# SENIOR MATTERS

BELL CARES INC. ... COMMUNITY MANAGEMENT TO SUPPORT THE SENIORS OF BELL LOCALS CARING FOR LOCALS

#### Top news of the month ...

It's been the usual busy few months, with the end nowhere in sight. One big bonus is that we have taken on a second part-time care coordinator. No names as yet, but you will get to meet her very soon. The great news is that she is a RN, comes really well credentialled and we have no doubt that she will fit our team like a glove.

Danielle and her family have just had a wonderful week's holiday at Great Keppel Island - no shortage of blue sky/blue water photos there. Welcome back Dee - I really missed you.

We're looking forward to introducing you to Bryson Head, our new MP for Callide. Keep the date free.

We had a great movie morning last month, Belfast was a great movie and there were definitely a few quiet sniffs at times. Any thoughts on whether you'd like to do it again?

Our project is now employing in the vicinity of 14 people providing services to our project - between Bell, Colkerri and Dalby. Our geographic range is expanding and the workers are increasing.

It's great to see the Bellview Hotel back on line and bringing life into town. Don't forget that they are doing pensioner roast lunches on Thursday and Sunday - we've shared a few of them and food and company has been great. They have also opened their new cafe - we'll aim to do a morning tea there in the new year.

There are lots of social events coming up - how do we manage to fit it all in and with Christmas in the middle.



In loving memory
Queen Elizabeth II
21.04.1926 08.09.2022





STAFF PROFILE

CASSIE WASSELL

Cassie and her wonderful team of workers come from Jandowae. Cass and her family live there and her life is pretty much family and horses. She is a local girl through and through. Pony Club with her young daughter takes up a lot of her life and brings them all a lot of joy.

Cass runs a small business, CC Country Cleaning and our local clients have been so very happy with their service.

Cass enjoys working with our Bell clients, and is always happy to leave smiling faces and glistening floors behind her.

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Cass from CC Country
Cleaning is offering carpet
cleans over the holiday period.
If you would like your annual
carpet clean, done under your
HCP, please get in early for an
appointment.



The office will be closing on Tuesday 20 Dec 2022 and reopening on Monday 8 Jan 2023.

One of us will be checking the phone intermittently for messages and calls, but we can't promise to answer promptly. If it's an emergency, please call 000.

The best option will probably be to send an email.

See you in 2023, bright eyed and bush tailed.

Lesley, Danielle and all the Bell Cares Support Team.

## **1172 IS BACK!**

Our locomotive, which has been on loan to Darling downs Steam in Toowoomba for 13 years is back home in its shed, at the Bell Railway Heritage Parkland.

Locomotive 1172 was in service with Queensland Rail from 1956 to 1989 and covered a distance of 1,641,522 kilometres during its many years of service. It was sold to the Mt Morgan Shire Council in 1991 and then to Wambo Shire Council in 1998, who in turn gifted the train to the community of Bell to be housed at the Bell Railway Heritage Parkland in celebration of our town's railway heritage and to become a valued tourist attraction.

Now, at the end of an extended loan period of Darling Downs Steam in Toowoomba, who continued with restoration and use in their active museum displays, 1172 is home.

If you would like to be involved with the Bell Progress and Heritage Association, as we bring 1172 back to life, please join our meetings on the **First Wednesday of Each Month at 9am** at the Bell Bunya Community Centre.







## How we're tracking

- We currently have 64 people in our Care Project.
- 43 are using their Home Care Packages and receiving services in their home.
- 21 people are awaiting their Home Care Package.
- 14 local people now being employed through the project.

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## **UPCOMING BELL CARES EVENTS**

## **BODJA EXHIBITION LAUNCH**

6 Oct 2022 from 10 am
Bell Bunya Community Centre
FREE MORNING TEA

#### Meet our Local Member

20 Oct 2022 from 10am

Bryson Head, MP - our new State Member for Callide - will be joining us for morning tea at the Bell Bunya Community Centre. Please come along and make him welcome to Bell. This will be a Seniors Month event, so the usual fabulous cake will be shared.

## 17 Nov 2022 from 10am 3rd Thursday Morning Tea at the Community Centre

For those of you who met Lyn last year, we're having her back to visit us and fill us in on all things financial, related to aged care.

