



CCS Service Arrays

**ISDE
Psychoeducation
Wellness and Recovery**

CCS Counties Served

**Buffalo, Burnett, Chippewa,
Dunn, Pepin, Pierce, Polk,
Rusk, Washburn,
St. Croix**

CLTS Service Arrays

**Daily Living Skills Training
Family/Unpaid Caregiver
Support
Mentoring
Participant & Family
Directed Goods and
Services
Personal Supports**

CLTS Counties

**Barron, Buffalo, Chippewa,
Dunn, Eau Claire, Pepin,
Pierce, Polk, Rusk, St Croix,
Taylor, Washburn**

KEATON MOULTON

Provider
Paraprofessional
Traveling from Dunn County



About Me

A big part of my journey of healing includes dogs. I've learned many lessons through a leash that I couldn't have learned anywhere else. Working with dogs saved my life.

My German Shepherd, Suki, is a certified therapy dog that loves to help others throughout their recovery journey. She enjoys meeting new people, going places, playing ball, and eating delicious snacks.

With the support of dogs, I've done a lot of work on myself, and have learned a whole toolbox of skills to support myself in a fulfilling life. A game changer in my journey was learning TIPP that helps cap symptoms by engaging the physical body.

Discovering my identity was another game changer in my healing process. I discovered I am transgender. Being a part of the LGBTQIA+ community was challenging at first with coming out, and throughout the journey, I found peace within myself once I accepted myself as I am.

Lived Experience (Specialty Areas)

Life skills and Coping strategies, Gender identity and sexual orientation questioning, Suicidal ideation and self-harm, Panic Attacks, Eating Disorder, Serious illness to a close family member
Service Dog training

Favorite Past time

When I'm not being active with my dogs, I like to do puzzles and art activities. My favorite relaxation activity is paired muscle relaxation that is highlighted in the TIPP skill.

