

BELL CARES INC. ... COMMUNITY MANAGEMENT TO SUPPORT THE SENIORS OF BELL LOCALS CARING FOR LOCALS

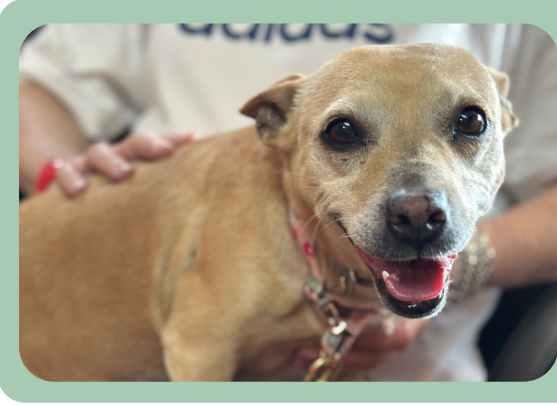
Our news and update:

As always, the months are slipping by and I can't believe that already the Christmas Countdown has begun. Soon there will be decorations for sale in the shops and then that's it, 2023 is almost done.

We had a wonderful Community Consult at the Jandowae Bowls Club – excellent turn out and nothing but positive energy from the locals. Nicole is the Co-ordinator over there and if you live in Jandowae or have a friend who lives there, then please contact Wambo Cares on 0499 878 648 to speak to them.

We had a great turn-out at our morning tea in July at the Dalby Bowls Club, specifically as a meet and greet for our clients in Dalby. These numbers are growing at a rate of knots and we will be having a more regular social morning to catch up with those folk. Keep an eye on your letter box, your email inbox and elsewhere in this newsletter for dates and time. Any Bell guests will be most welcome to join us. Hopefully the Dalby gathering will be as successful as the Bell gatherings, and we'll work towards some excellent guest speakers over time. Also, if you have friends or family in Dalby, please invite them to come along. It won't be a freebie this time, but the food will be the same excellent catering by the Bowls Club ladies.

Are you receiving your Home Care Statements from Trilogy Care?
 Statements are sent at the end of the month via post. If you are not receiving them, please let the Bell Cares office know.



Meet Sandy the rescue dog!

We were delighted to recently provide support and assistance to one of our Bell Cares clients to find a new life companion.

Sandy is a pawfect match for Desley and we love when they pop into the office for a visit!



STAFF PROFILE Kate Gibson

Born in central QLD but growing up on the Sunshine Coast, Kate made the move to Dalby 2021, joining the Bell Cares team around a year later. She brought a wealth of care plan management and nursing experience as well as over 15 year's experience working within the health care industry.

She spends her time off chasing around four children and a husband who keep her busy! She also enjoys DIY home improvements around their house in Dalby, getting stuck into the garden and playing sport when time permits!

In the office Kate looks after all things clinical. She is the first point of call when support services need altering or if health conditions change. She has a passion for the aged care system and supporting people at home. She has been an invaluable addition to the team.

WE RECOGNISE THE CHALLENGES OF COUNTRY LIVING AND ARE COMMITTED TO HELPING LOCALS GET BETTER VALUE CARE. YOUR HOME. YOUR WAY. YOUR CHOICE.

**We've been nominated for the
 2023 Dalby Chamber of Commerce
 Business Excellence Awards!**

If you think we are a business that shows excellence, please take a minute out of your day to vote for us, for the People's Choice Award.



Do you think we show
Excellence as a business?

If so, please nominate us for a 2023
 Business Excellence Award!

Scan to nominate



*Each nomination is a vote towards the Peoples Choice Award!

Dalby Chamber's 2023 Business Excellence Awards are supported by -



WE RECOGNISE THE CHALLENGES OF COUNTRY LIVING AND ARE COMMITTED TO HELPING LOCALS GET BETTER VALUE CARE.
 YOUR HOME. YOUR WAY. YOUR CHOICE.

