

BELL CARES INC. ... COMMUNITY MANAGEMENT TO SUPPORT THE SENIORS OF BELL
LOCALS CARING FOR LOCALS

All our best wishes for 2023 ...

Hard to believe that 2023 is upon us so quickly. The Christmas holidays are a distant past now and we're all keenly planning our next breaks.

As always, we have lots of things coming up for the year.

We think we will have our Garage Sale in May, when it's a bit cooler. So if you have some quality things you would like to donate to the cause, then all sales funds will go towards Bell Cares. If you have bulkier things, then talk to us about helping you with getting them out of your house. At the moment we're storing stuff in the Bell Brewers HQ shed, so we have a good deal of storage. Whatever doesn't sell on the day, we will take to one of the charity shops in town. Please, if you have garden and handyman services, you can send all your rubbish to the dump with your lawn clippings. We want to sell decent stuff. Already we have a few TVs, some beds, furniture, assorted bric a brac. More to follow on the date. If anybody would like to take on the challenge of a Bake Table, then that would be wonderful!

Yet to make any progress on whether we would like to take on the Bell Garden Club. Let us know if any of you would like to help out, we're rapidly running short of daylight hours for all the extras.



LOCAL CHAMPION Shirley Caldwell

Shirley is known and loved by many in this town and is most certainly a 'local'.

She is still very actively farming her land at Woodlawn and is always ready to lend a hand to her family if they need help on their own land. Whether it's rounding up cattle, taking the morning tea or just generally filling in wherever, Shirley is there.

She is a great friend to us here at Bell Cares. She is often our conduit to older members of the community, is always there to drive them to an appointment or take somebody shopping, or just call in to visit.

If there is one person we have come to rely on as an extended part of our Bell Cares team, it's Shirley.

We can't thank you enough for all the wonderful little secret-squirrel things you do for us in the back ground.



WE RECOGNISE THE CHALLENGES OF COUNTRY LIVING AND ARE
COMMITTED TO HELPING LOCALS GET BETTER VALUE CARE.
YOUR HOME. YOUR WAY. YOUR CHOICE.

65th BELL SHOW Sat 4 Mar and Sun 5 Mar 2023



Celebrating 65 years Since 1959



Where did those 65 years go?

Country Shows are the premier events in many small rural communities, ours included. Let's make a date to reconnect with friends, support our event and just generally have a good time. If you need a ride, please let us know and we'll organise some car pooling.

Bell State School news ..

We have had a meeting with Jason, the Principal at Bell SS about some ways we can interact with our school community. We have some great ideas in the pipeline for the future:

- A Tech Tamer morning tea - with the older school children teaching us the finer points of mastering our phones and tablets.
- A cooking event in the new Home Ec room (under construction) - a great way to impart some of our older member cooking skills to our younger ones - or vice versa.
- Maybe utilising that new kitchen to cook once a term, with the assistance of the students, and provide a Tuckshop lunch to the wider school.
- Some assistance with the younger children in their reading.
- A craft morning prior to Easter with the younger students, to assist with the Easter goodies to take home.

Changes to come

As of the 1 December and 1 January, there have been many changes to what we can and can't do under your HCP. Rather than try to explain it all to you, we will add an insert to this newsletter for you to read at leisure.

There are also lots of less visible changes. For example, if you don't use your package for a month, then Trilogy won't get paid and we won't get paid.

Any outstanding invoices, for things you may have purchased and are seeking reimbursement, have to be submitted within a month, or they won't be paid.

We have received advice from Mable of a client fee increase from 5% to 7.95% as of 22 March 2023.

What this means for you is that if your support worker charges a rate of \$40 per hour for their services, your home care package is billed \$42 per hour. Once the fee increase comes into effect your package will be billed \$43.18 for this service.

How we're tracking

- We currently have 88 people in our Care Project.
- 61 are using their Home Care Packages and receiving services in their home.
- 27 people are awaiting their Home Care Package.
- 21 local people are now being employed through the project.
- We are now assisting clients in Dalby, Jandowae and Kaimkillenbun.

