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News and updates from the OK JCI Senate 2022/2023



Home Run News



Team Oklahoma!!

message from Coach >>>



7th Inning Stretch is happening now! Hard to believe we are this close to the end of our season; and what a winning season we have had! We closed out 2022 with our Christmas Party & General Membership Meeting in Oklahoma City at Bill's Steakhouse and Saloon. Ann Engle, Region VIII NVP joined us for that event. Then four groups of us had the honor of participating in Wreaths across America. This activated many of our Senators and families. This project touched our hearts and we all want to be involved in this great project every year.

To start off 2023, our traveling team of 13 went to New Orleans for Winter Board. Our new Senator Laura Jean Harris swept the First Timer's competition coming in first! No doubt that she wouldn't! We all had a great time seeing the sights in New Orleans and enjoying all the seafood we could. We connected with Senator Price Brown, who drove us around the City to give us an amazing tour, with history, fun and of course food! It was great to see him and get to spend the day with him in our 15-passenger van that Senator Karen MacCannell secured for us. February held the Scholarship Judging and membership meeting, which of course included fellowship and good food.

Looking forward to all the Spring Region meetings as several of us will be traveling to Experience the Senate in other Regions and states. Especially looking forward to taking the traveling team to our Region VIII meeting in Colorado Springs, CO. Always a good time to reconnect with our Region VIII Senate family and I know Ann Engle, Region VIII NVP along with the Colorado Senate have many adventures waiting our arrival.

Be sure to look at our calendar for the rest of this season and see when we are playing at home or an away travel! Our Year-end meeting will be in Moore, OK on May 20th. We have many home run moments to celebrate and several MVP's to recognize! We have a little less than 3 months till the end of this 2022 - 2023 season, let's go out with an Out of the Park Homerun Experience, activating more Oklahoma Senators along the way!

I have had the best time this year and thank you for allowing me to serve you!

BETTER TOGETHER - TEAM OKLAHOMA

Team Rules 2022- 2023

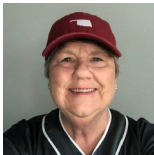
1. Attendance at Team Practice (meetings) required
2. Know your position
3. Know your Teammates position
4. Do not cross into your Teammates play zone
5. Always be ready to bak up your Teammates
6. Encourage your Teammates
7. When you are a visitor in another team's stadium, let them handle their plays
8. Team Meals is to be Teammates only: Do not put the Coach/Manager in an awkward position
9. Allow the Coach to announce Team Meetings and/or new plays
10. Do not bring negative attitude on the field; we all need to stay positive & confident on and off the field. You never know who is watching!
11. **THERE IS NO CRYING IN BASEBALL!!**

DeLisa #54310 President



Team Oklahoma

chairmen >>>

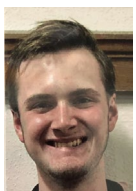


Scholarships

Congratulations to Oklahoma's Scholarship Winners!



Reagon Romero is from Turpin OK. She has been accepted by Mississippi State and seeks a bachelor's degree in Animal and Dairy Science. She has also applied to Mississippi State's Early Entry Veterinary Medicine Program. If chosen, she will have a spot secured at the Veterinary College. She is a volunteer at a Therapeutic Equine Center. Her many activities include Student Council, 4-H, Fellowship of Christian Athletes, Softball, Track & Field and Academic Bowl Player. She is also a member of the Oklahoma Honor Society and received an ACT score of 30.



Tanner Estes is from Ponca City, OK. He has been accepted by The Colorado School of Mines. Tanner's activities include Boy Scouts, Band, Orchestra, Swim Team and a member of the Ponca City Rough and Tumbler Rocks and Gems Clubs. His interests in mechanics and engines include Welding, Automotive Maintenance, Architecture and Aviation. He has also attended the Northern Oklahoma Flight Academy multiple years, aviation ground school and has put in a few hours towards his pilot's license. He is a National Honor Society Member and received an ACT score of 31.

Both Oklahoma winners have been submitted to the US JCI Senate's Scholarship judging and we wish them the very best!

