

## Formation Study Program

- I. Aspirancy
  - a. Read: Douay Rheims - New and Old Testament
  - b. Schedule of prayer using the Monastic Office
  - c. Read: Benedictine and Roman Martyrologies
  - d. Read: Life of St. Anthony by St. Athanasius
  - e. Read: Life of St. Martin de Tours by Supilcius Severus
  - f. Read: Monastic rules of Ss. Basil, Pachomius, Benedict, St. Albert, Guigo's Consuetudines
  - g. Read: Letters of St. Bruno
  - h. Read: Lives of the Fathers / Sayings of the Fathers
  - i. St. John Cassian - Institutes and Conferences
  - j. Spiritual reading list
- II. Year 1 - Postulancy
  - a. Customs and Observances (Continue above reading list)
  - b. Holy Scripture I - The Gospels and Acts of the Apostles (Study of Vulgate)
  - c. Moral/Spiritual Theology I - Habits, Virtues, and Vices
  - d. Dogmatic Theology I - God, Knowability, Essence, Attributes, Trinity
  - e. Thomistic Philosophy I - Logic
  - f. Liturgy I - Chant basics
  - g. Latin Grammar I - Noun Declensions, Verb Tenses and Conjugations
  - h. Church History/Patristics I - Apostolic Fathers - Saints and Councils
  - i. Continue spiritual reading list
- III. Year II - Canonical Novice Year
  - a. The Religious Life and the Vows in the Magisterial Documents of the Church
  - b. Holy Scripture II - The Epistles and Apocolypse (Study of Vulgate)
  - c. Moral/Spiritual Theology II - Law, Conscience, Commandments
  - d. Dogmatic Theology II - Christology, Soteriology, Mariology
  - e. Thomistic Philosophy II - Metaphysics
  - f. Liturgy II - Graduale and Antiphonale
  - g. Latin Grammar II - Adjectives, Adverbs, Phrases, Sentence Order
  - h. Church History / Patristics II - Ante-Nicene Fathers - Saints and Councils
  - i. Continue spiritual reading list
- IV. Year III - 2<sup>nd</sup> year Novice
  - a. Holy Scripture III - The Torah and Historical Books (Study of Vulgate)
  - b. Dogmatic Theology III - Ecclesiology, The Sacraments, Eschatology
  - c. Thomistic Philosophy III - Human acts, Grace
  - d. Church History/Patristics - The Middle Ages - Saints and Councils
  - e. Continue spiritual reading list
- V. Year IV - 1<sup>st</sup> year of Vows and beyond (forever)
  - a. Holy Scripture IV - Historical Books and Prophets (Study of Vulgate)
  - b. Church History/Patristics - Modernity - Saints and Councils - Booklist
  - c. Mystical Theology - Purgative, Illuminative, Unitive
  - d. Continue spiritual reading list