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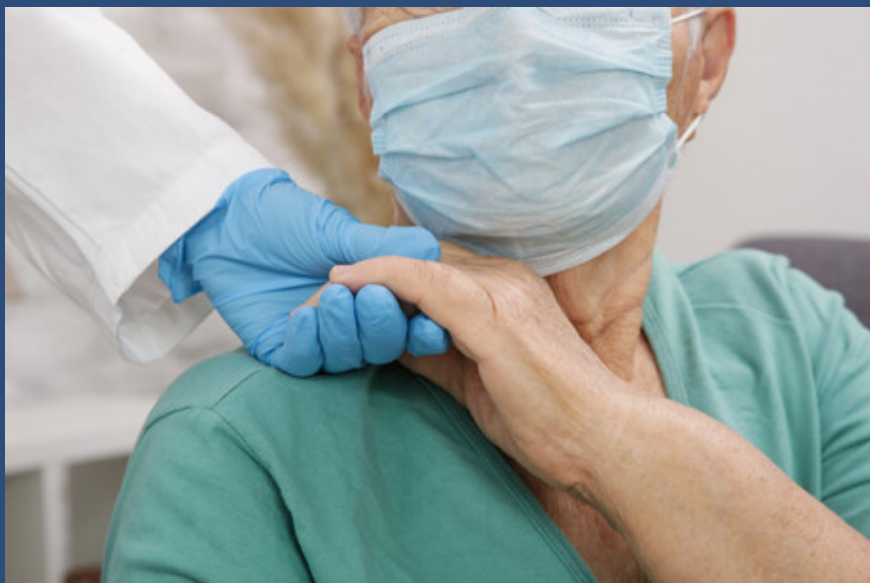


Trilogy Care

HCP Operational Manual Overview

Designed to assist our Partners in understanding the changes to the revised HCP Operational Manual, we have summarised the details below.

Please ensure you take the time to read the updated version and see this information in context.



Allied Health

HCP funds cannot be used for allied health services when the service is:

- Rebated by Medicare Benefits Schedule (MBS) or their private health insurance (even if only partially)
- Treating a lifelong disability (except where trajectory is impacted by ageing e.g. post-polio syndrome)
- Treating a short-term illness or chronic health condition where ageing is not a confounding factor to the severity of the condition
- HCP funds cannot be used for allied health if the services are not related to age related functional decline. Age-related functional decline can be defined as a reduction in ability to perform activities of daily living (e.g. self-care activities) due to a decrease in physical and/or cognitive functioning associated with ageing.

Large Purchases

- Where a care recipient has transferred providers, their home care account (including any returned provider held Commonwealth unspent funds) will be under quarantine for a 70-day period – the new provider must wait until day 71 (release of unspent funds) to make the purchase
- Providers must not split the cost over multiple claim months unless the item is being leased
- Where a care recipient has paid upfront for an allowable item, the provider may only reimburse them within the relevant claim month
- If a care recipient moves to a new provider and they obtained an item from their previous provider, a care recipient cannot seek reimbursement from their new provider.



Price Cap Changes 2023

29 December 2022

Key takeaways - How do these changes affect us?

- "Package Management fees cannot exceed 15% of Package Level"

While some Package Management activities remain delivered by Trilogy Care (refer to 'What is Package Management' below), Trilogy Care will be charging 0% for these activities to accommodate Coordinator Partners charging their whole existing fee under the definition of 'Package Management'. This has been done to reflect the change in definition of 'Care Coordination' by the Department.

- Package Management cannot be charged where no services are delivered, except for the first month of care"

We have consulted with many of our coordination partners, with broad acceptance that fees should not be charged in months where no services have been delivered. Less than 5% of Home Care Packages do not have services delivered in a calendar month after the first month of care.

- Package Management fees will be calculated by Trilogy Care

To ensure compliance with the requirement for no charges if no services have been delivered, all Package Management (Coordination) fees will be calculated by our accounts team and paid in the following month. Coordinators must not invoice their fee separately after 1 January 2023.

- Care Management will be fixed at 13% of the Package Level

Care Management services (refer to definition below) and compliance to the ACQSC standards will remain the responsibility of Trilogy Care. This fee will be fixed for both our self managed and coordinator managed offering.

- "Providers cannot 'charge separately' for [third-party services](#)

It is expected that additional costs related to third-party services will be recouped through package management charges. A partner will not be able to charge separate costs for coordinating services through a third-party.

- All-inclusive price lists must be published to Trilogy Care and clients

As a result, only prices issued on a price list can be charged, and third-party service charges must be expressed in an 'all-inclusive' amount. Platforms like Mable will remain compliant if the negotiated rate falls below the price list and there is clear acceptance made by the client within the platform.

- Direct Service charges must be reasonable and justifiable

Price list for direct (hourly) services will need to be reasonable and justifiable. You can review [HCP Price medians](#) to review reasonable prices for each service category relative to industry norms.

- No Entry/Exit Fees

What is Package Management?

Package Management is a service that supports the delivery of a Home Care Package, and is provided predominantly by the Care Coordination Partner. As mentioned above, while Trilogy Care still delivers some items within this category, we are performing this activity at a 0% cost, to accommodate your coordination fee. Bell Cares are your Package Managers, co-ordinating your services. Your Care Co-ordination is a combination of activities which are shared between Bell Cares and Trilogy Care.

What is Care Management?

