



NICOLE MARSH

Director/Provider
Certified Parent Peer Specialist
Traveling from Dunn County



About Me

I am a survivor. I bring a wealth of lived experience as a survivor of domestic abuse. I learned to take back my power by participating in martial arts and learning coping mechanisms that work for me. I find that strong organizational and management skills are keys to my success on staying on a good mental health path. I reduce my anxiety by doing breathwork, creating budgets, schedules, lists, menus, and spreadsheets.

I am a proud mother of 4 adult children, 3 with special needs. This has given me a unique perspective on the joys and difficulties of parenting children who have experienced trauma. Each child is an individual and parenting with love and patience supports the child in growing into their best self.

Lived Experience (Specialty Area)

Survivor of domestic abuse, parenting children with special needs, personal mental health issues, learning life skills and coping strategies, de-escalation strategies, LGBTQ+ and other lifestyles

Favorite Past time

I am extremely passionate about women's self-defense and empowering women to break free from abuse. My hobbies are activities that find me joy. I love to ride motorcycles, go fishing, and participate in martial arts. I also love arts and crafts. Currently I am finding joy in watercolor and acrylic painting.

CCS Service Arrays

ISDE
Psychoeducation
Wellness and Recovery
Peer Support

CCS Counties

**Buffalo, Burnett, Chippewa,
Dunn, Pepin, Pierce, Polk,
Rusk, Washburn,
St. Croix**

CLTS Service Arrays

Daily Living Skills Training
Family/Unpaid Caregiver
Support
Mentoring
Participant & Family Directed
Goods and Services
Personal Supports

CLTS Counties

**Barron, Buffalo, Chippewa,
Dunn, Eau Claire, Pepin,
Pierce, Polk, Rusk, St Croix,
Taylor, Washburn**