I would like to recognize and thank the following judges serving on Oklahoma's 2022-2023 Scholarship Committee: Peggy Rider, Rocky Taylor, Jerre Taylor, Scott Norfleet, Claire Zevnik-Cline, Marcia Werner, Bill Werner, Cheryl Kincannon and Laura Harris.

Respectfully,

Becky Edwards 2022-2023 OK Scholarship Chair



The Bob Henry Award It is time to be thinking about fellow Senators you could nominate for the **Bob Henry Memorial Award**. Please see the information later in the newsletter and reach out to me with any questions.

Nancy Cloud #52750
9414 East 39th Place
Tulsa, OK 74145
mrscloudnine@aol.com
918-232-4553

Team Oklahoma

vice president >>>



Hello Team!

It's a new Calendar year! Spring is coming! It's my favorite time of year—to get started in my garden, plant and clean out my flowerbeds, breathe in the fresh Spring air and appreciate God's creation. Take a few minutes to read this short article -- doing the things that make you happy, rested and refreshed. Read on.

Spring is the perfect time to refresh your mind, body, and spirit. If you're looking for ways to take care of yourself during this season, here are a few ideas to help get you started:

1) Go For A Walk In Nature - If you're feeling a little down and out, or if you just want to get out of the house and enjoy some fresh air, going for a walk in nature is one of the best ways to do both. Walking in nature has been shown to reduce stress, increase focus and creativity, improve mood and self-esteem, and even help people sleep better. It's also great for your overall health. Walking is one of the best forms of exercise for weight loss, and cardiovascular health, and even helps prevent certain types of cancers. So grab your headphones or a friend, strap on your sneakers and go for a walk in nature!

2) Try A New Hobby - You can start with something simple, like making your own terrarium or planting a garden, and work your way up to more complex hobbies like woodworking or painting. Or if you've always wanted to learn how to draw or play an instrument, this spring is a perfect time. You can try out different activities and see what works best for your lifestyle and interests. The point is to get creative!

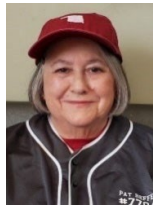
3) Take A Relaxing Bath - Taking a relaxing bath is one of the best ways to take care of yourself. It's especially helpful if you have a lot on your plate at work or home, and even more so if you're feeling stressed out from your daily routine. Fill your tub with warm water, light some candles and incense, and add a few drops of essential oils to enhance the experience. You can also use this time to reflect on your day or even write in your journal.

4) Spend Quality Time With Loved Ones - It's easy to get caught up in work, school, and other obligations during the winter months. This is a great opportunity to make sure you're still prioritizing the people who matter most to you. You can do that by joining our team at any function or social we have coming up – see the calendar.

Play ball!!

Stephanie Prewitt #75200

secretary >>>



Happy 2023!

Our season is continuing to be full of exciting experiences, some weather delays, and new position openings.

As Secretary, I get to play another position on the team -- Election Committee.

Please hear my plea:

At our Annual General Membership Meeting to be held on Saturday, May 20 2023, we will have an election for two (2) Directors, each to serve a two-year term beginning July 1, 2023. Sissie Harmon and Jerre Taylor are completing their terms as Directors at the end of June. Directors serve as voting members of the Board and are assigned responsibilities by the President. Members interested in running for these positions must be dues-paid members in good standing and have a desire to participate in the leadership of our organization. The membership will vote by secret ballot.

Please consider running for Director and let me know if you are interested. I will conduct the election, and I would like to print the ballots before the meeting. But nominations will also be taken from the floor. Team Oklahoma needs two more players (to be named later) to complete our leadership roster. Please contact me to show your interest in running for Director.

You may see a Mentors Sign In Sheet less frequently at our events in the future, but please be sure to sign and donate your \$2 to cover the cost of the space ad in our USJCI Senate magazine. The Mentors sheet is separate from the regular attendance sheet.

Please let me know if I can do anything to help you participate and enjoy our meetings more. I hope it helps to read over the minutes I send out via email and regular mail to those without email addresses.

I have really enjoyed serving as Team Oklahoma's Secretary so far, and I appreciate the support from all our team members. I am dusting off some forgotten skills and learning some new ones. We are Better Together - Team Oklahoma!