Care Management is a service every care recipient must receive to ensure safe and quality care, and is provided by Trilogy Care. To provide care management, Trilogy Care must:

- conduct the initial care plan and assessment process, regularly
- assess the person's needs, goals and preferences, review their
- home care agreement and care plan, ensure their care and
- services align with other supports,
- partner with the person and their families or carers about their care,
- ensure their care and services are culturally safe, identify and address
- risks to their safety, health and well-being,
-

While we work with you in partnership on these requirements, it is very important that we deliver our combined model of care with best-practice outcomes and continue to comply with requirements under the [Aged Care Quality Standards](#), including:

Thursday 16th March 2023
Bell Bunya Community Centre
10.00am

James Whitelaw, the CEO and Founder of Trilogy Care will be visiting us to talk about these changes. He is guest speaker at our morning tea at the Bell Bunya Community Centre on Thursday 16th March. We would encourage you to make the time to come along, bring your list of questions and ask him directly. Mostly we can answer your questions, sometimes we can't. Please come along and meet James.

Inclusions & Exclusions

General home services, such as repairs/maintenance/cleaning, can only be funded if they would be normally completed by an ordinary person prior to age-related decline. Window cleaning, plumbing or home repairs normally done by a licensed or trained professional, are excluded.

Food (except for enteral feeding) can only be funded when a consumer has special medically determined nutrient requirements or they are impaired to take/digest/absorb/metabolise/excrete ordinary food or certain nutrients. The food must be used under medical supervision. This does not include weight loss shakes/drinks/foods or general meal replacement foods. The food must be sold by a medical practitioner or dietician, medical practice/pharmacy, or a majority seller of that food for special medical purposes.

Cost of entertainment activities or club membership or tickets to sporting events remain an exclusion, but please note that “club membership” is a sporting club or special interest club, not a gym or pool which is now included separately.

Gym or pool memberships/access costs can be funded when prescribed for aged-related functional decline and monitored by health professional operating within their scope of practice.

Heating and cooling (incl. air con) installation and repairs are an exclusion.

Massage chairs can be included when prescribed by treating medical practitioner and/or allied health professional.

Pressure relieving mattress or mattress/frame for an electrical adjustable bed or hospital bed are inclusions. A pressure relieving mattress is a medical grade mattress, not a comfort or orthopaedic mattress. If a consumer is purchasing an electrical adjustable bed, it must be a hi-lo bed prescribed by an OT/treating therapist. It cannot be a bed with a head/feet raiser from a retail outlet. Where a consumer needs a hi-lo bed or hospital bed it is reasonable to expect they will need a new mattress as these are often single beds.



Inclusions & Exclusions

Lounge suites and recliners can be included if they support a care recipient's mobility, dexterity and functional care needs and goals (not for comfort/pain management).

Replacement/maintenance/servicing/cleaning of water tanks, solar panels, fencing, roofs, heating/cooling/hot water systems and swimming pools are exclusions. Cleaning a swimming pool may be considered by Trilogy Care if the consumer is using the pool to complete a program prescribed for aged-related functional decline and monitored by health professional operating within their scope of practice.

Home modifications for windows, roofs, pergolas, sunrooms, decking is excluded.

Extensive gardening, including raised garden beds, tree removal, garden bed removal, shrubbery removal is an exclusion.

Hearing aids available under the Hearing Services Program are excluded. If consumers need non-standard hearing aids there are additional resources available to them through the Hearing Services Program. Exception if care recipient is not a pension concession card holder, the HCP may cover like for like of typical hearing aid covered by HSP in this case only.

Yoga, Pilates, or Tai Chi are inclusions, provided the session supervised by an exercise physiologist or physiotherapist.

Medications, vitamins, and supplements as well as items not covered by the PBS such as off-indication prescriptions, medicines not endorsed for listing by the Pharmaceutical Benefits Advisory Committee (PBAC) or medicines where the manufacturer has chosen not to list the product on the PBS are an exclusion.





Myotherapy Appointments
Now Available at the
Bell Bunya Community Centre!

Mondays & Thursdays
To make a booking or for more information:

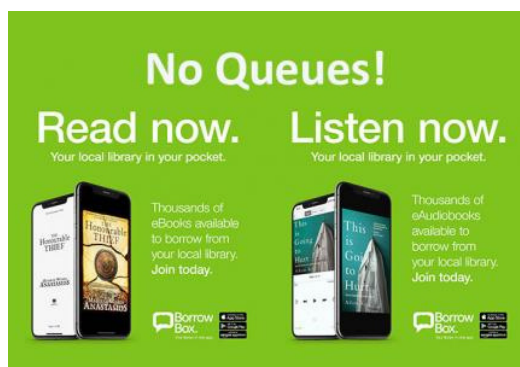
Kadi Lillis BHSc (Myo)
The Rural Myotherapist
Ph. 0493576595
Email: theruralmyo@gmail.com

Words Out West

<https://wordsoutwest.westerndownslibraries.com/>

1 - 29 March 2023

Multiple events in Dalby and surrounds. Please check out the website for full programme.