Lyn will once again make the opportunity for some short personal consultations - please speak to us about making an appointment.





## Thursday 15 Dec 2022 Christmas Lunch, Bellview Hotel from 12 noon

If you are already a registered member of the Bell Cares Project, lunch is our gift to you. Please bring a Secret Santa gift to the value of \$10 and suit male or female.

Definite numbers please by 1 Dec.
Other community members
welcome to join us. More
information to come.



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### **Date Claimers**

## October 2022

6th Oct - 10.00am

Bell Bunya Community Centre BODJA EXHIBITION LAUNCH FREE MORNING TEA

20th Oct - 10.00am

Bell Bunya Community Centre Morning Tea with Bryson Head MP

#### November 2022

**Tues 1 Nov 2022** 

Melbourne Cup Luncheon Bellview Hotel from 12.00

#### **Thurs 3 Nov 2022**

Regular morning tea Pips'n'Cherries from 10am

#### Wed 9 Nov 2022

Jenny Rush will be at the Community Centre for haircuts. Please phone her for an appointment 0458 622 703

#### Thurs 17 Nov 2022

Morning Tea @ Bell Bunya Community Centre Guest Speaker Lyn Walker, Aged Care Solved

#### December 2022

Thurs 1 Dec - 10 am

Social Morning Tea @ Pips'n'Cherries The last for 2022.

#### Fri 9 Dec from 5.30 pm

Community Christmas Party Bell Showgrounds

## January 2023

Sat 7 Jan 2023

Bell Races

### Thursday 19 Jan 2023

First morning tea for 2023 Bellview Hotel

## BELL CARES INC. ... COMMUNITY MANAGEMENT TO SUPPORT THE SENIORS OF BELL LOCALS CARING FOR LOCALS



The last word

When we were small children, we all played dress-up & everybody had a good time. So why stop?

**IRIS APFEL** 



Life has been anything but boring! For a woman who is just about to enter her 7th decade, a slightly slower pace might be nice. Our Care Project moves forward at a rate of knots. I'm currently working with Yarraman to help them get their community started. Also on the radar are Chinchilla, Taroom and Wandoan. It's really exciting that these local towns are keen to see their elders cared for well at home.

I recently had a start up meeting with the good folk of Yarraman, who had joined up with the people from Cooyar and Crows Nest to support them in getting the project started in their community.

I will be heading back to Thargomindah in the middle of October to oversee community consultations in their town, and also in the nearby very small hamlet of Hannaford. I really enjoyed my stay in Thargo last time and am looking forward to seeing a bit more of the area.

I'm also pretty excited that we will be employing another part-time care coordinator. Danielle works above and beyond the call of duty, covering for me and looking after you all - so it's become an urgent need. Just recently we have had 4 of our clients in hospital - plenty of background work there. Our commitment to being a holistic service means that we like to keep track of each and every one of our 'brood'.

I'm not usually lost for words, as you all know, but I think time is ripe to make some comments here about workload. As you know from our numbers, there are a lot of folk out there who we consider to be our brood. and we care for them as we would our own children. Unfortunately, there are a significant number who consider that we are servants at their disposal for every little tik, tok or tak that they want fixed. This is not the case, it takes an inordinate amount of time and energy to fix things that are actually not our problem - in short. Danielle takes the phone home - that's going to stop end of this year - but we leave a message for people setting out our office hours, etc. but still people ring constantly all hours of the weekend with ridiculous enquiries and requests. We deal with all sort of things - usually very graciously and willingly - which are totally out of our gambit of 'services'. Sometimes we can lose entire days of time cleaning up somebody else's mess. So I would sincerely ask that you think before you call, or fire off an email, or send endless texts .... about whose responsibility it actually is.

So from all of us here in the Little Yellow Shop, to all of you and yours, we thank you for your support, love and courtesy. Have a wonderful Christmas and a Happy New Year.



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## BELL COMMUNITY CHRISTMAS PARTY 2022

### Fri 9 Dec from 5.30pm

We all love our annual Christmas catch up at the showgrounds. Let's send out 2022 with a bang and support the School at the annual Christmas party. It's always a fabulous night and the best way to catch up with friends. If you're not sure about the drive, then let us know and we'll pick you up and run you home.

