

COMMUNITY MANAGEMENT TO SUPPORT THE SENIORS OF BELL AND DALBY DISTRICTS

The new Support at Home program is a crucial step towards a more personalized and consumer-focused aged care system. While it aims to support older Australians in remaining independent at home, its success hinges on effective implementation and addressing potential challenges.

Elaboration:

The Support at Home program, which is scheduled to replace existing in-home aged care programs starting July 1, 2025, has the potential to significantly improve the lives of older Australians. Here's why:

Positives:

Personalized Care:

- The program emphasizes individualized care plans and services, allowing older people to receive the specific support they need.
- Increased Independence:
- Support at Home aims to help individuals maintain their independence for as long as possible, delaying or avoiding the need for residential care.

Early Intervention:

- The program includes a focus on early interventions and restorative care to help people recover from illnesses and injuries.

Challenges and Considerations:

Implementation:

- The success of the program will depend on how well it's implemented, including the training of staff, the development of clear guidelines, and the efficient use of technology.

Funding:

- While the program aims to ensure fair funding for providers, there are concerns about the potential for price caps to stifle innovation and lead to a race to the bottom.

Access:

- It's crucial to ensure that all older Australians, regardless of their location or financial situation, have equitable access to the services they need.

Complex Needs:

- The program needs to adequately address the needs of individuals with complex health conditions and cognitive impairments.

Transition:

- The transition from existing programs to Support at Home could be disruptive for both providers and clients, requiring careful planning and communication.



We Recognise The Challenges of
Country Living and are
Committed to Helping Local
Seniors Get Better Value Care.

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How we're tracking

102

People in our Care Project

94

People using their Home Care Packages and receiving in home services

43

Local people employed through the project



BELL
THURSDAY AFTERNOON
AT AROUND 2.45,
OUTSIDE THE CARAVAN
PARK

KADI LILLIS THE RURAL MYOTHERAPIST

WHERE TO FIND US!

DALBY:
TUESDAY & FRIDAY
Dalby Health Foods Store
123 Cunningham St
Dalby, 4405

BELL:
MONDAY & THURSDAY
Bell Bunya Community Centre
71 Maxwell St
Bell, 4408

WWW.THERURALMYO.COM.AU

Bell's AIRING OF THE QUILTS

Saturday
May 3rd
10-3pm



BBQ & light lunch items available
for purchase at the
Bell Bunya Community Centre



Raffles: Two half lamb meat trays
Generously donated by
Mandy Jackson of Mandys Farm
(Meat tray pick up available from 15th May)

Raffle proceeds will be donated to Bell Health & Wellness group.
(Raffles & viewers choice will be held down at the Community Centre)

✓ Pull up a chair

✓ Share stories

✓ Enjoy lunch



✓ Raffles
\$2 or \$5 for 3

✓ Viewers Choice Award
Guesstimate Competition

✓ Support Local

For more information & to contact the organisers:
Ruth Newton 0431 865 817 Bev Stirling 0437 524 399 Mandy Jackson 0418 618 861

YOU ARE NOT ALONE

Bell Health & Wellness
are holding a **FREE Men's Breakfast**

Saturday 3rd May 2025
7:30-9:30AM
Bell RSL

with Guest Speaker from
Rural Aid.

Proudly Supported by
WAMBO WIND FARM

Find us on

YOUR HOME - YOUR WAY - YOUR CHOICE

BELL CARES DATE CLAIMERS

MAY 2025

Thurs 1 May 2025

Social Morning Tea

Pips'n'Cherries

Ensor Street, Bell

Thurs 15 May

Social Morning Tea

Bell Bunya Community
Centre

Ensor Street, Bell

JUNE 2025

Thurs 5 June 2025

Social Morning Tea

at Pips'N'Cherries
15 Ensor Street, Bell

Thurs 19 June 2025

Social Morning Tea

Bell Bunya Community
Centre

Ensor Street, Bell

CHOCOLATE WORD SEARCH PUZZLE



The words appear UP, DOWN,
BACKWARDS, and DIAGONALLY.
Find and circle each word.