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Your local library in your pocket.

Thousands of eBooks available to borrow from your local library. Join today.

Thousands of eAudiobooks available to borrow from your local library. Join today.

The graphic shows two smartphones displaying the Borrow Box app interface, one for eBooks and one for audiobooks.

Pamela Langridge, our Bell Librarian, will be coming to talk to us about the exciting new developments in The Borrow Box. Bring along your tablet or mobile phone or laptop and Pamela will help us download the app and then learn how we can have Audiobooks or eBooks freely available through our library service. It's a fabulous service and some of our locals are already enjoying it.

Thurs 20 APR 10am
Bell Bunya community Centre



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YOUR HOME. YOUR WAY. YOUR CHOICE.

DATE CLAIMERS

MARCH 2023

Thurs 2 Mar - 10am

Morning Tea @Pips'n'Cherries

Sat 4 Mar and Sun 5 Mar 2023

65th Annual Bell Show

Thurs 16 Mar - 10am

Morning Tea @Bell Bunya
Community Centre

Guest Speaker

James Whitelaw, CEO of Trilogy

Thurs 30 Mar

A fun Easter-Activity craft day with the younger classes at Bell State School. Bring your Happy Hat, your enthusiasm and your ideas for all Easter related crafty things.

APRIL 2023

Thurs 6 April - 10am

Morning Tea @Pips'n'Cherries
EASTER BONNET COMPETITION

Thurs 20 Apr - 10am

Morning Tea @Bell Bunya
Community Centre
Pamela Langridge, Bell Librarian

MAY 2023

Thurs 4 May - 10am

Morning Tea @Pips'n'Cherries
Let's celebrate Mother's Day!

Thurs 18 May - 10am

Morning Tea @Bell Bunya
Community Centre
Stephanie Newman
Dementia Australia

OPERA AT JIMBOUR

Our iconic local event is on again in 2023. Tickets are in short supply, apparently, but there are multiple events available

<https://qldmusictrails.com/events/opera-at-jimbour>



The last word

We've come back from holidays and barely been able to draw breath. Our numbers are growing and with that growth comes changes in the nature of our project.

Now, instead of the 'ageing well at home' clients, we have a number of very frail elderly folk who need way more than what we can provide. As I've always said, I want Bell Cares to be a holistic service, caring for our elders in whatever manner we need. Families are not always available to help, nor are they always willing to help. Currently we have clients in hospital waiting for respite, in respite waiting for permanent care, in and out of hospital with other serious medical conditions, home with serious medical conditions which need careful management of their Home Care Package to provide as much support as we can. We undertake to help them in whatever manner they need. It's always much appreciated when families call to say thank you. It helps us live up to our reputation as a GEM based project - we work with gratitude, empathy and mindfulness.

We're delighted to have assisted two of our local project members to be placed into units at Bell Terraces. No names - but there are a couple of very happy, smiling faces around town. Well done chaps.

You may see us tootling around town in a new vehicle. Yes, we finally have a car - much needed for the many home visits we make, or needing to transport somebody when we don't have a driver. A local gentleman has gone into residential care and sold us his car - at a very generous price - and we're delighted with the gift. Trilogy came to the party and assisted with funds.

Look out for the white VW Passat wagon - signage to come.

Don't forget, we're always thankful for donations here and I would also like to point out that end-of-life bequests are also gratefully received.

I'm off to WA in a few weeks to speak at an Aged Care Expo and finally visit some of the communities we've been working with over there. Reports next Newsletter !

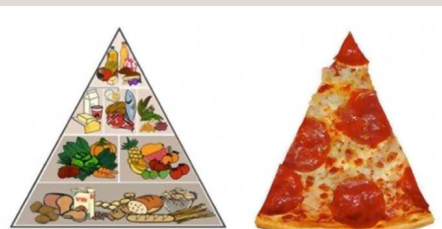


Bellview Hotel

We are starting a trial of meals, prepared by the hotel and delivered to your home (except for the few folk who want to come to town). Caz and Jaime have written up a great menu, with a revolving 2 week choice. If you would like to be part of this, please speak to either Jaime or Caz at the pub or us at the office.

If you're a first time meal buyer, you will need to pop into the office (please make an appointment) and we'll make sure you have enough space in your package budget and get you started.

It's a great initiative by a local business and it will be nice to support them to get this started. They want your feedback please.



CLOSE ENOUGH

No It's Not!

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