



JASON NOBLE

Provider
Paraprofessional
Traveling from Eau Claire County



CCS Service Arrays

**ISDE
Psychoeducation
Wellness and Recovery**

CCS Counties

**Buffalo, Burnett, Chippewa,
Dunn, Pepin, Pierce, Polk,
Rusk, Washburn,**

CLTS Service Arrays

**Daily Living Skills Training
Family/Unpaid Caregiver
Support
Mentoring
Participant & Family Directed
Goods and Services
Personal Supports**

CLTS Counties

**Barron, Buffalo, Chippewa,
Dunn, Eau Claire, Pepin,
Pierce, Polk, Rusk, St Croix,
Taylor, Washburn**

About Me

Born in northern Minnesota, Jason has spent most of his life in the Chippewa Valley. After high school, he served three years in the National Guard before moving to Kansas with his then-wife, an Army medic, where he was a stay-at-home dad. Returning to the area, he worked in manufacturing and began a Millwright apprenticeship while navigating a divorce and complex family relationships. As a single parent, he balances co-parenting, blended family dynamics, and personal growth, seeking new tools to strengthen his emotional resilience. Having overcome addiction to alcohol and opiates, Jason views recovery as an ongoing journey and is eager to support peers facing similar challenges.

Jason is passionate about connection, creativity, and mindful living. He enjoys board games and tabletop role-playing games for their sense of community and collaboration. His practices in Brazilian jiu-jitsu, mindfulness, and yoga help him cultivate patience, focus, and balance—skills he carries into daily life. A dedicated mushroom hunter and hiker, Jason finds peace in nature and believes in the healing power of time outdoors. He looks forward to working with children, teens, and adults as they develop emotional awareness, strengthen relationships, and build meaningful community ties.

Lived Experience

Addiction recovery/ Generational trauma/ Family and parenting support/ Youth support/ Ethical non monogamy/ Mental health/ Suicidal ideation/ Goal setting/ Mindfulness/ Outdoor recreation/ Community bonds/ Boundary setting



Favorite Past time

Jason is an avid practitioner of Brazilian Jiu-Jitsu, and over time, he's come to realize how much it mirrors life. Whether it's learning to stay calm and work his way out of a bad position, setting solid frames—his version of healthy boundaries—or shifting angles to see things from a different perspective, Jiu-Jitsu continues to teach him lessons that reach far beyond the mat.