E H S S P B J R I C H T E T I
L S B W D S S E I N W O R B G
Z E F Z E R E T T I B P P Y S
Z Y L L D E W I W A Y S E O D
I I K E A H T A K Y M C A T H
R D F C I V M E H R A O F A Y
D E U T H I O P M C E N U S F
P S E Y L I U R O G R F D T R
U S D K D D P C R V C E G E O
R E T A D N O S P I E C E C S
Y R W I K A A O G N A T Z B T
S T N R F R M C F K T I W E I
U G A M A E R C E C I O S A N
J D D B R T E L B B I N G N G
G S E I K O O C M M E L T S E

BAKE	COCOA	FROSTING	RICH
BAR	CONFECTION	FUDGE	SWEET
BEANS	COOKIES	ICE CREAM	SYRUP
BITTER	CREAMY	MELT	TASTE
BROWNIES	DARK	MILK	WHITE
CAKE	DESSERT	NIBBLE	
CANDY	DRIZZLE	PIECE	
CHIPS	FLAVOR	PUDDING	

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www.puzzlestoplay.com

Quick'n'Yummy Corn Fritters

2 cups (300 g) corn kernels, fresh, tinned or frozen
½ cup (75 g) self-raising flour
½ tsp salt
2 eggs
½ cup (60 g) freshly grated cheddar
1 tbsp full-cream (whole) milk
2 tbsp roughly chopped fresh dill
2 spring onions (scallions), finely sliced
2-4 tbsp olive oil
olive oil spray



1. Place the corn, flour, salt, eggs, cheese, milk (see note 2), dill and spring onion in a medium-sized bowl and combine.
2. Heat a large heavy-based frying pan over medium heat. Drizzle with olive oil so the base of the pan is evenly coated.
3. Spoon ¼ cup of the corn mixture into the pan and spray the top with olive oil spray before using your spatula to gently flatten the mixture into a flat, circular shape.
4. Cook 2-3 fritters at a time, being careful not to overcrowd the pan.
5. Cook the fritters for 6-8 minutes, flipping once halfway through. Transfer to a plate lined with paper towel.
6. Serve the fritters with the sour cream

Save the Date

Bell Cares Inc
5th Anniversary

Thurs 3 July 2025

3 Jul 2025
11.00am for lunch
Venue and Guest Speakers to be
advised.



**BELL CARES
INC**

Happy Birthday

May

Greg Todd
George Grigg

June

Joan Hunter
Allan Hughes
John Campbell
Betty Wassell
Doreen Westgate
Carroll Price
John Perry
Peter Bridges
June Wenning
Neil Mclaughlin



The Last Word ...

It's been a busy time for us - as it seems to always be busy these days. We had our 10-day 'catch up with old friends' trip to Tasmania - what a relief to have some cool weather and we even got to build a little snowman on Mt Wellington - sub-zero temp, sleet and howling wind - all good fun though! Before I know it, I'll be on my way for my big trip trekking in Nepal and Ladakh. I've been watching the temps in Ladakh and this week they had minimums of -9 deg and maximum of -1 deg! Lots of thermals and warm gear on board! I'm taking my 20-year-old granddaughter, Rio, to Nepal with me and we'll be doing a little trek together! Let's see who does the best - the 20-year-old or the 70-year-old 😊

One issue which has arisen recently has been the decision made by some of our support workers to charge a cancellation fee. You may be surprised to know some of the reasons people cancel on the morning of their scheduled support work - it's too cold, it looks like rain, it's too windy, I don't feel like it, I didn't sleep well, etc. etc. All of our workers put a cancellation policy into their initial contracts with you - so they have reserved that right up front. They don't usually charge, they are very forgiving, but they have every right to charge a late cancel fee. Some of our clients have taken this very personally but it's not the case. I guess it's part of the sign of our growth - our workers are all busy, they try to schedule their work regimes to suit clients and their own lives - so cancels without due notice throw their workday into chaos, and means they lose out on a paying job. If you are unsure about what sort of cancellation policy your support worker has, please speak to your Care Co-ordinator in the office, to check that.

The new Support at Home programme is looming closely now and we are still being drip-fed information by the government. It's way less than ideal, but it's all we have to work with at present. There are endless changes being made on the Trilogy Care end, to aim to have a reasonably pain-free transition.

Even though all of our clients will be in the 'grandfathered' category, you will still see changes reflected in your monthly statement. We all need to be patient with each other as these changes continue to roll out. Dare I say, I live in hope that we will have a government change at the upcoming election and that they may put a hold on certain parts of the new legislation, in order to better investigate the ramifications. We are not going to be able to escape having to contribute to the provision of Support at Home, but my gravest concern is the 17% contribution that full pensioners will have to pay for services which fall into the 'Everyday Living' category. Many pensioners simply could not afford to pay that, hence why it needs to be looked at in more detail.

Lesley x