, Pierce, Polk, Rusk, St Croix, Taylor, Washburn

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