

Different
Brains
Brighter
Futures



MY ADHD STRENGTHS

Yes, ADHD comes with
superpowers too.

SAME
BIG FEELINGS
BRIGHT IDEAS
DIFFERENT PATHS

Real
People
Bright
Possibilities



CREATIVE

Big ideas
out of the box.



EMPATHETIC

You notice
how people feel.



PASSIONATE

You care deeply.



RESILIENT

You keep going.



FUN

You bring
energy and joy.



GOOD AT HYPERFOCUS

When something
matters to you.



ADAPTABLE

You can think
on your feet.



KIND

You make
a difference.



UNIQUE

You are not
one-size-fits-all.

Your brain does amazing things.
Do not forget that.



A CALMER MIND.
A BRIGHTER
TOMORROW.



Want to know more?
Visit leanneatkinson.ca