

SENIOR MATTERS

Summer 2021/2022

Bell Cares Inc...Community Management to support the seniors of Bell.

Phone us on 0472 673 856 for More Information

The end of the year is rolling on really quickly and what a year it's been!

At our last morning tea at the Bell Community Centre, we had Lyn Walker from Aged Care Solved come and talk to us about your aged care choices. Lyn was really impressed with what we've started here in Bell to assist the seniors in our Community with self managing their home care packages. If you missed out on meeting Lyn but would like to discuss your options, please don't hesitate to contact her on 0413 337 326 or via her website www.lynwalker.com.au.

A few weeks ago we had the COTA roadshow come to town and took hours of footage of our Community Project. Well... we're excited to share that we've seen a draft of the video! To say it's amazing is an understatement. It brought tears to our eyes and a sense of pride of what we've built so far, we can't wait to share it with you all.

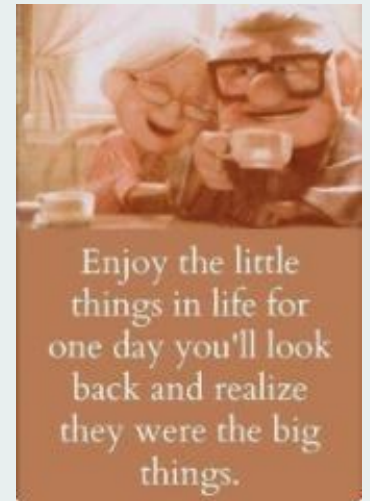
We now have a Bell Cares Inc. office, which is the old Rusty's Spice shop. We have applied for two community Grants, and are awaiting communication whether we've been successful. We will use the funds to set up our office with the necessities, but we're making do with our personal computers and minimal stationery at present. The office is open Tuesday—Thursday from 8.30am-4pm. We also have a new office contact number, so make note of it in case you need to speak with us—0472 673 856.

Staff Profile: Danielle & Luke

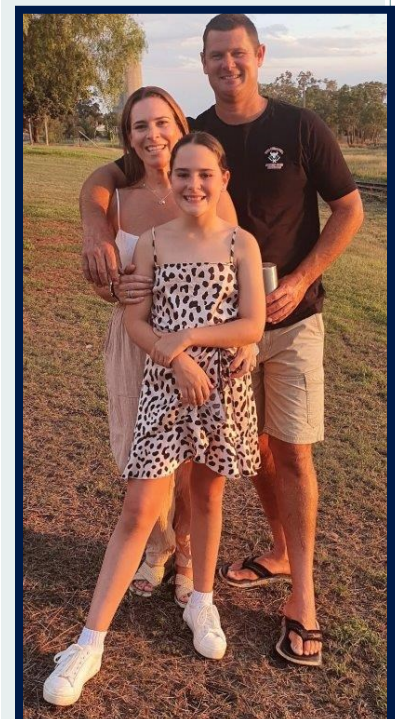
For those of you who haven't met Danielle and Luke, they relocated with their teenage daughter, Chelsea and their cute dog Coco in May of this year from the Sunshine Coast to start a new chapter in their lives. Danielle has commenced work with us at Bell Cares Inc. as our Care Co-ordinator. Danielle has a strong background in administration and has hit the ground running. We are thrilled to have Danielle onboard.

Luke has been a blocklayer for the past 28 years but since moving to Bell has come on board with Mable and has been busy maintaining yards through out town. Luke is approachable, hardworking and takes a lot of pride in his work.

Chelsea is in year 8 at Bell State School and is loving her new country life!



Meet Danielle & Luke & their Daughter, Chelsea



BELL CARES INC.

DATE CLAIMERS

November, 2021

4th—10am Social Morning Tea @ Pips N Cherries

18th—10am Morning Tea @ Bell Community Centre — Guest Speaker Janice Ellson, Occupational Therapist. See our Upcoming Events Page for more info.

December, 2021

2nd—10am Social Morning Tea @ Pips N Cherries—this will be our last morning tea for 2021, we hope to see you all there.

23rd—Our Office will be closing for the Christmas Break!

January, 2022

11th—Our office reopens 8.30am for 2022.

20th—10am Morning Tea @ Bell Community Centre. See our Upcoming Events Page for more info.

Bell Cares Inc.
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Bell Qld 4408

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UPCOMING COMMUNITY EVENTS

11th November, 10.45am—12.45pm

Bell Memorial Park, Dennis Street

As Remembrance Day approaches, our region prepares to come together to remember those who made the ultimate sacrifice for our country. This year, RSL Sub Branches will be hosting Remembrance Day services at the Bell Memorial Park. A FREE BBQ will be held after the service.



18th November, 10.00am

Bell Cares Inc. Morning Tea, Bell Community Centre

For our 2nd last morning tea for this year, we've arranged for Janice Ellson from Occupational Education, to have a chat with us about Occupational Therapy and what a O.T. assessment is and what's involved. She will also open our eyes to what you're entitled to under the MAS scheme, it's not just continence pads and wheelie walkers!



13th November, 10.00am start

**Pottique Lavender Farm,
15645 D'Aguilar Highway, Kingaroy**

This month's garden club is being held at the beautiful Pottique Lavender Farm. Morning tea will be available to purchase at the Farm from 10am. There will be a short talk about the lavender and a good opportunity to take a walk around the gardens and catch up with friends. You will need to arrange your own transport to and from the farm.



21st November, 9.00am — 4.00pm

Bell Yoga & Wellness Retreat, Bell Community Hall

Escape the everyday rush and treat yourself to a one day Yoga Retreat. See how you can achieve physical and emotional balance through gentle yoga and qigong routine. Lunch will be provided by Pips N Cherries and light refreshments are included. Limited tickets available, so get in quick! Cost: \$115/person or \$210/person + friend. For more info contact Tracy Fullagar—0439 181 646 or tracyfullagar@outlook.com



10th December, early evening

Community Christmas Party, Bell Showgrounds

Join the community for our annual Christmas Party. A night of fun and friends!



8th January

Annual Bell Race Day, Bell Race Club

Frock up and shine those boots for the Annual Bell Race Day!



20th January, 10.00am

Bell Cares Inc. Morning Tea, Bell Community Centre

Bring your mobile phone and or tablet for a bit of I.T. assistance. Danielle & Lesley will help you with any questions you might have from setting up an email to changing your ring tone!

