

JOIN US FOR:

LOOSEN YOUR REINS

*An Equine Energy Exchange Workshop
3-Days of Constellation Immersion*



Step into a deeply embodied weekend guided by the intuitive wisdom of horses.

Within the knowing field of the Metaphorse herd, this immersive retreat invites you to slow down, release what no longer serves you, and reconnect with what's true—through presence, movement, and equine partnership

What to expect.:

- ✓ Equine-guided reflection revealing your authentic self
- ✓ Gentle release of inherited or stuck patterns
- ✓ Nervous system grounding through connection and safety
- ✓ Heart-centered clarity around what's next

**MAY
1ST-3RD**

WORKSHOP WEEKEND

at Metaphorse Growth & Healing Center in Montrose, CO

ENGAGE WITH THE HERD
ONE MAGICAL WEEKEND

Sign up now for this one-of-a-kind experience

\$990 EARLY BIRD PRICING *or* **\$1090** REGULAR PRICING

TIL APRIL 2ND

INCLUDES 3-DAYS: ALL SESSIONS, LUNCH AND REFRESHMENTS

PAYMENT PLANS AVAILABLE

Limited Participant Event

RSVP TODAY

lisastr4@gmail.com

METAPHORSE
growth & healing center