**BELL CARES
 DATE CLAIMERS
 SEPTEMBER 2023**

Thurs 7 Sept - 10:00am
Social Morning Tea
 at Pips'N Cherries
 15 Ensor Street, Bell

Tues 12 Sept - 10:00am
Social Morning Tea & Trilogy Care presentation
 Dalby Bowls Club Hall,
 58 Patrick Street, Dalby

Thurs 21 Sept - 10:00am
Morning Tea & Guest Speaker
 at Bell Bunya Community Centre
 71 Maxwell Street, Bell

OCTOBER 2023
Seniors Month

Thurs 5 Oct - 10:00am
Seniors Month Morning Tea
 FREE Western Downs Regional Council Event
 at Bell Bunya Community Centre
 71 Maxwell Street, Bell

Thurs 19 Oct - 10:00am
Social Morning Tea
 at Pips'N Cherries
 15 Ensor Street, Bell

NOVEMBER 2023

Thurs 2 Nov - 10:00am
Social Morning Tea
 at Pips'N Cherries
 15 Ensor Street, Bell

Tues 7 Nov - 12:00pm
MELBOURNE CUP LUNCHEON
 at Pips'N Cherries 
 15 Ensor Street, Bell
 Tickets available from Bell Cares

Thurs 16 Nov - 10:00am
Morning Tea & Guest Speaker
 at Bell Bunya Community Centre
 71 Maxwell Street, Bell

Remember, you don't need to have a Home Care Package to come along to our events, the more the merrier!

Community Events & Information



NorthSouth Podiatry

MELISSA CUMMINS OF **NORTH SOUTH PODIATRY** WILL BE VISITING THE **BELL BUNYA COMMUNITY CENTRE** MONTHLY FOR ALL YOUR PODIATRY NEEDS.

APPOINTMENTS AVAILABLE

FRIDAY, 8TH SEPTEMBER

FRIDAY, 6TH OCTOBER

FRIDAY, 3RD NOVEMBER

FRIDAY, 30TH NOVEMBER

**HOME VISITS AVAILABLE - ADDITIONAL CHARGES MAY APPLY

TO BOOK YOUR APPOINTMENT, PLEASE PHONE

MEL DIRECTLY ON 0419 968 998

© 2023. MEDICAL MALPRACTICE

MOBILE HAIRDRESSER

Visiting BELL Mondays
2nd Oct · 6th Nov · 4th Dec

Mobile hairdresser coming to Bell!

Text 0419666407

BELL DAY & Your name and we will contact you to book in, OR message through Facebook or Instagram.

Dusty Blondes

📍 Appointments are now available in Dalby & Bell 📍
To book an appointment please call or text: 0493576595

KADI LILLIS THE RURAL MYOTHERAPIST

WHERE TO FIND US!

DALBY:
TUESDAY & FRIDAY
Dalby Health Foods Store
123 Cunningham St
Dalby, 4405

BELL:
MONDAY & THURSDAY
Bell Bunya Community Centre
71 Maxwell St
Bell, 4408

WWW.THERURALMYO.COM.AU

THE BULLS AND BRONGS ARE BACK AT THE BELL

NIGHT RODEO

Points Award

SATURDAY 14TH OCTOBER 2023 **BELL SHOWGROUNDS** COMMENCING AT 5:00PM

Featuring

BULL RIDE	SADDLE RIDE	BAREBACK	NOVICE BULL	NOVICE HORSE
U18 BULL RIDE	U15 MINI BULL RIDE	U12 MINI BULL RIDE	6 BULL CHUTE OUT	

ADMISSION - ADULTS: \$15 CHILDREN U15: FREE
FREE CAMPING AVAILABLE
FOOD, DRINKS AND BAR AVAILABLE

TICKETS ON SALE VIA EVENTBRITE
GATES OPEN 2:30PM
LIVE ENTERTAINMENT UNTIL LATE

JIMBOUR

150

STATE SCHOOL

16TH SEPTEMBER

Jimbour State School 150yrs OR
Email: 150@jimbourss.eq.edu.au

BIG SKIES FESTIVAL

28 Sept to 2 Oct 2023

Jimbour House, Jimbour Qld
<https://bigskies.westerndownsqueensland.com.au/>

It's going to be a

CONNECT FEST OCT 2023 QUEENSLAND SENIORS MONTH

Celebrate Seniors Month

In its 63rd year, the month-long celebration opens with United Nations International Day of Older Persons on Sunday 1 October 2023

Come along to the Western Downs Regional Council Senior's Month Celebration Free Morning Tea on Thursday, 5th October 2023, 10:00am at the Bell Bunya Community Centre.

