

As of March 01, 2023 (updated quarterly)

To make changes to this list, visit [studio164](#) and click “Contact Us.”

Day	Time	Frequency	Meeting Name	Program	Room
Sunday	8:00 AM	Weekly	Eighty-Sixed	AA, Men	A
Sunday	12:00 PM	1st + 3rd weeks	ASCYPAA Committee	ASCYPAA	A
Sunday	1:30 PM	1st week only	HA AZ Area	HA Area	A
Sunday	3:00 PM	1st week only	HA Intergroup	HA, Intergroup	B
Sunday	3:00 PM	Weekly	Clear Distinction	AA, Women	A
Monday	12:00 PM	All Weekdays	Midday Pause	AA	A
Monday	5:30 PM	All Weekdays	Roots	AA	A
Monday	7:00 PM	Weekly	How Free Do You Wanna Be	AA, Women	A
Monday	8:30 PM	Weekly	Cranium Candy	CA	B
Tuesday	12:00 PM	All Weekdays	Midday Pause	AA	A
Tuesday	5:30 PM	All Weekdays	Roots	AA	A
Tuesday	6:45 PM	Weekly	Coke-O-Nuts	CA, Women	A
Tuesday	8:00 PM	Weekly	Spiritual Gainz	HA	A
Wednesday	12:00 PM	All Weekdays	Midday Pause	AA	A
Wednesday	5:30 PM	All Weekdays	Roots	AA	A
Wednesday	6:45 PM	Weekly	Candid Conversations	All	A
Wednesday	8:00 PM	Weekly	Human Condition	CA	A
Wednesday	9:30 PM	Weekly	The Zoo (1)	AA	A
Thursday	12:00 PM	All Weekdays	Midday Pause	AA	A
Thursday	5:30 PM	All Weekdays	Roots	AA	A
Thursday	6:45 PM	Weekly	Stay Book Club	All	B
Thursday	7:00 PM	Weekly	We Don't Judge	NA	A
Thursday	8:00 PM	Weekly	Monkey Brains	AA	B
Thursday	9:00 PM	Weekly	The Zoo (2)	AA	A

Friday	12:00 PM	All Weekdays	Midday Pause	AA	A
Friday	5:00 PM	Weekly	Sober Up Step Meeting	SLAA, Closed	B
Friday	5:30 PM	All Weekdays	Roots	AA	A
Friday	8:15 PM	Weekly	The Zoo (3)	AA	B
Saturday	9:00 AM	Weekly	Men's Big Book	AA, Men	A
Saturday	10:00 AM	1st + 3rd weeks	CA WeTreat Committee Mtg	CA Committee	B
Saturday	10:30 AM	Weekly	Vanity to Sanity	SLAA	A
Saturday	12:00 PM	Weekly	Never Had So Good	AA	A
Saturday	6:00 PM	Weekly	Recovery Dharma	All	A
Saturday	7:15 PM	Weekly	Misfits	CMA	A

Reminders:

- Enter the building through the back door, not this front door.
- No smoking in the front parking lot at all.
- Treatment centers: We want your clients to feel welcome at our meetings, but please consider donating to help us stay open so we can be here for them. For example, 10 attendees who visit 2x per week comes to \$80/month (that's only \$1 per person). Donations can be made online at studio164.org.