Pat Reffett #77848
lpmm@sbcglobal.net
(580) 585-2394



In the spirit of St Patrick's Day – I have a little limerick for you!

Twin kittens went out for fun!
Their ride was tricked out for the St Patrick's Run.
Their next adventure - Colorado Springs or St Louis they will go.
They really hope that many Senators will follow!
Because Oklahoma Senators will not to be outdone!

🌐 LETS TRAVEL! 🌐
Teri Long #57104
Umpire 2022-23



**Where and how to find
Team Oklahoma**

✉ **Mail:**
OK JCI Senate
P.O. Box 1803
Sand Springs, OK 74063

f **Facebook: OKJCI SENATE
CLUB**

🌐 **Website:**
<https://oklahomajcisenate.org/>



JUNE RENEWALS

- Delisa Anderson, # 54310
- Gloria Albers, # 79536
- Debbie Becker, # 79537
- J.C. Chrisopher, # 11300
- Sandy Crouch, # 71504
- Dale Crouch, # 77010
- Buddy Friesner, # 47847
- Bryant Goudelock, # 46226
- Jim Harmon, # 63903
- Sissy Harmon, # 63902
- Ron Holzer, # 56549
- Stacy James, # 78827
- Billy Jenkins, # 21254

PayPal:
OKJCITreasurer@gmail.com (Please select "Friends & Family"
to avoid fees)

OR MAIL to:
Oklahoma JCI Senate
P.O. Box 1803
Sand Springs, OK 74063

If you mail your renewal, I'd appreciate it if you could possibly give me a heads-up by emailing me at the address above, so I can be sure to check the PO Box.

Sandy Crouch #71504
Treasurer



"TIME OUT" FROM ROBERT'S CORNER

Who can make a motion?

Any member (according to the organization's by-laws) of an assembly who is recognized by the chair. (The member cannot interrupt another member who has the floor.) The motion must be stated in the affirmative, not the negative, and must be seconded. The presiding officer restates the motion and asks for discussion. After discussion, the vote is taken and the motion is declared passed or failed.

OFFICIAL RULING: Obtaining and Assigning the Floor:

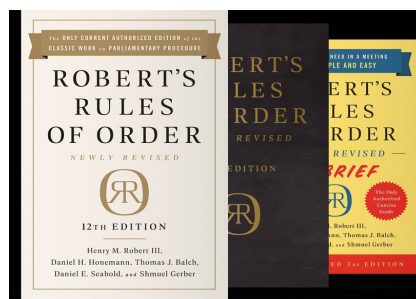
3:30 Before a member in an assembly can make a motion or speak in debate -- the parliamentary name given to any form of discussion of the merits of a motion--he must *obtain the floor*, that is, he must be *recognized* by the chair as having the exclusive right to be heard at that time. The chair must recognize any member who seeks the floor while entitled to it.

3:31 To claim the floor, a member rises at his place when no one else has the floor (or goes to a microphone in a large hall), faces the chair and says, "Mr. President," or "Mr. Chairman," or "Madam Chairman," or whatever the chair's proper title. If the member is entitled to the floor at the time, the chair recognizes him -- normally by announcing, as applicable, the person's name or title, or the place or unit that he represents. This member then has the floor and can remain standing and speak in debate or make a motion as permitted under the rules in this book depending on the parliamentary situation at the time.

Footnote 4: In small boards and in committees, members generally need not rise to obtain the floor.
(*Robert's Rules of Order Newly Revised 12th Edition*; Henry M. Robert III, Daniel H Honemann, Thomas J. Balch, Daniel E. Seabold, and Shmuel Gerber)

Respectfully,

Pat Reffett #77848
Secretary



directors >>>



Gloria Albers #79536

I hope everyone has enjoyed getting birthday and anniversary cards, I have enjoyed sending them. If I have missed anyone I'm sorry, but I don't have your information. Please email me mamag5479@yahoo.com Gloria



Pam Peters #79538

I hope everyone is doing well. For those who are not lifetime members, look for a postcard to remind you of your membership dues coming in June. Spring is coming and I hope everyone can get out and enjoy some nice weather. I want to wish everyone a very Happy Easter! Pam #79538
Activation Director



