



Masterson Method[®] Equine Specialist

Facilitating bodywork as an equine-assisted activity

Join us!

June 12-14, 2026

Metaphorse Growth and
Healing Center

Montrose, CO

WHO SHOULD ATTEND

Professionals in EAS programs (adaptive riding instructors and equine-assisted coaches or therapists) and others with horse experience, interested in helping people connect with horses, etc.

PREREQUISITES

Two years of experience safely handling horses on the ground, and reading the *Beyond Horse Massage* book or watching the DVD, prior to training.

FEE: \$645

QUESTIONS?

mmes@mastersonmethod.com

651-788-6259 (Central Time)

Bodywork to Deepen Connection with Horses

Do you want to help horses release tension and find greater ease of movement? Do you want to help people in equine-assisted service (EAS) programs connect better with horses?

The Masterson Method[®] Certified Equine Specialist¹ learns and teaches program staff, volunteers, and participants how to help horses release tension using this gentle bodywork. It's a great connecting activity to add to your toolbox that serves your whole program from horses to participants!

ABOUT THE MASTERSON METHOD

The Masterson Method is an interactive method of equine bodywork where you engage the horse to assist with the release of neuromuscular pain and tension in order to improve health and performance. You follow the horse's visible responses to touch and stay beneath their bracing point to yield a neuromuscular release. It requires self-awareness and self-regulation to help yield a release, naturally improving the horse-human relationship.

IN THIS 3-DAY TRAINING YOU WILL—

- Learn the fundamental principles of The Masterson Method
- Gains hands-on experience practicing select techniques on therapy horses
- Learn how to help a horse that is bracing, fidgeting or shut down
- Learn the specific roles and responsibilities of the Equine Specialist
- Plan and practice components of a facilitated bodywork session
- And more!

¹ Note that post-training Fieldwork prepares you to practice. See our website for info.

LEARN MORE & REGISTER ONLINE at —

mastersonmethod.com/equinespecialist

*A win/win
for EAS
horses &
participants!*

Questions? Email mmes@mastersonmethod.com