

SENIOR MATTERS

February—March 2022

Bell Cares Inc...Community Management to support the seniors of Bell.

For more information phone us on 0472 673 856 or via our website www.bellcares.com.au

Happy New Year and Welcome to 2022!!!

Well here we are again, back at it for another year!

We ended the year on a high note, actually a few high notes! We had mention in an article in the Australian Newspaper on 'Independent living with a bit of support from Mable'. The article was primarily about Mable, but as they say, any publicity is good publicity and It's fantastic to have our project recognised and our town put on the map! **BUT...**the best news of all...we received a phone call from the ABC, Landline wants to tell our story. COTA sent our short film to the Landline producer and she was very excited, it was a concept that was new to her So watch this space!

We also received notification that our Grant application with Coopers Gap Community Fund has been successful!! YAYE! We should receive funds by the end of January which we'll use to buy some necessary office equipment. Everyone keeps telling us what a great project this is. We absolutely agree but we need your help to keep us running, so we have started a GO FUND ME fundraiser. Please donate if you can, as much as you can and then share our Good News Story with your friends. We'll get by with a little help from our Friends ... and their Friends, and their Friends. You can access it through our Facebook page, Bell Cares Inc. Thank you so much for your ongoing support. Lesley and Danielle.

Staff Profile: Sarah Heathwood

Sarah, her husband Luke and their girls moved to Bell 10 years ago from Jandowae. Sarah has been actively involved in the Bell Community for 20 years, where she has supported many community events and also been an active member of the Show Society and also the Treasurer for the Bell Swim Club. Sarah has a love for animals and enjoys sewing and crafts in her spare time.

We have been lucky enough to have Sarah as apart of our Bell Cares workforce since our project started. Sarah provides social support, transport, domestic assistance and meal preparation to many seniors in Bell.

"I'm so thankful to have Sarah to drive me to my appointments, clean my house and prepare meals for me, I don't know what I would do without her" Anonymous.



“
MY
FAVORITE
AGE
IS NOW.
”
—Kirsten Duust on getting older.

Meet Sarah



We recognise the challenges of country living and are committed to helping locals get better vale care. Your Home. Your Way. Your Choice.

BELL CARES INC.

DATE CLAIMERS

February, 2022

3rd—10am Social Morning Tea @ Pips N Cherries.

17th—Morning Tea @ Bell Community Centre—Guest Speaker TBC

March, 2022

3rd—10am Social Morning Tea @ Pips N Cherries.

17th—Morning Tea @ Bell Community Centre—Guest Speaker TBC

April, 2022

7th —10am Social Morning Tea @ Pips N Cherries.

21st —Morning Tea @ Bell Community Centre—Guest Speaker TBC

How We're Tracking

- ◆ **We currently have 40 people in our Project.**
- ◆ **19 of the 40 are using their Home Care Package and receiving services in their home.**
- ◆ **21 are awaiting their Home Care Package.**

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UPCOMING COMMUNITY EVENTS

26th January, from 7am

Australia Day, Bell Memorial Hall

Join your friends and family in celebrating our fantastic Country on Australia Day! This is an all inclusive free of charge event, supported by Western Downs Regional Council. Breakfast will be available between 7am—8am with an Awards Presentation between 8am-9am. A covid safe plan is in place - Masks are mandatory, social distancing and proof of vaccination required.



27th January & every Thursday thereafter, 2.45pm

Westbound Seafoods, Bell Tourist Park

Westbound Seafoods will commence their weekly run to Bell for beautiful fresh seafood on Thursday, 27th January. They normally arrive at the Bell Caravan Park between 2.45pm—3pm every Thursday.



29th & 30th January, 9.00am — 4.00pm

Art Workshop, 'Painting the Magic' with Don Milner, Bell Bunya Community Centre

Ever wanted to add some magic to your life? Well here's your chance. Tickets \$100 per person. Please contact Ruth at email: bellbunyacommunitycentre@gmail.com for further details.



12th February, 9am—1pm

The Dulcie Mason Vintage Ball Gown Collection, Dalby Uniting Church Hall, 71-73 Condamine St, Dalby

An exhibition of hand-sewn ballgowns owned by the late Dulcie Mason from Acland and made by her friend, professional dressmaker, Thelma Beutel will be displayed to raise funds for Dalby Uniting Church. The dresses span 5 decades from 1940s and show the change in fashion, design and pattern. Tickets can be purchased at the door: Adults \$10 and under 18s \$5. This includes refreshments. For further information refer to Regional Arts Council Dalby Facebook page.

19th—28th February

Bell Art Exhibition, Bell Memorial Public Hall

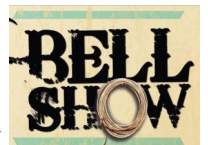
You'll be amazed at the talent of our award winning participating Artists. Most works on display are for sale. The Exhibition can be viewed Monday—Friday 10am-3pm and Saturday-Sunday 9am-3pm. Further details call Ruth - 0428 631 348 / 4663 1087 or via email: bellbunyacommunitycentre@gmail.com.



26th—28th February

2022 Bell Show and Rodeo, Bell Showgrounds

Come along to the Annual Bell Show and Rodeo. Tickets on sale now through www.eventbrite.com.au. Keep updated with the show schedule by following the Bell Show Society Facebook page or their website www.bellshow.com.au. This is a COVID safe event, proof of vaccination to be shown and masks to be worn.



Wednesday & Saturday, 5.30pm-8pm

Woodfired Pizza & Lasagne, Bell Tourist Park

Tired of Cooking??? The Bell Tourist Park have just started selling Pizza's and Lasagne on a Wednesday and Saturday evening. They have gluten free options available and a delicious variety of pizzas. Orders can be placed by phoning 4663 1265 or call in. Their menu is on their Facebook page—Bell Tourist Park.