Sissie Harmon #63802

Hello my dear senate friends. Please let me tell you all, how very thankful I am for all your support to the pay it forward program. It has been my pleasure to be your chairman. We have 3 more months, let's finish strong Oklahoma. Love Sissie #63802

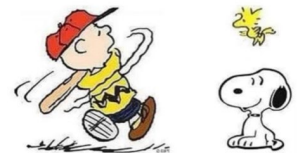


Jerre Taylor #66554

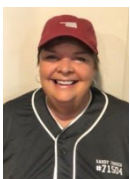
HAPPY SPRING!! Greeting from your Oklahoma Senate Director that brings you the opportunity to purchase Sweepstake Tickets every time you see me. To date we have been able to send \$655 to the US JCI Senate to aid in the operations of our national organization. If you haven't purchased tickets, or won yet, there is still time! Hope everyone has been enjoying the Oklahoma spring weather of winter in the morning and summer in the afternoon!



As long as you feel
pain, you're still alive.
As long as you make
mistakes, you're still
human. And as long as
you keep trying,
there's still hope.



treasurer >>>



Sandy Crouch #71504

Spring is finally here, the trees are budding and bulbs are peaking out. YAY!!! Once again, all the beans have been counted and we are still very much in the green. A reminder that you can pay your dues at any time of the year, not necessarily in the month in which you are due? An early response would be greatly appreciated so that we can submit our dues by the June 1 deadline. A reminder that our PayPal account is: OKJCITreasurer@gmail.com, and always please remember to select "Friends & Family" to avoid any fees.

Sandy Crouch, # 71504
Treasurer



BOB HENRY MEMORIAL AWARD



It is time to be thinking about fellow Senators you could nominate for the **Bob Henry Memorial Award**. The requirements are simple, there is no “application form” to complete and the recipient will be forever grateful for the honor and recognition. Bob Henry was continuously involved with our Senate organization while staying involved in other civic and community organizations. He truly lived the line of the Jaycee Creed – *“That Service to Humanity is the Best Work of Life.”* Please help us to recognize other “Bob Henry’s” in our organization. I’m anxious to see who you nominate and appreciate our support to this distinguished memorial award.

REQUIREMENTS:

- **Nominee must have been awarded an Oklahoma JCI Senatorship at least 3 – 5 years prior to presentation.**
- **Nominee must be an active Oklahoma JCI Senator and have been & will continue to contribute to the organization.**
- **Be a member in good standing with the Oklahoma JCI Senate organization.**

NOMINATION DETAILS:

List nominee’s full name, Senate Number, address, zip, phone number

JCI Senate history listing date received Senatorship (if known), offices held, activities involved in, etc.

List nominee’s continued community activities.

Nomination due by: **APRIL 30, 2023**

Please mail or email nominations to:

Nancy Cloud
9414 East 39th Place
Tulsa, OK 74145
mrscloudnine@aol.com
918-232-4553



Too Blessed to Be Stressed Build Others Up

"Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear." Ephesians 4:29 NAS

"Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them." Ephesians 4:29 NLT

"Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who here." Ephesians 4:29 ESV

This verse holds so much meaning that I could choose just one version of scripture to share, so I am sharing all three.

In the first version the term "edification" stood out to me, so I looked up the definition: "edification" is progress in knowledge and goodness. All of us have found ourselves in situations where all we want to do is scream and yell at people to get our point across. We may be frustrated or angry with a person or several people. I believe that we should present ourselves to others in a way that helps improve them – build up their character – by our speech and actions. Be honest but be kind while doing so. When we take the focus off of ourselves and focus on the situation and the people in the situation, we can find ways to help build others up and encourage them to make better choices. When we let what we say be good and helpful we will be encouraging to those listening. How do we know this? Because God says so.

*Cindy Empting #65595
Chaplain.*

Home Health – Prayer Requests

If you know of any members who are ill, injured or grieving, please contact me so that I may send a card or note to them. I prefer to be contacted in writing via email: ckempting@gmail.com or text: 580-761-3077. If you ever feel an urgent need to be prayed over, please call me and I will pray with you.