WE RECOGNISE THE CHALLENGES OF COUNTRY LIVING AND ARE COMMITTED TO HELPING LOCALS GET BETTER VALUE CARE.
YOUR HOME. YOUR WAY. YOUR CHOICE.

Spring has Sprung

Celebrate at these events

Toowoomba Carnival of Flowers

1-30 September 2023

Toowoomba, Qld

For more information on events visit <https://tcof.com.au/events/>

Since its inception in 1949, the Toowoomba Carnival of Flowers has flourished and is now an iconic Queensland event with a huge variety of events running over the first month of Spring.

Wondai Spring Garden Expo

24 & 25 September 2023

Wondai, Qld

For more information on events visit <https://wondaigardenexpo.com.au/>

Bursting with characters & colour, the Wondai Spring Garden Expo excites visitors every year, boasting over 120 exhibitors there is sure to be something for the whole family.



Melbourne Cup Luncheon

The Bell Cares team invites you to lunch at Pips'N Cherries on Tuesday 7 November at 12:00pm to celebrate the race that stops the nation.

Enjoy Lunch, Drinks, Sweeps and Competitions.

For more information, contact the Bell Cares office.

f Like Us On Facebook



The last word

I attended a conference in Mildura back in July – which was a Summit on Aged Care in the Bush. It was really interesting and I wasn't expecting to have to speak, but was dropped in it, so did my best. Always really good feedback and hopefully some of the issues which were raised end up in the right political ears

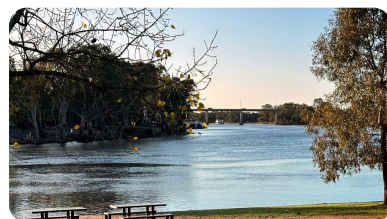
Mildura was a surprisingly long trip to get there, and really cold. I hadn't been before but I was really impressed at the cultural diversity of the town. Had a fabulous Thai meal, a fabulous Indian meal, tried to get a Korean massage and unfortunately ran out of time to try the Vietnamese, Korean and Italian restaurants. Next Time!! The parkland along the Murray River was superb for my morning walks.

Tiffany (Community Engagement Manager with Trilogy) and I also went to Texas last month, to assist them to activate their town with the project. We had a really good turnout, considering it was only an initial get together. Many people in town turned up to ask lots of great questions. We also had a good number of locals interested in providing services. I think that Texas will take off with a rush.

I also attended the IHACPA (Independent Health and Aged Care Pricing Authority) in Brisbane in early August. I felt pretty much lost in the sea of acronyms and bureaucratic-speak, but I delivered my speech and had some really good and useful feedback. I feel a bit like a fish out of water at those events, but never intimidated anymore. I continue to tell our story as I know that eventually it falls on the right ears.

Tiffany also went to Perth for a week to attend a conference and caught up with the multitude of communities working on the project over there. It was a long week, with a few hiccups, but Our Town Cares is alive and well in the West.

There are now over 30 communities across the country in varying stages of implementing the Our Town Cares project in their town. From very new start-ups like Texas, to well and truly on the road communities like Yarraman, the word is out there and I would like to think we are a voice to be heard in the din surrounding the Intergenerational Report. We are a very valid alternative to either traditional management of Home Care Packages or residential care.



WE RECOGNISE THE CHALLENGES OF COUNTRY LIVING AND ARE COMMITTED TO HELPING LOCALS GET BETTER VALUE CARE.
YOUR HOME. YOUR WAY. YOUR CHOICE.

How we're tracking

106 People in our Care Project

88 People using their Home Care Packages and receiving in home services

32 Local people employed through the project

18 People awaiting their Home Care Package



In Memoriam

Sheryl Bradley

We are sad to report the passing of one of our Bell Cares clients.

Sheryl is late of Bell, passing away in July, aged 74 years.

Dearly loved Wife of Colin.
Much loved Mother of Paula,
Natasha, Christina, Karla.

Cherished Nan of 10
Grandchildren.

As a long term resident and volunteer in our community, Sheryl's contributions to our town will be missed. We pass on our condolences to Sheryl's family and friends.