

Hello Pain Peers Peer Support Group Participation Waiver & Consent

1. Voluntary Participation

I acknowledge that I am voluntarily participating in Hello Pain Peeps, LLC peer support group. I understand that I am responsible for my own well-being before and after group meetings. I can withdraw or discontinue my participation at any time.

2. No Professional Advice

I understand that this peer support group is peer-led, educational and supportive in nature, and is not led by licensed medical or mental health professionals. I understand that the information and discussions shared in this group are not a substitute for professional medical, psychiatric, psychological, or legal advice. I will consult with a qualified professional for any such needs.

3. Group Confidentiality and Privacy

To maintain a safe environment, I agree to respect the confidentiality and privacy of all participants. I will not disclose the identity of any participant, nor will I repeat or disclose the specific personal information or stories shared within the group to anyone outside of the support space. I understand that taking photos, screenshots, or recording of any kind (audio or video) is strictly prohibited. I will not share the online meeting link or login credentials with anyone else.

4. Assumption of Risk & Release of Liability

I understand by participating, sharing lived experiences and listening to others may bring up strong emotional responses or distress. I voluntarily assume all emotional, mental, and personal risks associated with my participation. In consideration for being allowed to participate, I hereby release and hold harmless **Hello Pain Peeps LLC**, its facilitators, and volunteers from any and all liability, claims, or demands arising directly or indirectly out of my participation in this group or activities.

5. Code of Conduct

I agree to engage in a respectful, inclusive and supportive manner that honors the purpose and guidelines of this peer support group. I understand that failure to follow these expectations may result in removal from a session or termination of my participation at the facilitator's discretion.

THIS WAIVER AND RELEASE OF LIABILITY SHALL REMAIN IN EFFECT FOR THE DURATION OF MY PARTICIPATION IN THE PEER SUPPORT GROUP OR ACTIVITY, DURING THIS INITIAL AND ALL SUBSEQUENT EVENTS OF PARTICIPATION.