

**FREE**

**METAPHORSE**  
growth & healing center

in partnership with



# STABLE GROUND

## Program for Veterans and their Families

*Facilitated by our Executive Director*

**You served with honor. Now find new footing, together with horses.**

At Metaphorse Growth and Healing Center, we live by our motto "We rescue horses who rescue people". Through our revolutionary **Stable Grounds program**, these intuitive partners to veterans and families consistently locate areas of tension, trauma, and blockage that talk therapy alone can't reach.

**WHAT WE OFFER:**

- ✓ Proven PTSD & anxiety relief
- ✓ Veteran community connection
- ✓ Professional therapeutic support
- ✓ No horse experience needed
- ✓ Completely free of charge

**Special Event @ Metaphorse May 16th**

and occasional Thursday's "Coffee Time" at WHAF  
Also available by appointment

**Uncover what words cannot express.  
Heal what's been carried too long.  
Reclaim your strength.**

The Stable Grounds program uses Jody Nixon's proven Equine Energy Exchange methodology—a transformative approach where horses become your partners in healing the invisible wounds of military service.

These intuitive animals don't just sense your presence—they mirror the tension, trauma, and energetic patterns that traditional therapy often can't access. For veterans and their families carrying the weight of deployment, loss, hypervigilance, or the struggles of reintegration, horses offer a pathway to breakthrough.



**"Horses don't judge your past. They meet you where you are."**

for more information or to register:  
**metaphorse.org**

**Call or Text 970.275.9076**

generously made possible by:



**Trutta Fund**  
Western Colorado Community Foundation

The Western Colorado Community Foundation (WCCF) is a force for good—amplifying generosity and sparking lasting change across its seven-county region. Managing more than \$187 million in assets and distributing over \$8.3 million annually in grants and scholarships, WCCF builds lasting connections that unite people, partners, expertise, and resources to strengthen western Colorado for generations to come.