Peggy Rider continues with her physical therapy back and her upper arm and shoulder. Prayers that she continues to work through therapy and recover.

Sissie Harmon continues struggle with health problems. Prayers for strength and stamina as she continues to deal with her health issues.

DeLisa Anderson's husband Dennis underwent open heart surgery and is recovering from that. Prayers for healing, strength and stamina to continue to improve as he goes through his recovery.

Cindy Empting is struggling with herniated disks in her lower back causing her leg pain and to limp when walking. Prayers for improvement and healing for her.

Teri Long is recuperating from knee replacement surgery. Prayers for healing as she goes through therapy and recovery.

Arlen Millikan #06324 passed away November 21, 2022. Prayers of comfort for his family as they go through this difficult time.

Dear Heavenly Father, we ask for blessings for our OK JCI Senate members and families who are in need of Your healing and comforting touch. We ask this with open hearts and faith in Your amazing power. Amen

Winter Board Keener LA >>>

More photos: <https://oklahomajcisenate.org/photo-gallery>



L. Tour Guide Deluxe – OK Senator Price Brown took us all over NOLA! Great time was had by all.
R. President Susan came to greet us and send us off to experience the senate!









Laura Jean – our newest First Timer Winner!!! President Susan allowed her time to talk at the Board Meeting! This is our 4th First Timer winner in 3 years: Cheryl Gilchrist Fall Board 2020, Debbie Becker Fall Board 2021 and Gloria Albers Fall Board 2022! Better Together Team Oklahoma!!





President Susan honored three members from Oklahoma as part of her All Star Team. Congratulations to Karen, DeLisa & Sheri!



Team Oklahoma after Scholarship Judging, Bylaws/Trustee Meeting and BOD Meeting – Broken Arrow

Oklahoma Senate Team

President	DeLisa Anderson #54310	delisakay75@gmail.com
	Stephanie Prewitt	
Vice President	#75200	stephanie.prewitt@att.net
Secretary	Pat Reffett #77848	lpmm@sbcglobal.net
Treasurer	Sandy Crouch #71504	sandy.crouch@gmail.com
Director 1 YR	Sissie Harmon #63802	sissie21@sbcglobal.net
Director 1 YR	Jerre Taylor #66554	osufour@aol.com
Director 2 YR	Pam Peters #79538	pamelapetersok@gmail.com
Director 2 YR	Gloria Albers #79536	mamag5479@yahoo.com
COB / Chaplain	Cindy Empting #65595	ckempting@gmail.com
Bob Henry	Nancy Cloud #52750	mrscloudnine@aol.com
Chair/Trustee	Karen MacCannell	
	#49497	karen@tmgtransforms.com
Newsletter Ed/Trustee	Sissie Harmon #63802	sissie21@sbcglobal.net
Pay it Forward Chair	Becky Edwards #62937	beckylynn53@gmail.com
Scholarship Chair	Teri Long #57104	ghoft3@aol.com
Sgt at Arms	Sheri Menendez #47839	sheri@aokoffice.com
Pres/Protocol Advisor	Dale Crouch #77010	dalewcrouch@gmail.com
Trustee		

OK JCI Senate

To submit an article or pictures, please send to:

karen@tmgtransforms.com

Visit us on Facebook

OK JCI SENATE CLUB

**Karen MacCannell #49497
Newsletter/Social Media**

Upcoming Events:

Oklahoma JCI Senate

May 20 – Annual Meeting – Moore OK

May 26 – Savannah Bananas - OKC

Region VIII

May 3-4 Region VIII Meeting – Colorado

US JCI Senate

June 26–30 – US JCI Annual Meeting & Celebration - St. Louis, MO

Sept 21 – 24 – US JCI Fall Board Houston TX

We Believe:

That faith in God gives meaning and purpose to human life;

That the brotherhood of man transcends the sovereignty of nations;

That economic justice can best be won by free men through free enterprise;

That government should be of laws rather than of men;

That earth's great treasure lies in human personality;

And that service to humanity is the best work of life.